

# **MISSION**

# **UNSTOPPABLE**



Militis Regnum Deus

**LIFE TRAINING COURSE**  
**OVERCOME ANY OBSTACLE**  
**SUCCEED AT ANY TASK**

**Our Mission In Life Will Succeed**

**DANIEL COLLIER**

***MISSION***

***UNSTOPPABLE***

Empowering You To Be  
Unstoppable & Find Your  
Purpose For Living

2014 by Daniel L. Collier

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\*In memory of my father Danny L. Collier who's greatest moments were revealed in his last hours. His life and death is an example that embodies what it means to be brave and act like a man. To my Mother who has shown what it means to endure and persevere in love. To my sister who has shown how to be strong on the outside and tender within. Finally to my family who has guided me in the ways of God and lived their lives as examples of true Disciples of Christ.

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# FORWARD

*ABUNDANCE, SUCCESS, PASSION, LOVE, AND CONFIDENCE IS  
THE DOMINANT COLLECTIVE PART OF MY LIFE EXPERIENCE.  
EVERYDAY IN EVERY WAY I BECOME BETTER AND BETTER  
LIVING LIFE TO THE FULLEST.*

[At The End Of Each Mind Empowerment You Will Find An Affirmation To Remember. Repeat Them Several Times As You Will Become What You Think About.]

I had such demand to get this book out that it still is in the process of being checked for minor spelling errors etc. Please excuse any mistakes as we are all human and the real purpose of this book was to get the information to you as fast as possible. If you find a mistake please simply send me a notice so we can correct it. If it bothers anyone that much we can simply refund your money. Thank you and be inspired.

This book has one purpose, to make good people great. To inspire the good man or woman who has felt beaten down by a world hell bent on constraining their dreams. Empowering you to take on the forces that stand against you and win. Unleashing the divine spark of God's power wielded through you like a sword. Rebuilding the war torn ravages of your spirit into a kingdom of might and splendor. Today you begin to put on your battle armor and drive the malevolent forces of fear and



constraint into submission. You are about to become a force to be reckoned with.

President John F. Kennedy's family crest reads, "Consider the End." In all of my life decisions, I've found no better advice than to consider the end result of my choices. We are all products of past decisions made by ourselves and others. Our future tomorrows lie in the decisions we make today. Isn't it awesome to know that we can make positive changes that can lead each of us to our dreams of success? Allow me to tell you just how wonderful this message is! It will empower you and lead you toward God's ultimate destiny for your life!

God's timing is perfect and this message may very well be reaching out to you at just that critical time in life. A time when you may need some very important questions answered. "**MISSION UNSTOPPABLE**" can guide, instruct, and empower you to become your very best. By the time you complete this teaching I hope that you will realize that **God's Way** is the only way to success.

So allow me to ask you a few questions to determine where you find yourself on the road to success. Are you successful? I understand that's a very personal question to ask. If you are anything like I was you won't really have a clear definition of what success is! At one time success for me was just a blurry idea that landed somewhere in between having enough money to pay the power bill and being in the perfect relationship. I found my ideas of success were mostly based on feelings. Feelings surrounding a perception of what I thought success might be. Most of those perceptions had been placed there by movies, books, television, and the people I



grew up with. In reality most of the ideas about success were not actually my own. I thought I would feel a certain way if I obtained an item, idea, money, or relationship; often times not feeling quite the way I thought I would once I obtained or accomplished an endeavor. The more I researched into the subject of success, the more I realized it rings true for all of us; things don't bring happiness. If the **things** don't bring happiness, what does?

I learned that my level of happiness has everything to do with the **gratitude** I have for giving or receiving, not at all in the shallow realm of material possessions or pursuing self centered goals. Happiness is directly correlated with our **attitude of gratitude!** If we are thankful to give, receive, or do things, then our heart is at peace. When we forget the blessings we have, we focus on the problems concerning those we do not. **If we can stop comparing ourselves among ourselves we can focus on our individual ideas of success and live them!**

Have you achieved all the things you've ever dreamed of? Is your life exactly the way you thought it would be? Do you know how you can move from the situation you are in to the place you want to be? Right now you may find yourself either moving toward or farther away from your dreams. I truly hope that **"MISSION UNSTOPPABLE"** can help you help yourself to become more than you ever imagined.

So many people have views with limitations placed on success and happiness. Satisfaction seems to be just always slightly out of reach. A greedy businessman was asked, "How much is enough?" He replied, just a little more, just a little more." What causes us dissatisfaction with what we have? **Success is a state of mind we learn to live in.** After studying hundreds of successful people's lives and experimenting in my own, I have found you can truly learn to **master your destiny.**



Within this book you can learn how:

- You Can Increase Your Understanding Of Self Worth And Personal Image
- Maintain A Level Of Health That Will Allow You To Pursue And Enjoy Your Success
- Achieve A Wealth Of Knowledge On How To Prosper Financially
- Have Peace Of Mind And Get Through Hard Times.
- Friendships To Keep And Ones That Will Steal Your Success
- Ensure The Well Being Of Your Children.
- Discover The Path To Eternal Life
- Plan For Greater Intimacy With Your Mate.
- Map And Plan Exactly What You Want Out Of Life.

Do you want to know the secrets that only a handful of people on earth know exist? Then I have found exactly what it is that you will need to utilize the freedom and power God has granted us through his word. As far as life success is concerned, why is the word of God important on a spiritual and physical level? Which religion truly holds the answers and the truth we need to understand ourselves? The answers to these questions will provide you the truth, and the truth shall set you free.

"In the beginning was the **word**, and the **word** was **God**. He was **in the beginning with God**. All things receive being through him, and without him not one thing received being which has being. In him was **life**, and the life was the **light of men**. And the light appears in darkness, and the darkness apprehended it not. There was a man sent from God, his name was john. He came for witness, that he might witness concerning the light, that all might **believe** through him. He was not the light, but that he

might witness concerning the light. The **true light** was that which, coming into the world, **lightens every man**. He was in the world, and the world had it's **beginning through him**, and **the world knew him not**. He came to his own, and **his own received him not**; but as many as **received him**, to them gave he the **right to be children of God**, to those that **believe on his name**; who have been **born**, not of blood, nor of flesh will, nor of man's will, but **of God**. And **the word became flesh**, and **dwelt among us**. John 1, the Bible. The word that became flesh is **Jesus**. He is both the savior of the world and the proclaimed Jewish Christ prophesied in the Old Testament Torah. There is no wisdom outside of his boundaries. He understands your individual struggles. He has love for you that no other person has. When no one else is there to help you, he will. Jesus is the master instructor in the martial arts classes of life. His battle plans never fail. He will give you the strength and endurance to overcome your adversaries. While training with him you will be prepared to take on the forces that war against your success. He will teach you to take them on and win. No one has ever defeated the master and frankly no one ever will. With the master by your side you will be protected by the most powerful force in the universe. His techniques allow you to become everything you've ever dreamed possible. Without the master and his training it is absolutely impossible to win the battle for success only through learning and living by God's way will you be able to recognize the opposing force that fights you, both internally and externally.

At this point in life you may be unaware of the things holding you back. It is very possible you have not recognized your opposing force, an opposing force who knows what your weaknesses are. One who can exploit them without your knowledge. The master will show you exactly who that opposing force is and

just how hard he is fighting to destroy your dreams. As I have learned, this is exactly what the opposing force will continue to do until you learn how to defeat him. Only when you complete your training will you overcome this ruthless foe.

As I was going through the ranks in my martial arts career there was a banner that hung from the wall of the training center. The banner said, "Always finish what you started." That banner is so simple yet has such a resounding truth. Once you begin training it is important you make the dedication and commitment to finish what you have started. Train a little get a little. Train some more get some more. Train a lot get a lot.

# ABOUT THE AUTHOR

It is important for you to understand this book was written as much for myself as for you. A project I began to help myself move from the place I was in to the place I wanted to be. Every one of us will have a somewhat different idea of what success means. There within is the beauty and uniqueness of the freedom



God gives us to be ourselves. We all have different battles we face, but the opposing force is the same. Success is a highly personal arena and it will be up to you to decide what your level of success and happiness ultimately is. The system of the world relentlessly tries to force you to conform to their heavily marketed ideas of success. If you don't think so ask yourself why people once wore bell bottom pants, had a velour shirt, had a Michael Jackson zipper jacket, or any other fashion or fad that came along. The ideas were marketed and sold to us as acceptable. Those who had those items were perceived as successful or popular. How many people from the late sixties who thought they were cool dressing like hippies still dress like hippies? That false perception of cool is now ridiculous looking to most people. What the world system has to offer is temporary. God's plan is eternal.

A little about me, I ran my own martial arts school for thirteen years. As the master instructor I had a vast amount of knowledge about combat techniques. I ate, slept, dreamt, and practiced hand-to-hand combat. It made me even more aware of the need to be prepared for any attack, of any kind. In martial arts

you learn early on there is always more you can learn. The greater the opposing force you face, the greater the knowledge and training needed to defeat him. Keep in mind, the opposing force rarely attacks the area you are strongest. If he did we would easily overcome all our problems.

In my life I've had times of great achievement and great failure. Every successful person I have read about and studied reached a point in life when they faced a battle they felt they might not win. All of them told a story of a time in their life when fear rose up and desperation came knocking at their door. Abraham Lincoln ran for office several times and lost. He suffered a nervous breakdown and his wife went crazy. All Thomas Jefferson's children died as before reaching adulthood except one. Rich or poor you and I are not alone when it comes to facing struggles. Several years ago I got a very good taste of fear and desperation. As I explain my situation, you must first understand a little about how I think. Being a martial arts instructor for so many years I use a lot of terms referring to Jesus as my master instructor. Since the Bible tells us we are in a spiritual battle and we wrestle against those spiritual things it just makes sense to me to see Jesus as my master. He's not little baby Jesus in the manger. He's not dying Jesus on the cross. Jesus is the king of kings and lord of lords. He will defeat the forces of darkness and men will practice the art of war no more forever. My God is an awesome God.

It is crazy how easily we can forget who the God we serve is. Well, I forgot about the power of God and also the power of our adversary. In the whole spiritual battle of life I got caught off guard and several months went by before I realized what was going on. This forced me to turn to the master for some better training and protection.

Like any good student, I knew I had to humble myself in order to learn to better my skills. I could see that anything less than complete devotion, in the end, would ultimately lead to my defeat. It was through these struggles I learned some very important secrets. Allow me to tell you how I came to understand how to get out of my situation and learn to **master my destiny**. *So here's my story;* I was one day a happy go lucky guy who seemed to have everything, and suddenly, life kicked me right in the gut. The housing market crashed and the situation put me in a financial strain. Then at the same time my relationship with my fiancé ended. This sounds like the beginning of a fun day right? It seemed like I went to bed one night and woke up the next day and my world was over. Mistakenly I chose to let this situation make me feel like a complete failure.

Now, to the outside world, no one would have ever known. Inside, like so many others who faced a serious problem, I was hurting. Moreover, I failed to realize I had a shallow sense of reality. I had come to believe my **value came from the size of my bank account, physical ability, and strength over others**. Honestly, I didn't have a clue who I was anymore, exhausting most of my energy trying to maintain an image of what others thought was successful, I found myself trapped there mentally. Internally I had lost focus, feeling unsuccessful, and worthless. Have you ever felt like that in your life? You would be surprised how many of the world's top athletes, ultra wealthy, motivational speakers, etc., have themselves at some point in their life felt like a failure. I kept asking, "Who am I?" I went down my list of accomplishments, thinking this would give me an idea of how to rate myself. Believing those things would boost my ego and help me get through my struggles.

So I started down my list, I am a university graduate with a degree in marketing and advertisement. After college I pressed

on to become a black belt instructor in martial arts. I found a passion for physical fitness and wanting to help others, so I studied and tested to become a certified personal trainer. I opened up a martial arts school and gym. I trained and taught there for thirteen years.

My grandfather was a fire chief and my uncle a firefighter. After the world trade center tragedies, I applied to become a firefighter and a shock trauma emergency medical technician. There were nine hundred people who applied for thirteen positions. After nearly six months of testing, interviews, and background checks, I was honored to be chosen as one of the few selected.

During my time as a firefighter I studied and earned a real estate license. I found I was making more money in a month doing real estate than my entire years salary as a firefighter. So I left the fire department and went full time into real estate investment. Also, I went to school and got a real estate license. To ensure contractors and home inspectors were being honest with me I took courses and gained a class "a" contractor's license. That was all great until the real estate market crashed and the investment loans were no longer available, houses were not selling and funds were drying up. This forced me to have to roll with the punches. So again I changed careers.

One of my best friends Chris owned a car dealership and was doing well. I decided this would be my next best move. So I tested and earned a license to become an automotive broker. This seemed like a way to finally take it easy on my body and relax a little bit. As I learned, the car business, for an honest man, is no place to try to relax. So there I was, another accomplishment, another path, still feeling like I was on the wrong course. Can any of you relate to that feeling? The reason

I felt that way was because I was accomplishing deeds without following the master's plan! I was doing things that outwardly appeared to be what others would approve of but not what I was called to do.

As I reflect back in time I remember one summer day when I was twelve years old I walked outside and asking God a question. This was an innocent but honest question. I asked God what he wanted me to do for him. I didn't hear a booming voice from the heavens, but as sure as I'm writing you this today I heard a voice inside me say, "Go and preach to people my word and tell them I am." You have to understand at twelve years old when I asked that question I didn't really expect a response. Oh, but I got one. I kind of pretended it didn't happen. I wasn't exactly sure what to think about my answer from God, so I dismissed it, and carried on with my youth. For a long time I quietly ignored the instruction. Then many years later, when I was trying to decide what to do with my life, I thought it would be a good idea to ask God what direction I should take.

I sincerely asked him what he wanted me to do. I didn't hear any voice from heaven or see a hand appear and write on the wall. I did however; hear a voice or a message directed to my conscience. I suddenly remembered that voice from when I was twelve. It said, "Go and preach to people my word and tell them I am." Oh how I wrestled with that. I thought to myself, this has got to be my conscience playing a trick on me. There is no way I asked the same question and over a decade later get the same response. So do you know what I did? I decided to make a compromise with that message from God.

I would open up a martial arts school and also tell people about God. That seemed like a good plan. I would get my way, and God could get his. The problem is, that wasn't what I was specifically told to do. Like so many people you read about in



the Bible, who had the same type of behavior, I suffered the consequences of disobeying the master's message. I avoided God's message to me for another decade. Yes an entire decade! You might assume that was a crazy decision, or you may be totally relating to this. I'll bet if you have ever said a prayer in your life you've received a message you did not obey. How did that work out for me? I paid the price for choosing to do only what I wanted to do. However, it did get me to the point of writing this book and sharing it with you.

Let me share one of the most difficult challenges of all the challenges I faced. The situation was a relationship I had with my ex fiancé. I had been struggling to make the relationship work for several years. Yes I know, relationships can be a challenge, but they should never be a struggle. No matter how hard I tried there seemed to be massive obstacles getting in the way. I know now it was spiritual. It seemed an invisible force kept causing chaos and confusion between us. You see, during the time we had first met, I had made a decision to do what God had told me to do. I would finally tell people about him and his word, and I would do all the research it took to prove his message was true. Finally, I would obey what I had been instructed to do. Yeah, I know what you're thinking. It's about time; if God had told me to do something I would have just done it. Well, like I said, it took me a decade for the message to sink in. The problem was a notion entered my head that God had not put there. I believed I needed to be married and have a family for anyone to listen to me. I told myself, "You can't be single and tell people about God, life, and success." Besides, I didn't want to be running the streets, dating and dealing with all the drama involved with that lifestyle. Well, I was wrong about that too.

I now realize I had become so focused on being in a relationship; I neglected what God told me to do with my life. God once again was not coming first in my plans. So, I let love blind me. Truthfully, if you let anything become a greater value in life than your relationship with God it can be used by the other side to defeat you. I kept telling myself, all I want to do is what is considered to be the right thing. That was my excuse anyway. My logic was, as soon as this relationship is fixed I can write a book or do lectures and help people. The problem was, when things kept going wrong, I would put more and more effort into fixing the issues. What started as a little effort turned into a lot of effort. Then the situation started to occupy most all of my free time.

We would just start to be getting along and in a flash the relationship would go wrong. I couldn't fully understand what force or negative energy was getting in our way. The relationship would continue to fall into chaos. **I want you to understand something from my own experience, negativity outside influences can and will hinder any relationship. This book will help you recognize negativity and kick it out of your life.**

There is a spiritually negative force and mindset that can be found present in almost every aspect of modern day life and we need to learn to be a light in those poorly lit places. When we learn to help ourselves we can then help others see this light. Let's move back to my situation, as I know I'm not alone in having experienced relationship problems. Negativity, confusion, and distress kept popping up every few weeks! Things would seem good for a couple weeks then something strange would come up. This went on for nearly seven more years of my life. Seven more years I kept trying to resolve this strange situation. Just imagine being in a situation where the logical way to resolve the problem is clear and evident, yet, no matter

the logic, love, or long suffering, the situation will not resolve itself.

You can be assured something emotionally and probably spiritually ungodly is present and causing this type of disruption. That and I should have listen to my heart the first time it told me to get out of the relationship. Don't judge from time to time everyone has failed to listen to his or her heart. Just my time seem to take extra long to sink in. The Bible tells us God is not the author of confusion. It's evident now there were bad choices and spiritually harmful things in that relationship that were hindering my success with God. We all know relationships can bring us way up or way down. A blessed relationship is from God and a cursed one, well; you can figure that one out.

As you can see I was chasing my own logic and where that logic was leading me. The Bible tells us to seek first the kingdom of God and then all other things will be given to us. Here is some good advice my friends, obey the master the first time he tells you what is best for your life and you'll avoid many of life's tragedies and pain. Some of you have faced a divorce or a similar relationship circumstance because you or your partner may have failed to listen to the master.

Let me tell you something from my heart; you can be a warrior with the ability to endure many types of physical pain and mental challenges. However, when it comes to love and giving your heart to another person, you can find yourself in an intensely vulnerable state. Don't think Lucifer doesn't know that. You can avoid years of heartache in your relationships by obeying God's plans right from the start. I kept failing because I kept forgetting to put on my armor before going into daily battle. I dedicated a Mind Empowerment of this book to putting on that armor to protect us from the attacks of our opposing

force. I was not using my essential weapons to fight off the attacks and it caused me to keep getting beat down. I kept leaving my sword in its sheath, which allowed the opposing force to drive me back. All the momentum and all the accomplishments I had achieved over the years were seemingly being brought to nothing. Why, because the opposing force had no fear of attacking me. Would you be afraid of an opposing force who wasn't going to hit you back? Imagine running into a medieval battle naked and unarmed with your opposing force in full armor swinging battle-axes, swords, and maces at you. In the spiritual sense, most people do this everyday.

Now, because I didn't know how to fight back correctly the opposing force used that relationship to destroy my heart and release a mental feeling of total worthlessness in me. I was having a normal human reaction to heartbreak but that did not make things easier nor did it help me resolve the situation. I'm sure some of you can relate. As a man it's not easy to write about our feelings. Men like to keep and maintain the illusion that we are beyond this form of hurt. That we can conquer any situation and emotions will not slow us down. Well, we are not! Though I had to go through a very painful situation and could see nothing good coming from, I realize now it was those struggles that forced me to sit down and write this message to you.

This part of my life seemed really important to share with you, as the division of couples who were once in love is so prevalent in society today. Relationships are one of the most important aspects of our lives. God does not want people who are in love to be divided. It's why the Bible tells us that God hates divorce. He doesn't want us to live in and with the pain of separation. The opposing force however, loves to divide and conquer.

What I'm saying is, I know what a failed relationship feels like. I know how painful and life altering the situation can be. I know what life feels like when you struggle each day to get by. Our opposing force knows this too. It's why he uses separation to try to destroy so many lives. Remember this, what the opposing force intends for evil the lord can change and make good. So don't stay in despair over your situation. **There is hope.**

I believe that God's intention for us is not to suffer loss. We were not originally created to die or suffer separation from loved ones. Most people blame God when things go wrong in life. It is true that God will let us go through trials in order to get us back on the right track, but Lucifer is the one who has been responsible for the serious things in life we suffer. So let's let the blame fall where it is due. We are in a war against the opposing force and I now understand if he can beat me down he can beat you down too. So let's work together at driving him back. God has a better plan for our lives. We don't have to live in a defeated state, in defeated relationships, or with defeated minds.

Through that relationship torment and career struggles the opposing force had caught me with a right hook and knocked me down. I could have just laid there and given up. Just gone back to living my everyday life, and fading into obscurity and self-pity. However, if I had done that millions of people would have never heard this message and the opposing force would have won again. As I lay there in my state of temporary defeat something welled up inside me. "I don't think so, I'm not going out like this! I'm knocked down but I'm not knocked out!" I got up off the pavement of my life, with all the cuts, bruises, and blood streaming down. That's when a massive spark of anger toward the opposing force began swelling up from within my spirit. No, not

like this, I'm a son of the living God. I am an heir and joint heir with Jesus, made righteous by his shed blood on the cross. According to God's word, I'm considered so important I will one day be charged with judging the fallen angels. I'm important in the kingdom of God. God cares about me! Why am I letting the opposing force beat me down like this? Finally I said no more. I'm coming back swinging.

God had a plan for my life and I know now the opposing force was out to stop it. He has better plans for your life as well. How could I have been so blind all the time? There is a good chance you have had a major area in your life where your dreams have been stifled, an area where you can't fully understand what has stood in your way. Don't lose hope because God "our master instructor" is waiting to train and help you win your fight. In the end, he has a way of making any circumstance work out for his and our best interests. I can't emphasize this truth enough. What the opposing force intends for evil our master can make good! Because of God's enduring love, power, wisdom, and patience this information is reaching you. I realized my life could be an analogy of the story of Jonah and the whale; **I finally wanted out of the belly of my whale bad enough to do what God told me to do.** I'm finally sharing "*MISSION UNSTOPPABLE*" with you.

This book is a compilation of two years of research into what holds us back and what moves us ahead in life. "*MISSION UNSTOPPABLE*" was not an overnight transition for me. I am so thankful God gave us this information to allow us to live better lives. I have been set free from the bondage I was once under and the confusion the opposing force has placed throughout the world. Most of all, I know what my purpose and destiny in life is. I pray with all my heart you enjoy and benefit from this journey. How you use the information and what you do with your

life will be entirely up to you. Each of us has a life and destiny that is unique.

Now it's time for me to transition from the stories of my own life to the situations surrounding those forces that are affecting all of our lives. This book is not about me it's about us. This book is about defeating evil with good, hate with love, violence with peace. When you understand how to become absolutely everything God has for you to become, and you achieve those things, you will be able to help others do the same. This book is now about you!

## *Recommendation for Success*

To get the absolute best results from "MISSION UNSTOPPABLE" I suggest you find someone to help you along your journey. If you don't already have a success coach you can get your husband or wife, a good friend etc. To help you remain accountable for the goals you wish to accomplish. There is nothing wrong with keeping some of your goals private and between you and God, but the ones you know you have been struggling with can be overcome easier with an accountability partner or talking with people on our webpage. You may even want to have a "Masters of Destiny" coach to help guide you. Check out the website and get involved. [www.mastersofdestiny.academy](http://www.mastersofdestiny.academy). Remember God is our ultimate source for reaching our goals and making life changes. A little help from a friend who cares about us can help accentuate our new positive life choices. So make your goals known to God and ask for his help and then ask a friend to help you stay on track and make yourself accountable for becoming successful and beginning to master your destiny.



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# MIND EMPOWERMENT 1

## Science & The Mind

Whatever the mind of man can conceive and believe, it can achieve. —Napoleon Hill

I remember when I first went to college. Eighteen years old and full of life, long before any difficulties had clouded my conscience. I really knew almost nothing about the methods of mastering my destiny. It was as if I saw life in little bit's and segments of time, simply doing what everyone else was doing to fit in and set the course for my life, consciously knowing the powers of my mind and the ability to drastically alter or achieve greater things remained on the same level of the other students. I was taught all these things by my parents: think positive, work hard, study hard, be a good person, be respectful, share, show love, and then God will reward our good deeds. These are all outward tenants most people live and guide their lives by. They are extremely important and I believe they are very true. Yet, there were certain areas, small elements in time that I seemed to have higher abilities to sway the outcome of. Most of the world never gets beyond the elemental factors of life aforementioned. It is only now as I reflect on my past, that I remember discovering certain powers that I was able to manifest that went beyond cognitive reasoning.



Let me share a couple with you. Being an athlete there were certain times during games or events where I would enter what is called, "the zone." So focused into the game that it seemed as

if consciousness would be abandoned to this hyper focused level of understanding almost completely run by my subconscious. Often times barely even being able to recall the game itself. In baseball, this focus led me years in a row to simultaneously holding the record for hitting the most home runs, having the best pitching record, best batting average, and best fielding record. I didn't do this for ego or prestige, I was just doing what I was trained to do. Somehow, through athletic training my mind had tapped into the other realm of consciousness. When I did this I became supercharged. I entered mental states that Bruce lee would often speak of. A state of mind where you are doing and not thinking. Not worrying about the outcome.

"Not being tense but ready.

Not thinking but not dreaming.

Not being set but flexible.

Liberation from the uneasy sense of confinement.

It is being wholly and quietly alive, aware and alert, ready for whatever may come."

Bruce lee Tao of Jeet Kun Do

This is exactly the state I can remember being in. Remembering the feeling as my body radiated with some sort of invisible force. An energy level heightened above normal everyday life. Secondary to this was an understanding that this state was



further energized by the cheering of the crowd and by the positive encouragement of my family. My mother, father, sister, and grandparents were always there at the games. Not once can I remember them saying anything negative to me. "You can do this son, I

have faith in you, your a good man go show us what you can do." Those words imprinted my subconscious with power. When I entered, "the zone" my subconscious knew to do nothing more than what it was programed to do. My subconscious released my body's complete and full potential. You see I was not the biggest, the strongest, or the most mature. In fact I had always consciously thought of myself as simply being medium. I thought of myself as average height, average build, and average intelligence. My subconscious however, thought of me in a whole different light. In fact, to this day as I sit here writing this to you I can feel within my subconscious the ability to snap to that altered state of consciousness.

Right now if an emergency broke out, a fight, a need to drastically step outside my comfort zone for any reason, I can feel within me the ability to snap into that zone and call on every known fact, skill, or level of understanding needed to handle the situation. This skill probably has been better honed due to years of martial arts practice and training to have heightened focus in a given situation. The physical training has simply been a tool to hone those abilities we all have. Have I always done this? No! As you have read in the introduction to this book, I have often times been drastically side tracked and let outside circumstances negate my mental abilities. This is a factor that remains true for all of us throughout life. This is why it is important to train our selves to use our minds in a God given higher level. That's why I wrote this book for you and I. As I continued to do my research this is a quote that continues to ring true.

You will learn in a minute that this zone can lead you into altered states of understanding or pre-cognition. For example, while driving to college late one night I had a strange phenomenon occur. I had a van full of my friends hitching a ride

and they were almost all asleep. Hours past and my mind was thinking of all sorts of subjects. It was quiet in the van and my mind entered a sort of transcendental state. A point where you're praying and you feel God is speaking to your heart about things. We were on the old route 58, which was the logging route for the semi-s hauling trees out of North Carolina. The black road and the white lines were hypnotizing as they passed by. At that point, I heard a voice speak to me in my subconscious, "stop, pull over." Of course my conscious said, "do what?" I approached a curve, when I heard the voice even louder, "stop, pull over now."

I hesitated for just a second and then just hit the brakes and swerved off the road. Books and sodas went flying. Curse words and thumps were heard throughout the van. Just as I had gotten far enough off the road a logging truck in which the driver had either lost control or hadn't seen the curve soon enough came screeching through. He was all the way over in what would have been our lane and had a full load of Carolina pine on the bed. Time stood still as the truck thundered inches past us. Eyes like saucers, mouths wide open, no one was cussing at me anymore. Dismayed, my buddy looked at me and said, "What happened, how did you know to pull over?" I didn't really know what to say but "God told me to pull over." Funny thing is no one even questioned my reply.

Recalling my interactions with friends in my younger years I can remember noticing a strange occurrence dealing with words or thought. You will have to remember there were over ten thousand people on our campus and running into someone not in your circle was not an everyday occurrence. The campus was like a small city where if you don't have the same classes or go to the same parties you may never see a person again. For example, if I saw a person and I thought in my head or spoke with

confidence to myself and said "I'm going to be friends with them." We would eventually end up being friends. At some point, even after I had forgotten about saying the words, they would appear somewhere in my travels and some event would be taking place that would draw us together as being friends. This became so prevalent in its occurrence that I can remember telling myself to be careful what I wish for. Energy was being sent forth into the matrix of life and though it took some time to manifest, most of the things I had spoken came true. We can play these events off as a strange coincidence or manifest destiny but I have seen that there is more to it than coincidence. I recall a story my mother would tell of her first trip to Disney World after graduating high school.

My father and mother traveled by train from Virginia to California to visit Disney World. While there a Clydesdale Horse broke free from a carriage and like a furious freight train went stampeding down main street and through a terrified crowd. She told how it was an image and sound you never forget. Years later after my father died my mother re-married a man who had coincidentally went to the same high school as my her. She did not know him in school. Oddly one night at the dinner table he told the story of how he and his girlfriend from school took a trip after graduation to Disney and a Clydesdale Horse went running down main street. Seems they had graduated the same year and out of the millions of things two people could have chosen to do they both had ended up across the country and were in the exact same place at the exact same time and never knew it until almost 50 years later. Coincidence, destiny, connected soul energy, divine coincidence? There is more to this life than the controlling educators want you to know.

The ability to speak things into existence became a powerful reality in my life. The Bible tells us we can speak

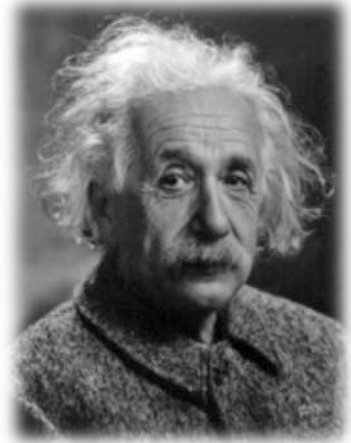
those things, though they are not, as if they were. These same patterns continued throughout my life. Unfortunately, later in life I allowed negative circumstances to begin to affect me and I began allowing negativity to imprint onto my subconscious. Yes, I had a certain right to complain about things in my life, but that did not make my life better. I murmured and complained. I whined and spoke negative things about my situations. Eventually, those words began to manifest in greater forms. Negative things would attract more negativity. If you're going through similar circumstances, understand that you can become like a vortex drawing in more and more negative things to you. Your negative storm needs to be dissipated with a good dose of positive thinking and hope.

When I went back to calling on God and asking for guidance and truth I began to discover the answers I had been looking for. I awakened to the power of my mind and learned to train myself to think and speak with positive authority and power over negative circumstances. Our words have power to create and attract. We are like magnets; we attract and repel things everyday. Take a look at what I discovered recently.

Just the other day I was listening to voice recordings of goals I said I would achieve. All of those have happened or are happening right now. The thing is I didn't realize I had recorded those goals two years ago. Literally, they had been spoken into existence and I had forgotten I even said them. **Words and ideas have power.**

*There is an intellectual force behind the universe*

In 1927 at a conference regarding physics being held in Brussels, Belgium a new proposal of mind over matter was brought to attention. Scientists were trying to resolve unexplained behavior in the studies of quantum mechanics. The greatest minds in science had been in attendance, including Albert Einstein. A new understanding in science was coming to light. It seemed that the minds of the scientists were altering the results of the experiments. At first, Einstein did not accept the proposal. Years later he admitted this was happening.



Einstein said, "anyone seriously involved in science becomes convinced that there is a spirit manifest in the laws of the universe, a spirit vastly superior than that of man."

The discoveries at the conference brought to light that these events were happening. The issue, the information was then suppressed. Max Planck, the father of quantum physics said, "there is a universal consciousness. The universe is alive. "All matter originates and exists only by virtue of a force. We must assume, behind this force is the existence of a conscious and intelligent mind."<sup>1</sup> What he was saying is there is intelligence in the design of the universe. A God!

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<sup>1</sup> "Quantum Communication" by James Law & David Serada

<sup>2</sup> Documentary "Quantum Communication" by James Law & David B. Serada, YouTube

We are created unique

Let's first realize that our bodies are a part of God's creation. Yet, we were created extremely unique, unlike any other creature on the planet. God said that he created us in his image. Unlike the animals that exist and operate by instinct or design we have free will. Our will is governed by choices. These are conscious choices of the mind and that of our heart. Our hearts are actually a governing function of life more advanced than a simple blood-pumping tool. We read things mentioned in the Bible about a persons heart. Within my limited understanding I had always taken this as an analogy to mean a persons feelings or motives. This is true, but the heart is much more. The heart is actually an organ that is a receiving and sending mechanism that can be measured scientifically. Your heart like your mind emits an aura or signal outside of your body. Many people manifest hurt, stress, and depression throughout their bodies. Medical studies show that stress and hurt often injure the heart the most.

Our heart is the strongest bioelectric organ in our body. It is 40 to 60 times more powerful than the brain. Studies have shown the energy from the heart can be measured for three to ten feet outside the body. Though we measure less than a one and a half volt battery we seem to be able to send and receive signals over undefined distances and through any structure. People experiencing depression or various sicknesses can have an electric signal of only five to nine millivolts. The average person ranges between thirty and one hundred millivolts. So sickness and depression can Mind Empowerment our biological signal. The Bible tells us that a merry heart does the body well. Our bodies were designed to not only be a sender but a receiver of signals as well. When you walk over to a radio with a weak signal and grab the antenna the signal suddenly comes in



clear. This is why utilizing, "right living" and the power of the word of God, enables us to maximize our energy. When we do this it allows us to boost our ability to send and receive signals. These things allow the laws of God's universe to work most effectively through us. We can hear God's voice clearer and set in motion our ability to receive our blessings. "Beloved, I wish above all things that you prosper and be in good health."  
Jesus

### *As Christians we believe in the super natural*

This may begin to seem a little out there to some readers. There is a side to reality never talked about in certain circles. Let us take into consideration Christians supernatural beliefs. Christians believe in floating axe heads, the sun standing still in the sky, a man living in a whale for three days, people being raised from the dead, leprosy instantly healed, men taken into the heavens, visions, a staff turning into a snake, seas parting, paralyzed people walking, water turned to wine, angels destroying armies, a man pushing down a temple, men thrown in a burning furnace and walking out, and on and on. As Christians, these are the things we claim to believe. We have to be in full understanding that the average plane of existence that we live in can be altered. God gives us two ways to utilize the levels of reality. One way we do this is to call on him to alter a circumstance and then wait on him to answer prayer. The other way is when we speak things that are not as if they were. We can command things in



the name of Jesus to occur. We can command beings in supernatural dimensions to leave people or areas. We are told that because of our acceptance of Jesus, we have been given the right to become sons of God. The false church taught Christians that the utilization of supernatural things was only to be left to the elect of the clergy. However, we can clearly see the Bible is the guidebook to a supernatural world where all Christians have the ability to be empowered. The fact that we are often unaware of how that world operates doesn't mean that it doesn't exist. There are two paths to the utilization of the supernatural. There are those who appear as angels of light who are really doing Lucifer's will and saints doing God's will.

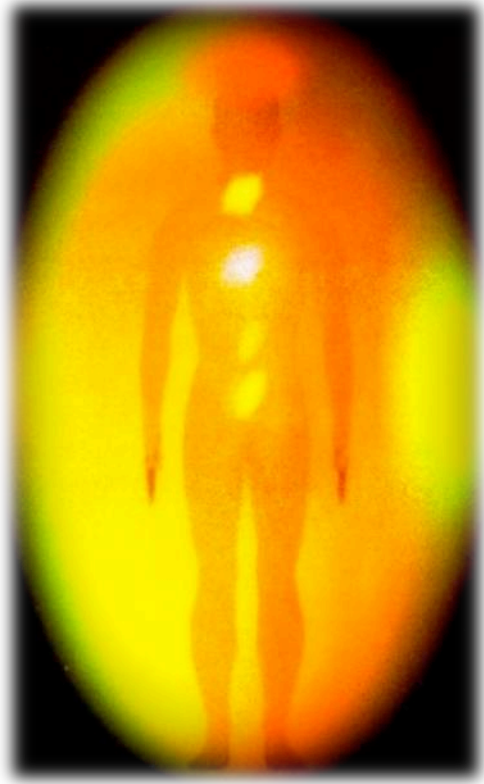
Both are using supernatural principals to bring about certain events just for different purposes. I will mention several times throughout this book that Jesus spoke and told us "my people perish for lack of knowledge. The Bible tells us to meditate on the word of God. This raises our energy, positivity, and ability to accomplish the supernatural. The disciples were empowered with the ability to heal people with sicknesses. What can we accomplish in all areas of our life with that kind of power. Joshua's army marched around the walls of Jericho, blew their horns and the walls fell down. That was God's inspired supernatural power! You as a believer in Christ are no less endowed with the promises of God than the patriarchs of the Bible. You are a joint heir with Christ.

## Scientific power of the body

Now that we are in understanding of the two power structures being used to bring about events in our lives let's take a further look into the scientific powers of our bodies. Scientific equipment has proven the human body has a readable field of electro magnetic energy that reaches beyond the exterior of our skin.

Subconscious communication is stronger between certain individuals. There appears to be a greater link to subconscious communication between people who share similar genetic coding, such as the bond between twins or a mother and child. I have heard many stories of twins experiencing strong emotions when one or the other has been injured. The same patterns have also been documented when mothers have awoken in the middle of the night and suddenly feel compelled to pray for their child who was facing some impending danger. This has also been known and or proven to be true among long term married couples or soul mates.

Conscious thought can be measured in terms of electromagnetic fields. Scientists have recently been able to read the thought patterns of paralyzed individuals and send those signals to a computer that causes a wheel chair to move. This shows that our conscious thought can be broadcasted outside of our bodies. Dr. Bruce Lipton has proven that the human cells membrane is likened to a computer chip and our conscious or unconscious thoughts can be read by the membrane and then reprogram our DNA. "As a man thinks, so is he." What this is



telling us is that we can change ourselves by changing our thoughts; our body's cells are likened to a read-write programmable disc. Our state of health or disease is a direct reflection of our thoughts and the environment we live in.

The heart is not only the most powerful, but also the most intelligent organ in our body. In studies, the heart has been shown to be the first center to react to emotions. Even the ability to have precognition of events. In a university study computer images randomly appeared before subjects in which the heart would often react six seconds before the pictures would appear. The heart shows that intuition is more than a magical feeling. The heart is picking up on signals coming to us from future events yet to happen. All of us have experienced feelings that tell us to do or not do something prior to an event happening. Listen to your heart.

In the 1970's president carter, the air force, and the CIA used two psychics to remotely view and find a lost Russian bomber that had crashed somewhere in Africa. Previously, no other group had been able to find the missing plane. The viewers were able to give the longitude and latitude position of the plane. Most religious people would simply say that an un-godly presence told them where the plane was and that is a possibility. However; is it not just as possible that our minds simply have the power to see into more planes of existence than we have been taught, Jesus tells us that we should do even greater things than he did. Remember, before they had even met, Jesus told one of the disciples that he saw him sitting under the olive tree.

A cold war Russian experiment in mind power and psychic communication showed the phenomena is real. Energy in the form of emotions was recorded as it was sent from one person to another; it captured an influx of special bio photon emissions on their reading equipment. This energy had no limits

of distance or structural interference. The time of the travel of the emotional signal was shown to be faster than the speed of light. Consciousness seems to travel distances instantaneously. It must be higher in frequency than the gamma ray spectrum to travel through objects. The estimated speed of a conscious thought signal is the speed of light squared or 34.7 billion miles per second. Conscious thought could travel from the earth to the sun in a fraction of a second. God tells us he can hear our prayers. Our prayers are heard instantaneously.

Emotional conscious signals emanating from the heart center are estimated to travel at the speed of light cubed. 64.64 quadrillion miles per second. This means we can send signals into the vastest parts of the galaxy in an instant.

Human cells removed from the body at distances of forty miles apart were shown to react in measurable electrical patterns to changes in the emotions of the person they came from. The reaction of the cells had been identical to that of the person they came from. Our bodies and cells interact with each other in a type of harmonic resonance. Cain slew able and God said that Able's blood cried out.

Specialized cameras used to film distant galaxies have been used to film light emitted from living organisms. Bio photon imaging systems have photographed energy healers emitting light from their hands and transferring it to objects like plant leaves. When the leaves are filmed afterwards in the dark they are glowing. The experiment further showed that energy healing intentions



can be sent over hundreds of miles and still work. The disciples

laid their hands on people and they were healed. Jesus sent forth his word and healed a roman soldier's son. We have more power than we were initially taught we have. Jesus spoke and Lazarus rose from the dead and walked out of the tomb. The disciples were given the same power. I believe we have the same powers they had.

Random types of protein when gathered together in a gel and laid out in a Petrie dish that showed something rather remarkable. When they were electrically charged, the proteins eventually attached themselves to other similar proteins. This could help us better understand the law of attraction. We, as large masses of proteins, eventually may draw similar people to ourselves when the right bio-electric frequencies of thoughts are present. This may explain the feeling we get when we encounter someone for the first time and they seem to be directly in tune with us. We are almost completely alike in many thinking patterns and both have the same unique feeling toward one another. We as the body of Christ were instructed to be of one mind. That is often easier said than done with a large group, but we can better understand God's reasoning for this. People in the 70's would say, "I get a good vibration from that person." Some people can raise our level of energy and some can take our energy away. I know we have all had both of those experiences with different people. We are taught to think on good things and have one mind and body in Christ. This ties us in with power and energy to do supernatural works.

Scientists have developed sensors to read the collective consciousness of humans throughout the planet. They are claiming that the energy of humans can be measured. We are told in the Bible to pray for the peace of Israel. As a collective whole the Christian community is to pray for Israel. We know that God can step in and alter our reality at any time.

God doesn't need us to cause things to happen. Perhaps he is telling us to exercise our authority and dominion over darkness. It's like a general giving a sergeant command over his troops. The sergeant is a representation of the general's authority. So prayer is a positive energy source God has given us that works to counteract negative energies in spiritual and physical states. I have concluded that the reason most of the movies, news, TV shows, and music, is negative is to perpetuate a continuing sense of low energy among us. Low energy lowers our physical and spiritual ability to combat negative forces. Depressed energy has even been shown to create sickness, lower cognitive reasoning, and intelligence. Most of people's thoughts are now occupied with stresses and depressed states caused by situations that don't even exist. Even worse, are emotional feelings caused by nothing more than a sporting event. This is why I rarely watch TV anymore. Imagine if you had grown up being built up with positive and enlightening messages from television and news sources. How much clearer could you think? How much more freedom to create would you have? How much less would the fear of things be within your mind?

Studies show that our DNA resonates with measurable frequencies. Fear and depression move in slow waves not fully stimulating the entire structure. Love, joy, peace, hope, show a higher frequency and resonate along the entire DNA structure. We know that we think clearer, feel better, live longer, and remain less sick when we are in an environment of love and peace. In this environment we prosper. So, why is it that less than two percent of the planet is in some type of discord at any point in time? Why does the news spend ninety-nine percent of its time reporting on those things? We are told that the devil desires to rob, steal, and kill. Perhaps the perpetuation of negativity keeps men in the realm of controllable mediocrity. This is a

state of a lowered energy level where our minds are only resonating at a substandard frequency. The Bible tells us in Philippians 4:8 finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if *there be* any virtue, and if *there be* any praise, think on these things. Maybe God is telling us to think on these things for reasons greater than just feeling happy? Perhaps this is why the opposing side surrounds our society with negativity, which comes in the form of symbols on products and corporate logos, music videos and commercials with negative imagery etc. Even as I write this my mind is becoming so much more aware of the world going on around me. Maybe it's time we take to heart God's words to us. We are enlightened to the revealing of scientific studies that thoughts, words, and feelings reach far beyond our minds and bodies. **Scripture tells us that the word of God is sharper than a two edged sword and can divide even the bone. We now find scientifically that it has a much deeper meaning perhaps even the ability to alter things at a subatomic level.** That statement is extremely important. Take this information with you on your adventure through this book and into life.

## A SIMPLE UNDERSTANDING OF MIND, BODY, &

### SPIRIT

What do I mean by that? In order to explain let's look at an analogy of how our bodies and minds seem to work. We are biological computers that are operated by hardware and software. The hardware of the mind runs and causes us to heal a cut,



digest food, and our hearts to beat. The software is the subconscious program that causes us to act and react to certain factors based off perceived experiences. The subconscious is a read-write program that interacts with the hardware, and the conscious operator. The sub-conscious does not care what information is being entered; it simply stores the information and then runs the sub-routine accordingly. Our soul is a consciousness in and of itself.

This is why we hear of stories of people dying and having full awareness of where they are. Others have had outer body experiences where they have conscious thought outside the body. I have experienced this once myself. In college I had gotten extremely sick once and had a high fever for a couple days. One night, I had started drifting in and out of consciousness and finally found myself outside my body and standing in the hall. I walked over and looked in the kitchen and saw a large pile of dishes and thought, "somebody should clean those", I walked down the hall and looked out the front door and saw snow coming down; I then turned and walked back to my bedroom. I reached for the doorknob and tried to turn it. The door was locked and I could not get in. This is where things became odd. At that time I became aware of being out of my body and being semi conscious in my body at the same time. I was both outside the door in the hall and partially in my body. I realized that I was not breathing and that I needed to get back in my body. I began turning the knob and shaking the door.

Now most people would say that I was hallucinating from being sick or dreaming. The issue is that when I came conscious I was gasping for air and noticed that my roommate was standing over by the door and in a fight stance. It seems that he had been awakened by the sound of the door, it was being banged on and someone was trying to get in. The problem was the doors to

the house were all locked. Everyone else in the house was asleep and he was physically awakened by what I was experiencing as an outer body experience.

The idea that our souls are the true guides driving our bodies should not be a shock to Christians. The idea that a soul can be a separate force or "avatar" operating our bodies should come as no surprise. As Christians we believe that the holy spirit of God entered Samson and he became incredibly strong. Christians believe that the Holy Spirit comes to dwell in us permanently when we accept Christ and that spirit helps to direct our path. We also believe that a foreign or evil spirit can enter a person's body and direct their actions. Our bodies are much like a car. We get in the car and drive. The car has computers to regulate functions, and fuel to make it run. The car can run by having a driver steer the wheel or even by remote control. Another driver can get in the car and try to drive from the passenger seat. The driver and passenger can fight over the steering wheel and run the car all over the road. You can get out of the car and then get back in and start driving again. This seems like a bizarre way to think about things but if we believe in the Bible this is a very simple way to understand our bodies. We are told we will be given a new body that is incorruptible. We will get out of this car and drive another one.

If the car's computer or other parts are not functioning right they can try to overrun the driver's ability to steer, stop, accelerate, and ultimately get to the destination the driver desires. If you set the cruise control for fifty-five miles an hour and the speed slowly creeps up to ninety-five while you are relaxing this can be the same factor we can equate to our subconscious working against our conscious desires. Until the computer software is corrected in the car the faulty

programming can lead us dangerously down the road. That same cruise control problem can cause us to slow down to thirty-five miles an hour and keep us from getting to our destination on time. So we see the car, computer, driver, we can see body, mind, and spirit. No one, not a preacher, teacher, or friend had ever explained what we really are in a manner that was understandable. Let's work together to align the known science of the body and spirit to that of what the Bible explains to us. The more we learn about science in all fields the more science seems to align with the Bible. It is truly a guidebook to the supernatural. This information will be crucial for you to take some time and think about the concepts just described. Our understanding of this will be a determining factor in how we interact with the world and our own bodies while we are in them. I think it's time we begin to apply the scientific power of our minds in accordance to what the Bible says we can do and start making things happen. The rest of this book is about putting these forces into action and eliminating the negative things that are stopping you from doing so.

#### AFFIRMATION

**"EVERYWHERE I GO I AM ATTRACTING HEALTH,  
WEALTH, AND HAPPINESS"**



**Figure 2 DOUBLE CLICK TO  
FOLLOW ON FACEBOOK**



**Figure 1 DOUBLE CLICK TO  
FOLLOW ON TWITTER**

# MIND EMPOWERMENT 2

## THE DEFINITION OF SUCCESS

" If a man be endowed with a generous mind, this is the best kind of nobility. "

– Plato

Mind Empowerment two is a type of to do list to begin focusing your mind on success and becoming attuned to the world we live in. So let's take a look at why we sometimes fail and how to succeed.

Josh and Julie were the typical American couple. They had been married for two years and were just trying to get by. Josh was a fireman and Julie was an office assistant. They were pursuing the American dream and trying to make something of their lives. Their realtor talked them into a house that was really outside their comfort zone. Josh's family had worked as civil servants for several generations and Julie's family had been coal miners from West Virginia. They were somewhat of the typical American family. Their families had taught them that the only way to make it in life was to work hard and keep your axe to the grindstone. Both Josh and Julie had to work to get by and they had learned to be comfortable with the everyday stresses of life and finances.

Imagine  
With all  
your mind.  
Believe  
With all  
your heart.  
Achieve  
With all  
your might.

After all, their families had learned to be comfortable with those same issues for generations; this was just what was normal to them. In fact for the majority of the world this way of thinking has become normal.

They had been taught that people with money had gotten lucky or were crooked. Whatever the circumstances these things were outside Josh's and Julie's fate in life. Sometimes they dreamed of a different life but that life was almost taboo to speak of. They thought if Josh could get promoted maybe they could get a little farther ahead, if Julie could get a little bit of a raise they could afford something a little nicer. Everything in life that made up their reality was in the hands of other people. They had been trained to think that they could only get what those who already had would give them. In other words their parents, and their parents before them, had given in to the idea that they were incapable of achieving anything greater than being a minimum wage employee. Generationally that notion had been taught throughout the family. Both Josh and Julie had a subroutine programed in their subconscious that said, "it's too hard, you are not smart enough, something bad will happen, only those people can make that work." So any thought of getting ahead involved Josh or Julie getting second and third jobs working for other people.

This is exactly what went on in my grandparent's life when they were young. My grandfather would have two or three jobs and my grandmother would have to work just to get by and raise a family. Later they stepped outside of this mindset and opened up a shop at a farmers market. This is where their true skills with people and business flourished. In the few years at that market they made more money than they did in all the other years working at jobs for other people.

Josh and Julie were in church one day when they had a guest speaker come in. He was preaching on the gifts of the spirit and how Jesus had said that he wished for us to prosper and be in good health just as our souls prosper. The speaker told the story of how he and his wife, much like Josh and Julie, had worked and been taught to work and live outside God's principals of success. What the speaker was telling the audience was that he had been listening to preachers talk about God's gifts and prosperity but he had not been hearing the words. He would hear the good news and message of freedom being taught and then go home and listen to ten thousand messages that the world had taught him as to why he couldn't do anything greater. Josh and Julie both kept looking over at each other as if he was talking only to them.

The speaker began explaining how scientists have discovered that at any given time the ratio of negative constraining thoughts going through a person's head outweighed the number of positive ones by four to one. Why was that so significant? Psychologists now equate any ratio of a person experiencing four times the amount of negative or depressing thoughts to those of positive or happy thoughts to that of having posttraumatic stress disorder.<sup>2</sup> He went on to say that the average American when they try to think of a better way to improve their life are bombarded with so many negative thoughts of how it will fail they never even try. He called the mind-set "shocked paw syndrome."

A study had been done where a dog was placed in a maze and little shockers were attached to it's paws. He would be shocked and take off running through the maze looking for a way out. Later they took the dog and put him in a constraint so the animal could not move. They would shock it's paws and the dog

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<sup>2</sup> Documentary "Quantum Communication" by James Law & David B. Sereda, YouTube

would try to wiggle free and get out. After numerous days of shocks this animal eventually gave up. The dog would be shocked and not even attempt to get free. Then the scientists took off the constraint. They would shock the dog and the dog would do nothing. The dog became so used to the constraint and the torture that he stopped trying to escape. He stopped trying even when there was nothing holding him back but the idea that it was not worth trying.<sup>3</sup> The symptom is called "**learned helplessness.**" The speaker was telling them that Jesus had come to set the minds of the captives free. He said "now I'm not telling you to go home and quit your job and start painting tea cups because you think it's fun, but if you have a God given talent to do something greater than yourself, you get one life to go for it!"

Josh and Julie went home that day with a lot on their minds. The message was true. They had been taught by their parent's to limit their thinking. They had been taught by the television, their friends, the music they listened to, that they were doing everything they could to get by and that's all they could do. Julie looked at Josh and said, "There is something much different about what God says and what we are being told. In fact we should listen to what we say to each other all the time. Josh you can build things like nobody's business and you love it. I can make the coolest jewelry and all my girlfriends are always asking me to make them some. The idea has never crossed our minds to make any extra money or do those things we are good at to make money and make people happy. You get back from the station and do yard work or watch the ball games. I go over to Susan's house and play with her kids or lay at their pool and that's all. Maybe we need to think about what God has told us to think about." The next day Josh started asking his

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<sup>3</sup> The US psychologist [Martin Seligman](#)'s painful animal experiments and theory of learned helplessness began at the [University of Pennsylvania](#) in 1967, as an extension of his interest in depression. Quite by accident, Seligman and colleagues discovered that the [conditioning](#) of dogs led to outcomes that opposed the predictions of [B.F. Skinner's behaviorism](#), then a leading psychological theory.[\[4\]\[5\]](#)

friends if they knew anyone who would want him to build them a deck and a Japanese garden like he did at his house. In one single day Josh had three people who wanted him to build them a deck and garden. Julie asked one of her friends who loved the earrings she made if she wanted any. She said yes and as a matter of fact her friend owns a jewelry store in New York and was asking her if there were any artist she knew that made unique jewelry. What a coincidence. Life can change with a single thought. Maybe there is a negative force that is working to continuously bombard our thoughts with ideas of constraints and failure so that while we are listening to God's words we cannot actually hear them. Maybe we can learn a lot from Josh and Julie?

### *Why people fail & how to succeed*

To succeed it is imperative to begin considering these two things:

- 1/ What forces are working against you and how to kick them out of your life?
- 2/ How God can provide for you and how your thinking directs your destiny.

The opposing force is physical and spiritual

"For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."



## HOW CAN WE OBTAIN OUR DREAMS

It is a matter of fact that the imagery that shapes our ideas as an adult are mostly formed when we are children. People we do not even know, people who do not want you to know how to solve the mystery of success, are placing many of those ideas there. There are forces for good and bad. I know this sounds like common sense but we must surround ourselves with positive things and build our positive energy in order to take on negative forces.

Many liberals argue with me about the true nature of negative forces that try to control our world. After over twenty years of discussion with liberal minded people I have found an enormous sense of denial in their logic. Most appear on the surface to be kind and sensitive people wanting to spread love to others. They claim that we should just live and let live. That is until you oppose their point of view or show proof of how destructive an idea or behavior they believe in is. This is where the name-calling begins. I mention this so you don't get side tracked or feel bad about standing up for what's right and what will keep you on the path to success. Liberals get upset when I ask them to explain to me why only 5% of the world's population earns 95% of the wealth? After studying them I have found that their love for certain secret vices in their life drives them to support things that are destructive to everyone's lives in the long run. They are so addicted to certain forms of music, food, TV shows, sex, etc. They will keep themselves in complete denial of the outcome of the behavior. Their secret vices spill over into their public opinion, which then leads to forced destructive patterns on everyone. You see, it's not because people are lazy but because the knowledge of God granted freedom and a correct moral compass is removed from their minds.

This is especially why they attempt to take over the school systems.

Liberals always believe that giving people free money and educating them toward a liberal mindset will produce some sort of utopia. In history every country that moves toward a more liberal mindset falls into chaos; the people become poorer and then a dictator takes over or another country overruns them. If simply educating people would solve the problem then Nazi scientists would have become the world's most humanitarian people. If you educate a barbarian you only end up with an educated barbarian. Education is not the solution; education with God's principals is the key. This is what we are going to explore further.

- Thoughts lead to words, words lead to actions, actions lead to behavior, behavior leads to destiny

Knowledge is powerful!

- The "negative side" doesn't want you to have the power of success and the freedom God has promised you. It's kept from people by something called information control and propaganda. [i.e. disinformation]

A big problem is everyone thinks that disinformation works on other people but not them. To solve the problem we must admit; it works on me, and it works on you! We must stop giving into lies and denying that it exists. What you see and hear can lead to your way of thinking. What are you watching, listening to, being around, and thinking about? Is the message positive or negative? Scientists confirm the messages affecting you.

## What is a good definition of success?

- Success is found in the use of the God given applied talents of a person utilizing their free will to achieve their goals.

Why are people failing? They are failing because they have been taught to act and think like failures. The Bible teaches us to succeed but people reject it for the temporary vain pleasures of the world.

## So who is succeeding?

- The person who is succeeding is the one who has set the direction of their soul toward eternal and internal peace and is currently working to achieve noble causes. The person who achieves the ultimate goals of success is the one who is at peace in his spirit and is working at and toward what they desire to do. The successful person is at the job they want to be working at or they are working toward the job they wish to do. They are living the life they wish to live or working toward the life they desire to have.

Who is successful?

- So who is successful? The person who is doing their job because they want to do it. The plumber who plumbs because he loves to. The mother who is a stay at home mom because she knows that is the most important job in the world and she loves it. The artist who paints because they love to. The person who runs a company because they serve a noble cause and lead because they love leading. The salesperson that sells because they feel their job and product are important and they

serve their fellow man. *If you are doing the thing that you feel you have been inspired by God to do and are being all you can be at that thing, you are a person who is succeeding!* Think about how can you begin to apply noble causes in your work and life?

Only 5 out of 100 people will achieve that lofty goal. 95 out of 100 are doing a job they don't care about or absolutely hate. Why? Because they conform to the mentality and predetermined training of the negative forces that don't want them to succeed. God gives us absolute freedom to succeed and be joyful doing it. Within this book you will continually be given steps to make that happen. The more aware you become of the road blocks, the more ability you can have to take different routes or plow right through them. It's time for you to become part of the 5%.

### **AFFIRMATION**

**"MY ABUNDANT THOUGHTS AND ACTIONS INSPIRED BY  
GOD LEAD ME IN THE PERFECT DIRECTION OF MY  
DESIRES"**

# MIND EMPOWERMENT 3

## CHOOSE YOUR PATH WISELY

Definiteness of purpose is the starting point of all achievement. -W. Clement Stone

There seems to be three types of people in the world. The two most common are Al and Jen. Al knew that he wanted to be an architect since he was a kid. He just loved building things and creating. Jen loved a lot of things but never put a lot of thought into where and what she would really be doing in life. Al worked for years as an architect when his firm downsized after 911 and he lost his job. He almost lost his mind searching and searching for another job as an architect. He sent resumes all over the country yet no one was hiring. So he ended up getting a job as a salesman at an industrial paint company. Al never worked as an architect again.



Jen graduated college with a degree in fashion. She loved clothes but never took into consideration that there weren't a lot of high paying jobs in the field of fashion in rural Kansas. Jen had been a waitress for five years and also worked as a saleswoman at a clothing store at the mall. Jacob lived in Norfolk Virginia. After leaving New York Jacob went to work at Norco, a ship refit and welding company. Jacob was a welder for eight years rebuilding ship propellers. The whole time Jacob was working for the company he had planned in his mind how he could create his own company and make things for boats. He thought to himself, "If this company ever fires me I will go to the fishing

fleets and get the rich guys to pay me to build things." His company lost its government contract when Obama signed legislature to give minority companies first right to the work. Jacob took a little bit of his savings and bought a used welder. He had some business cards made and he went to the richest section of the sport fishing community and started handing out his cards and talking with the boat owners. He got jobs welding fishing towers, fixing props, custom railings, etc. Jacob could hardly handle all the business he was getting. Al's mindset was that someone else had to "give" him a job to do architect work. Jen's mindset was that the thing she loved doing was just magically in existence where she lived. She refused to change her mind and to go to where the jobs existed. Al and Jen had learned helplessness syndrome. Jacob on the other hand planned how he could do something outside the control of those with the paw shockers and constraints.

## Two things that keeps your mind thinking in the right direction

1) **Having a moral compass to live by:** a set of trusted guidelines that give positive directions. These don't come from a situation-to-situation scenario. They come from a learned time-tested set of morals that make up one's character. I can think of no better guide than the Bible, a book that has helped keep people throughout history on a straight course toward a successful life. **Knowing you have a moral compass to live by, what are the values you can apply to your everyday life that will keep you from the pitfalls that hold the 95% back? What moral values do you wish to live by?**

**2] Having clear-cut goals:** without them people are nothing more than a ship drifting aimlessly on the sea. The current of life sweeps them where it may. The wind blows and they are taken off their life course. Every problem that arises totally alters their direction. These are the complainers who spend most of their life blaming this or that for their lack of success. They take little to no responsibility for their choices. Some decisions are their fault and some is due to the enemy's deceptions. At Christmas, they go in debt on credit cards buying un-needed gifts, spend \$1,000 on football tickets and then can't pay bills at the end of the month, drop \$800.00 for seats at a concert and then fall behind on their student loans, take vacations on credit cards and then fall so far in debt they give up on paying them off. All of us have been guilty of some facet of this behavior, but it is to our benefit to put an end to it. We need to build a plan and have a set of goals that make us aware of our behavior. We need a plan to keep us on a path toward and not away from our life goals.

This direct plan helps us from being misguided by the opposing force. When NASA wanted to put a man on the moon they didn't just get people off the street and tell them to build a rocket! NASA hired scientists and engineers to design a ship to take astronauts somewhere very specific. They had a clearly defined goal.

What if NASA made had plans to get a man to the moon the way most of the world plans to succeed in life? Where would the rockets have ended up? Every rocket would have ended in an explosion, burning rubble, and finally a charred pile of debris taken to the scrap heap. That's the way the opposing force would like you to end up. With every goal and every plan ending in failure until there is no hope left and seemingly no way to succeed without turning to the negative side to get it.

[stealing, lying, manipulating, etc.] Let's set up some better plans, some God centered plans for success. So, what's the difference with the way you plan your life and the way NASA planned a trip to the moon? Your life depends greatly on the goals you make. The good thing is you don't have to be a rocket scientist to plan out your direction! Let's examine something very important in terms of our definitions of success.

Who are you looking to for examples of success?

- 1] A rock artist?
- 2] A Hollywood created movie star?
- 3] An athlete or model?
- 4] A rich tycoon?

You may want to reconsider your choices when it comes to emulating certain people. Rock artists most often get sick and die young or commit suicide due to alcohol and drug problems. Most actors and actresses face the same issues along with multiple divorces and depressed lives. Rich tycoons often live miserable depressed lives and later commit suicide. King Solomon wrote how he had tried all the things the world had to offer and it was all grasping at the wind. Without a life in deep contact with the love of God we are simply grasping at the wind.

Adolf Merckle, the world's **ninety-fourth wealthiest person** with millions of dollars in the bank, on Monday, Jan. 5th 2009 left a note for his family, walked to the train station and stepped in front of the on coming train.<sup>4</sup>

The world system defines success by the amount of money one has in the bank. Does money make us successful? Jesus told us in Matthew 16:26 " **what is a man profited if he shall gain the**

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<sup>4</sup> HUFFINGTON POST LINK [http://www.huffingtonpost.com/2009/01/13/adolf-merckle-german-bill\\_0\\_n\\_157432.html](http://www.huffingtonpost.com/2009/01/13/adolf-merckle-german-bill_0_n_157432.html)



**whole world and lose his own soul?"** You see, when our goal is simply to gain wealth and power, when we base our existence and value on those principals alone, if we happen to lose our wealth or power, life can then hold little or no value.

Even the world's wealthiest people can lose sight of the definition of success. We can find ourselves as one of the richest people in the world, in turn wanting to commit suicide. There is no one in the world who feels like a greater failure than one who would take their own life. Success is not just wealth. Without a proper balance taught to us by God we can also find ourselves poor, unhappy, and unsuccessful. Rich or poor, success and peace are not found in wealth alone.

People who were close to Adolf Merckle released comments to the press. They said he was always strong and full of self-confidence, although he always took defeat badly. The downfall for him was that his confidence was only in himself. The Bible teaches us that our hope is in the lord. A man who does not know God only has himself to rely on. There is one thing that is for certain in life; from time to time we are going to let ourselves down.

A wise man knows life in this body is temporary and we cannot take any of our material possessions with us. Our eternal destination is far more important than our temporary materialistic one. Life is a gift that we are to live out boldly and enjoy, to help others along the way, spread hope, love, and kindness where we can, protect the weak, fight for justice, and stand for freedom.

When a person does not factor these ideals into their definition of success, success will never be obtained. If your definition of success still revolves around money and power read on... The false system that has been created to capture your mind can lead to your demise. The world's system is so powerful

and so unattainable it can lead men to take their own lives. Do you want to remain a slave to this false system?

On the same Monday that the 94th richest man in the world took his life, Steven Good 52, chairman of the realtor's commercial alliance corporation, took a gun and shot himself. In Luke 12:15, Jesus said, "**ones life does not consist in the abundance of his possessions.**" The world has bombarded our mental imagery with false definitions of success. I have found if you don't place God's plan for success and wealth into your life, there is a very good chance of ending up like some of the world's smartest and wealthiest people; buried in an early grave.

In 1923, a group of the world's wealthiest financiers met at the edge-water hotel in Chicago. Together they controlled more money than the U.S. treasury. The stories of these men's wealth were published in books and newspapers across the country. People all over the world dreamed of having wealth like them! Men would say; "if I could only work hard enough or get a break in life I would be just like them!"

These men were:

Arthur Culten - the greatest wheat speculator

Albert Fall - secretary of the interior

Leon Frasher - president of the bank of international settlement

Howard Hopson - president of the largest gas company [associated gas and electric]

Inar Kreuger - head of the world's greatest monopoly [international match company]

Jesse Livermore - the greatest bear on wall street

Charles Schwan - president of the largest independent steel company

Richard Whitney - president of the new york stock exchange

**What became of these wealthy and influential men? In 1948, 27 years later we find,** Arthur Culten died abroad, broke. Albert fall was penniless and pardoned from prison so he could die at home. Leon Frasher committed suicide. Howard Hopson became insane. Inar Krueger committed suicide. Jesse Livermore committed suicide. Charles Schwan was bankrupt and lived on borrowed money the last five years before his death. Richard Whitney had just been released from Sing Sing prison.

So what will prevent you from suffering the same fate as these men? It will be your definition of the word "success". You will need to set the right goals defined in the right way. You will need to admit to yourself that you are human, and without the right guidance you may suffer the same fate as these men. If you will take the time to understand the right principals of success your life will change!

Remember, "You will become what you think about." Again, you will become what you think about all day long. Who you perceive yourself becoming is who you will become, even if you have not obtained that position yet. You must **walk by faith** until you reach your goals. The Bible tells us in **1 Corinthians 7:5 "your faith should not stand in the wisdom of men, but in the power of God."** If you think about being rich you can eventually become rich, if it is being smart you can become smarter, kind and good, you can begin to act kinder and do more good deeds. There is nothing wrong with being rich, Abraham, Moses, Job, Joseph, David, were all very wealthy. It's what you use your wealth for that determines and defines your success. God has no problem getting money to you; it's getting money through you that is the problem... You must think about the things you wish to become! **Success will not come if you are thinking of the things you wish to become and at the same time**

**about all the things you think stink about your life.** Keep your eye on the goal. Positive and negative forces repel each other.

What we believe about ourselves is so vitally important. In **mark 9:23 Jesus said, "If thou can believe, all things are possible to him that believe."** It is so easy to believe when money is flowing in, the kids are well and your health is good. However, as long as you're alive you will never be without some problem or challenge to overcome. This has been a factor in my own life. I had to train myself to think and believe in the positive I wished to achieve, even while I was struggling. The Bible reminds us many times that we should think of the goals we wish to accomplish in positive terms. We are to think of them as though they had already come true.

These two things can be the most vital links to success.

Your thoughts and your words

Your mouth also affects your success.

1/ Words for good -

The Bible tells us in proverbs 10:11 "the mouth of the righteous is a fountain of life."

2/ Words for bad -

Proverbs 6:12 a worthless person: "a man of iniquity is he that walks with a perverse mouth."

A person with good and righteous intentions trains his mouth to be a fountain of life, speaking energetic, positive, and hopeful things! God says that a person with a perverse mouth is a worthless person. Your words have power, so use them wisely. Your words affect you and everyone around you. You can choose right this minute to change the way you think and speak. Negative speaking may have become a habit in your life; it's good to know this habit can be broken. So in conclusion to this

Mind Empowerment, take the knowledge that your words have effect on your life and change your speaking. It may seem difficult as challenges arise but this is the very time you need to fight with your words.

Speak positive about the situation that is happening and about what you want the outcome to be. This is the best way to handle any situation. If you do not do this, as I have learned from past experiences, we can set negative words loose on the outcome of our life. Those negative words can effect our day and that day can and will effect our week and then our year and then our life. You will recall how you handled the situation in the future and you will either be proud of the words you said and how you acted or you will be ashamed and feel weak. Choosing positive words will make you feel better now, and they will make you feel better later. So let's choose the best words for the job at hand.

#### Affirmation

"I am focused on the right path and divinely guided. I see no obstacles in my way, only the outcome of my goal, and the good that is achieved by it."

# MIND EMPOWERMENT 4

## HOW SUCCESSFUL PEOPLE PLAN THEIR DAY AND ACHIEVE THEIR GOALS

"What I do today is important because I am exchanging a day of my life for it."

In order to be successful we need to take command of our lives. We need a destination to travel toward. That destination is reached by setting goals. All successful people learn to set long term and daily goals. Getting groceries and taking clothes to the cleaner are activities not goals. Activities are the things we need to do to reach our goals. The key is realizing which activities are leading us toward our goals and which are keeping us from reaching them. It's a good idea to set your course and then make sure you are sailing toward it every day. Here are the steps to making your goals a reality. Memorize them and then use them daily.

### STEPS TO ACHIEVING ANY GOAL

Every goal or accomplishment starts with a thought. Here are the steps to thinking a goal into existence. These methods work for anything you wish to have or accomplish.

- 1) **Desire** – you can do whatever you wish as long as you have absolute desire to have it. Desire it with all your heart and

it can be yours. You will become what you absolutely desire. When you want something as bad as a drowning man wants air you will not stop until you reach the surface of your goal and breath. There is nothing more the drowning man wants than air. There is no other distraction the drowning man has other than his goal of breathing. Your desire is a picture of what you will become.

2) **Be exact** – whatever your goal is be specific with yourself. Express exactly what it is you want. If it's money write down exactly how much you want. If you're not specific and your compass is twenty degrees off you can sail thousands of miles off course. Example, "I want to make one million dollars by the end of the year." That's being specific. Saying you want more money is not. A dollar is more money but not what you wanted exactly. Program your subconscious to making sure you are on the course toward the million dollars.



3) **Determine how much will you give** – write down what you're willing to do to get what you want. You will have to sacrifice something to get what you want. For example you may decide to give up watching TV at night to dedicate that time to achieving your goal.

4) **Determine the date you will do it by** – if you don't have a date eternity is a long time to wait to get to your goal. Set a realistic time to get there.

5) **Make a plan and start now** – every building has a blueprint. Create a blueprint and start on it **now**. It's not going to

build itself and it's not going to get done until you start on it. Do it now. As part of your plan create a group of people you will need to make that goal come true. Make your plans as faultless as possible. Know what you are going to do everyday.

6) **Write all these things down in a contract to yourself** –the principal is to take all your steps and consolidate them into a plan and then sign it. This is a very powerful statement to your sub-conscious and conscious that you mean business. A contract ensures you are going to hold yourself accountable to yourself.

7) **Read it out loud daily**– you can speak things in existence. Your repeating your goal imprints it to your subconscious. Those goals then become who you are. Read them once in the morning and once at night. Do not skip this step.



8) **Have faith & think it into existence** – your mind creates positive energy to alter things into existence. Having faith your goal will happen increases this energy every day. No matter what happens continue to maintain faith. God clearly tells us that faith can move mountains.

9) **Put your goals in a visible place** – keep your goals in a visible place so that it becomes a perpetual reminder and a part of your existence.

10) **Master your knowledge** – you will need specialized knowledge in the field you wish to accomplish your goals. If you don't have it you will need to learn it. Knowledge is power. Take courses, study, and associate with people who know what you need to know.



- 11) **Expand imagination** – whatever you can believe and conceive you can accomplish. Do not limit your imagination. Your mind knows no limits. So don't limit your mind.
- 12) **Self motivate** – develop the ability to motivate yourself. Determine you will do what it is you will do and then motivate yourself like a coach. It is also a good idea to get a coach to get you started and push you in the right direction. Most every successful person has a mentor or coach. Visit [www.mastersofdestiny.academy](http://www.mastersofdestiny.academy) to inquire about a destiny coach.
- 13) **Coordinate these things to be a leader** – courage, self control, definiteness of purpose, definiteness of decision, definiteness of plans, do more than expected, develop a good personality, have empathy and understanding, focus on details, take responsibility, and cooperate with others.
- 14) **Decide** – once you decide to do something, **do it**. Procrastination is the heart of failure. Most people who fail at a task disclose that procrastination was at the heart of their failure. Most multi-millionaires disclose that they make decisions promptly. They do not procrastinate on what they desire to make happen. After you decide do not be swayed easily. Only take advice from the successful or those in your MISSION UNSTOPPABLE or mastermind group. You decide or you decide not to decide, either way you have made a decision.
- 15) **Be persistent** – be like water beating against the rock. Eventually the rock is broken down. Do not give up. It's a state of mind. Willpower and habit make up your persistence. Develop habits by having daily plans.
- 16) **Be enthusiastic** – keep your motivation up. Look to your goal with joy. Envision how you will feel once you have accomplished your desire.

- 17) **Know what you want** – be specific so that your subconscious can focus on creating that which you desire. You will either run your day or someone or something else will run it for you.
- 18) **Listen to your inner voice** – be it your sub-conscious or God speaking to you, learn to hear that voice. Some call it having a hunch or their inner being. As we have learned through psychological studies your heart has the ability to react to events before they ever happen. Your heart has precognition of events. I have many times said, “I should have listen to my heart before I did that.” All of us have a feeling that comes over us before a decision takes place. That voice can lead you to greater things and prevent you from being involved in painful ones. I’m not talking about giving in to fear or doubt. The voice that I’m talking about is one that speaks to us with definiteness of understanding. It knows exactly what is going to happen in an instance. If it speaks to you learn to hear it loudly. Then make your plans accordingly.

### HOW THE EMPOWERED PERSON PLANS THEIR DAY

Things like commercials and emails are mostly about other people trying to get you to make their visions come true. That’s fine if their vision is helping your with yours. If it is not you will want to weed it out quickly. You have momentum and drive toward your goals, the least amount of distraction from other people trying to get you to make their dreams come true the more you can focus on yours. There is a time that you can listen to a commercial or check email but it should be at your convenience and your benefit, not while you are trying to get your projects done. We need to keep our mental clarity at it’s highest. Let’s learn how to get things done.

1) **No email or commercials first thing in the morning.** Rule 1

when you first wake up email is not the first thing you check. Your job is to be productive not have others distract your productivity. In the morning keep anything that can send a commercial to you turned off.



2) **Health & affirmations.** One of the first things you should do is focus on taking care of your health and focus on what you are enthusiastic about. This is the start to your mental and physically healthy day. This is a time of affirmations or Bible study or a time to pray. It can be in the shower if that's all the time you have, but get the day started with positive power. This is your time to charge you up your life. Also concentrate on physical health, so go workout, or eat a healthy breakfast. Focus on appreciation and gratitude while you are getting your momentum going. There should be no distractions from other sources trying to get you to focus on their goals and not yours. You can plan to be sick and broke or you can plan to be healthy and successful. How you start your day has a big influence on those factors.

3) **Keep the morning positive.** Do not turn on any negative music or television. Focus on your affirmations first thing in the morning. The news reports on about 98% negative information. Empower yourself before taking on the evil of the world.

4) **Top projects-** when you get to work the first thing you focus on is your top five projects you have to get done. Then write

down what the top three things are you need to do to get those projects done. Then get to them.

- 5) People involved- focus on who the top people are who are involved in getting your projects done. A/ write down whom the people are you are waiting on to get a project done. Then what you need from them to get a thing done. B/ then write down the people you need to reach out to in order to get what you need done.
- 6) **You only check your email twice a day.** You go there for two reasons. One, to see information from the people you need to get things done. Two, to send information to people you need things from. You simply look at your email by checking out the "from box." Check the information you need from the people you have been waiting on. If you haven't heard from them they are the people you need to reach out to. Right at this moment anything else in your inbox is a distraction to slow down your momentum. Don't look at it. This is done in the morning then close your email. Make sure things like Facebook or twitter cannot send you push notifications. In your free time when you are not working you can check your mail for other things like, friends, sales, news, etc.
- 7) **Go accomplish your goals-** after reviewing what you need to get done for the day and who you need to get it done you get to the task of accomplishing your projects.
- 8) **Your phone is only there to get your projects done-** while your working toward your goals you need to get rid of the common distractions of the modern smart phone. Things like games and social sites waste the success minded persons time. Also you are only taking calls from people who are inspiring your day and moving you toward your life goals. All top business people have secretaries who screen their calls. You need to self screen your calls until you can get a secretary to do so. All

other phone calls are simply distractions to steer you off course.

- 9) **Have a daily schedule written out** – you don't have to be so rigid that you have every minute of every day mapped out. However, if you have a goal to achieve you need to have a scheduled plan each day. Know each day how you are going to make it happen. Learn to fill in the blanks by trusting your heart on the things that pop up outside of your daily schedule. Because they always do. Scheduling things and getting them done most always leaves you with more free time to enjoy your success.
- 10) **Have a master plan drawn up** – your master plan is the plan you have made on exactly what and how you are going to achieve your goal. It's like a business plan for your life. It can be altered from time to time but you need to have something established you can plan by. An idea in your head is great but we as people tend to lie to ourselves about the ideas we have and how far along we are in getting them done. When we have them down on paper we are accountable to them.

These 10 steps can accelerate your ability to accomplish your goals from being years away to just months. Here are a couple more steps on getting your goals done and working with people.

TO GET YOUR PROJECTS DONE YOU NEED TO WORK WITH PEOPLE:

1. **Be fully engaged and present in whatever you are doing.** Be fully and mentally focused on what you are doing in the here and now.



2. **Be precisely clear to yourself on what you want or how you can get things done.** You have to understand what you want and what others want. Then figure out how you can mutually benefit the other people involved in getting a thing done. You have to give in order to get. If all you have to give at the moment is a smile, give it.
3. **Help others understand how getting things done for your project can benefit them.** Help them understand where they are and where they will be when they finish helping you get what you need done. Not everyone is as passionate about your goal as you are. They may want something totally different from your interaction with them. Usually it's money and a good feeling about being involved. So help them understand how they are going to receive those things.
4. **You will get people to help you by getting them to trust you and admire you.** They need to know you are not going to screw them over. People who **admire your character** will do more things for you than those who have learned to distrust you. Live out your life in a way that people can see **you care about** them and are looking out for their interest as well. **Your character counts.** The most important thing you need to do is care about the people you are connecting with. This goes for your spouse, kids, and business associates.

# THE GREATEST WORK HABITS TO USE TO GET YOUR PROJECTS DONE ARE:

- **Focus** — focus your life lens to make sure what your working on is the most important thing you need to be doing to get your project done. **The worst thing you can do is do something well that need not be done at all.**



- **Concentration** — the ability to stay with a task until it gets done. You must make sure you work in a straight line. Partially completed task Mind Empowerments your self-esteem, satisfaction, and enhances the chance you will not complete the project. Stay the course. All highly successful people concentrate on the projects at hand and not forty other things at one time.

Use these tactics to maintain a more positive atmosphere in order to get your projects done:

1. **You don't have problems** you have a situation or challenge. The word problem creates a negative mental picture. A situation is something that can be changed without negative connotations. A challenge is something you can rise up to fixing. The best word of all is to say we have and opportunity. We have an opportunity to make the situation better. When talking to people and trying to resolve a situation use those words instead of problem. It's all about attitude.

**2. Pick a tone of voice that will engage people to want to work with you.** The right tone will motivate and the wrong tone will set someone off to fight against you.

The idea of this Mind Empowerment is simple. You need to have goals. Those goals need to have a plan in order to make them happen. That plan needs to be scheduled out each day. We need people to make our goals happen. To do that we need to communicate with them in ways that will get the project done in the most efficient manner. We then need to have focus and concentration on the things we want to accomplish. It sounds like a simple plan but only 5% of the population utilizes these methods. All successful people use some form of these planning strategies to get what they need done.

#### **AFFIRMATION**

**"I FULFILL ALL OF MY GOALS WITH EASE, AND I AM  
HIGHLY MOTIVATED TO CONTINUE DOING SO."**



# MIND EMPOWERMENT 5

*THOUGHTS BECOME WORDS, WORDS BECOME  
ACTIONS, ACTIONS BECOME HABITS, HABITS  
BECOME OUR DESTINY*

Success is found in our daily habits – making them and breaking them is an essential key to reaching our destination.

One of the best ways to break a habit or improve an ability is to:

**1) Write down what the habit or goal is.** This makes it real to your mind. To both your conscious and subconscious. This is important to do.

**2) Make a systematic plan to change the habit or accomplish the goal.** You will make a thousand and one excuses everyday why you got sidetracked from your goal. Your plan is like a GPS that tells you to go here, turn there, make a U-turn and get back on course.

**3) Make sure your plan is well understood by both your mind and your mouth.** Do this by writing the goal down

and then speaking your plan out loud to your self. In this way you visually and audibly imprint your goals to you conscious and subconscious.

**4) Employ everything you've learned and make it happen.** Let go of any self doubt and have faith that it cannot fail. Just do it! Hope is what gives us the desire to live. Every one of the

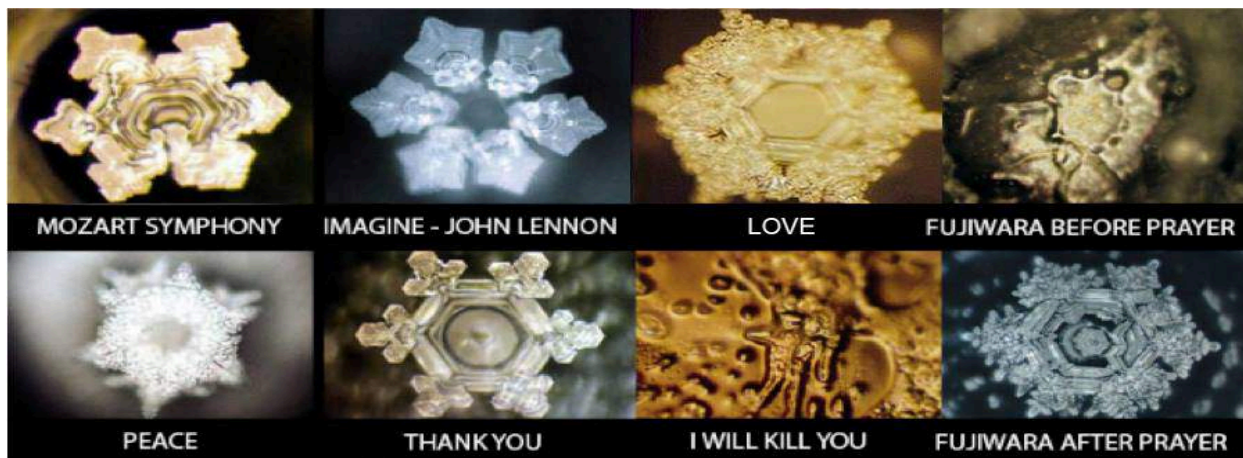


tactics in the MISSION UNSTOPPABLE system leaves you feeling better everyday. Why, because they are God given strategies for life and peace. Jeremiah 29:11 "for I know the plans I have for you," declares the lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

## THINK AND SPEAK SUCCESS

**Make sure each day you speak words of encouragement, not only to others, but also to yourself.** When others ask you about your goal you must speak, as it is a matter of fact that your goals will be achieved. If you speak of all the obstacles, problems, or setbacks, it will take you miles off your course. It may cause you to never achieve your level of success. Negative words lay burdens on yourself and others around you! **Concentrate each day on how can you choose to speak positive about your life and your goals?**

Studies by dr. Masaru Emoto show that emotions and words **can and do alter the physical structure of water crystals.** Positive



encouraging words, when spoken to a vile of water, will change the structure of the water crystals into beautiful uniformed shapes. Negative words and emotions alter the crystals into

deformed shapes. Our bodies are 85% water. The words we speak affect our health and our ability to succeed. Literally words, intentions, and emotions, can alter our physical reality. What is being said here is not just to teach people to be nice to themselves and others, but that words can be literally be sharper than a two edged sword. It can affect our present reality and our future. They are powerful. **Sticks and stones can break bones, and words can help or hurt you!**

Proverbs 18:21 "death and life are in the power of the tongue: and they that love it shall eat the fruit thereof."

Always encourage yourself and others with your thoughts and words! Allow me to tell you what the number one obstacle to all things you wish to achieve is. It is a word and a feeling that once it takes hold in your life will strangle your dreams and goals.

## LET GO OF FEAR

**That word is fear and all it's references,** and it should be eliminated from your thinking and vocabulary. Romans 8:14 "for you didn't receive the spirit of bondage again to fear, but you received the spirit of adoption, by whom we cry, Abba! Father!"

Now I'm not talking about fear in the terms of a healthy respect for things. Running through a cage of hungry bears with a meat suit on could bring on some healthy fear. Jumping from a plane with an umbrella for a parachute could be a cause for healthy fear. I'm talking about unhealthy fear. Fears and doubts of the unknown, which is a byproduct of a lack of faith and hope, will steal your joy about life. God's laws work for me and they work for you. Have faith to believe.

There is only one thing we should really fear in the terms of awe and respect. The Bible tells us that the fear of the lord

is the beginning of wisdom. That means you should have a healthy respect for the God that can give you life and take it away. God can help you reach your goals or he can let you go about it at your own risk.

1 John 4:18 states "there is no fear in love; but perfect love cast out fear: because fear has torment. He that hath fear is not made perfect in love." A wise man once said "most of the things I feared in my life never came true." Take some time to think how can you eliminate the wrong types of fear from your life? Let's put it all together and win!

#### LET'S REFLECT ON "MISSION UNSTOPPABLE"

- 1] What you think about you will become
- 2] You must set goals to keep your thinking on track
- 3] You have to encourage yourself with your speaking / words alter reality!
- 4] You must eliminate fear from all manner of thinking; fear is your dream stealer
- 5] You must write down your dreams and goals - write them down to make them happen
- 6] You must train yourself to repeat this behavior for

Everything you wish to accomplish until it becomes

A part of who you are and how you behave

- 7] Your attitude about where you are now will effect  
How long it takes you to get to where you want to go

In the Bible we read how the Hebrews were set free from the clutches of the pharaoh in Egypt. They set out with riches, wealth, and livestock to journey to the promise land. What



should have been a twelve-day trip took them forty years to make. The generation of Hebrew that left Egypt all died in the wilderness without making it to their promise land. Why? While they were in the desert, [insert here your time of hardship toward your goal], they murmured and complained about their circumstances. They murmured so much that God kept them in the desert roaming around for forty years. The Hebrews were not trusting in God's word that they would be delivered. Insert here [**your complaining and negative thoughts will keep you from reaching your promised land**]. You have seen what words can do to water crystals; think about what murmuring and complaining is doing to your ability to reach your goals. That attitude is sending out a tremendous amount of negative energy. I'm not saying you shouldn't speak out against something that is wrong or unjust. It's speaking about things as if they had already defeated you. When things are a pain, don't complain. Keep your eye on your dream. If you think positive you will get positive in return. If you think negative you will get negative in return. You ask for it you get it. So keep your thoughts and words positive and encouraging with faith to believe. Remember "without faith it is impossible to please God." Have a goal for nothing and you will get nothing. Have a goal for something spectacular and you will get something spectacular.

"As a man soeth so shall he reap"



### Success keys to make sure you get what you desire:

- Don't murmur and complain - it breeds negativity
- Focus on your goal

- Think and be positive even while things are difficult
- Have faith even when things seem impossible
- Have goals to achieve
- Put no limit's on what God can do

2 Corinthians 9:6 says "but this I say, he which sows sparingly shall reap also sparingly; and he which sows bountifully shall reap bountifully"

What God is saying to us as perfectly healthy and capable persons is; your life and the rewards you receive are similar to a farmer planting crops. Your life, mind, body, and the things you receive come from your past and present decisions. If you planted corn, wheat, tomatoes, and watermelon you will receive and eat good things, and in plenty.

If you throw only manure on the field, the only thing you will get is weeds and a crap sandwich to eat later. This is simply how the law of reaping and sowing works. If you hang out with bad people, eat bad food, drink too much alcohol, smoke, think negative thoughts, give in to depression, disfigure & mark up your body, spend your free time watching negative TV, listening to negative rock, rap, & country music, whatever negative you put in it will eventually grow. You may not see the seeds down in the ground now but they can be their waiting to make your life become a garden of weeds. **What will kill those weeds of negativity? A special weed killing solution of positive thoughts, actions, and words that cause those negative influences to wither and die.** Some people try to hold on to a little bit of negativity here and there and pretend it's not affecting them. Jesus tells us that a little leaven leavens up the whole loaf.

As sure as the sun is in the sky obstacles will arise. They will try to drag you down for the moment. You must be patient while you are waiting for your good seeds to grow. You must look

to the future while living in the present. You must speak words of encouragement to yourself, even if it is not happening right this second. In faith you must speak it as if it were and wait for your dream seeds to grow. **Everything grows better in a healthy environment.** Think about that last statement for a moment.

If you have spent your past planting weeds in your garden of life and you are afraid that your weed field is all you will ever have, the good news is you can begin to clean up that field and replant a good crop. You can begin tilling up the soil, pulling those weeds out, and start planting a crop for a new you, right now!

Remember, no one said farming was easy. You spent a lot of time planting those old ways and habits. It will take some effort but you can do it! There is no better feeling than knowing your taking steps out of the old and into the new, knowing God's laws will allow you to be rewarded you for your positive efforts. Please don't do as I have done so many times. I would murmur and complain when the crop was taking to long to grow. Doing this just slows the process down, makes you lose faith, and with enough complaining can even cause God to cancel your harvest! I've learned that the hard way. There is no better time to begin your new life than right now.

## THE POWER OF THE BLESSING

### "BLESSING"

The power of the blessing should not be forgot. "The old testament terms for blessing are many, occurring over 600 times. First, a blessing was a public declaration of a favored status with God. Second, the blessing endowed power for prosperity and

success. In all cases, the blessing served as a guide and motivation to pursue a course of life within the blessing. To be blessed is to be granted special favor by God, which results in joy and prosperity. The terms for blessing in the new testament are used to designate that one is favored by God."

Numbers 6:23-27

English standard version (esv)

**23** "speak to Aaron and his sons, saying, thus you shall bless the people of Israel: you shall say to them,

**24** the lord bless you and keep you;

**25** the lord make his face to shine upon you and be gracious to you;

**26** the lord lift up his countenance upon you and give you peace.

**27** "so shall they put my name upon the people of Israel, and I will bless them."

A blessing should be upon everything you or those you care about pursue in life. A blessing is a spoken statement that attaches God's name to it. Every blessing recorded in the Bible and attached to someone's life came true. Every goal you have should have a blessing spoken upon it in God's name.



**AFFIRMATION**

**"EVERYDAY IS A CHANCE TO CHANGE MY LIFE AND  
SOMEONE ELSE'S FOR THE BETTER."**



**Figure 3 Your Christian Success Gives You Power To Keep America Free And Ultimately The World. Your Church Is Not An Entertainment Center, It's The Hub For The Land Of The Free And Home Of The Brave.**

# MIND EMPOWERMENT 6

## 10 Keys to Achieving Your Goals

### 1/ Attitude & Your Destiny

"I radiate joy to everyone I meet because I live every moment with passion."

**Attitude is the key factor that formulates our success.** How we treat ourselves, life, and other people is a direct reflection of attitude. It is that attitude that determines the paths we choose and the outcome we experience from those choices. So you might as well choose a good one. Our attitude creates an energy field that radiates within us and outside of us.

1. Our attitude at the beginning of a journey determines the outcome and how it affects our life. Determine to start with the right attitude and keep it the whole way through.
2. **Our attitude toward life determines life's attitude toward us.** An old man fell asleep and his grandkids snuck in the room and rubbed garlic in his mustache. When he awoke he said, "something in this room stinks." He walked in the hall and said, "this hall stinks." He walked outside and took a deep breath and said, "the whole world stinks." Sometimes it's not that life stinks but our attitude toward it that can stink. Choose to have an attitude that you are good and look for and attract the good in other people. No matter what you will feel better by doing so. Choose this attitude no matter what others attitudes are.

**3. Our attitude toward others determines their attitude toward us.** We need others in order to succeed and make it down our path to success. Remember the golden rule and treat others how you would want to be treated.

**4. You must become who you want to be before you start walking down your path to success.** You must think, act, and talk like the person you wish to become. Think about how the person you want to be acts, and become that person today.



**5. Surround yourself with people with good attitudes.** The higher the levels of any organization you go the better the attitudes are of the people there. People with good attitudes do not want to be around someone with stinking thinking. When the trash stinks people will take it out. The trash man will then take that trash to the dump where it will get piled up with other smelly trash. So don't let your attitude be smelly trash because life will eventually take you to the trash heap. Be a desired fragrance in the nose of the people you encounter each day. They will want you to be around them; your attitude will have them saying, "I just love the way you smell."



**6. You can only choose two attitudes about life. To be positive or negative.** Since being negative makes you and everyone else feel bad and it can only solve problems in a negative way choose to be positive.

7. **People need to feel needed. Have the attitude that people are important.** To that person they are the most important person in the world. When you treat them important they feel wanted and in return want you to be around them. They trust you, want to do business with you, and learn to love you.
8. **Look for the best in an idea.** Some people look at all the negative things about a subject first and before it even can begin they shoot it down. Look for the positive in people and ideas. You will find you can learn a great deal from looking at things positive first. You may even see something beneficial you didn't think of. You don't have to end up agreeing with it, just look at the positive first.
9. **Keep your personal problems to your self.** When you meet someone you can have positive momentum that can take you both better places in life. Broadcasting your personal problems to everyone is like throwing an anchor over the side of your ship and then trying to sail forward. Imagine you're having a great day and sit down to have lunch and someone starts complaining about the food and then the news or anything else they can think of to complain about. It's like your running smoothly through the race of life and someone runs up beside you and grabs your t-shirt. They want to walk through the race so they need to slow you down so you don't make them feel and look bad. Give them the whole t-shirt if you have to but run on without them. Have the attitude that you have already overcome those problems.
10. **Radiate the idea that you are confident and know where you are going.** Remember without faith it is impossible to please God. We have two choices. One is to be doubtful and worry, which doesn't help anyone, or we can choose to be confident and trust God. Which is called faith. It's a

whole lot more fun to live upbeat and in faith you will have a good outcome than be bogged down with worry and fear. The worry and fear is not going to change things for the better. It will make you feel terrible and no one will want to be around you when you are acting like that. I'm not saying just wish away your problems. I'm saying work through them with confidence and faith. **Speak the exact opposite of any problem you are having.** You can have to attitudes. "What if this doesn't work," or "I have faith that this will work." Which one will work best for reaching your destiny?

**"It is our attitude and the attitude of those we surround ourselves with that has the greatest impact on our path to success"**

*(Matthew 5:3-12; Luke 6:20-23)*

1 blessed *is* the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

2 but his delight *is* in the law of the lord; and in his law doth he meditate day and night.

3 and he shall be like a tree planted by the rivers of water that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

4 the ungodly are not so: but are like the chaff, which the wind driveth away.

5 therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.

6 for the lord knoweth the way of the righteous: but the way of the ungodly shall perish.

## BREAK SOCIAL BARRIERS

Be willing to break social barriers when it comes to reaching your goals. Parents, friends, mentors, and even teachers can be sold a social lie well enough that they become well-intended promoters of negative programming. A type of negative programming that keeps people in a lowered socio-economic mindset. This mindset can be promoted through those sources so well that we can begin to believe that everyone must feel the same way about a certain subject. So in order to feel accepted many people give in and conform to limited ideas. This is the **learned helplessness syndrome**. People can do this while dually believing this huge lie, that is, while they are living in the learned helplessness syndrome they are also fiercely independent and able to succeed. It is true we are able to succeed, but not while we dually believe we are helpless to do so. We can't continue to think and participate in all the things that keep us defeated and still think we can live life to our full potential.

People have told me what their favorite song is and I have politely ask them if they knew what that song was really about. They would say well, I think so. Then when I told them with proof that the song was about joining the church of Satan or going to hell etc. They would get mad at me. I ask you, is it better to let your friend innocently listening to and sing praises to Lucifer, the very oppressor of men's souls, or tell them what the song is about? After time the thing that makes the cycle so hard to break is the people we love and trust, those who do great and kindly works for us, can be the ones innocently helping to promote the propagated social lies that can keep a person down. What happens is the truths they teach us are also mixed in with the lies of the world system and few people can

differentiate or break free from what has now become family and social conditioning.

In moderate cases it can be a generational poverty complex, or the Easter Bunny on resurrection Sunday [falsely called Easter], Santa clause [on the winter solstice Dec. 25th], and then in more extreme cases generational witchcraft. The Easter bunny is a symbol of ancient pagan fertility rights; Santa clause has nothing to do with Christ birth and has been used to take the focus off Jesus, yet people with very good intentions, people trying to be good religious people, participate in the practices every year. They don't even think about why. I never thought about why my family did those things. Everyone else is doing it so it must be ok. This is part of negative social engineering and we have to break free of any and all negative constraints to be set free of its control over our minds. I watched an entire documentary on cultures that still believe their dead relatives are getting up out of their graves and walking around. The whole town would rise up in a panic until they dug up the grave and chopped up the body and reburied the body. The fact that they had to dig up the body and pry open the coffin did not give them any clue that the body had not left that grave. We can call them ignorant, but not while we are participating in things just as mentally constraining.

Think about it. Santa clause and the Easter bunny have been so heavily marketed that even Christians participate in the very things they claim to oppose. I'm making this example not to condemn anyone but to make all of us aware of things we may not have been thinking about in the past. It works in other ways as well. For example, someone's dad says, "Were a Ford family, we buy Fords. Your grandfather worked in the mill, and I worked in the mill, and you should work in the mill. You're a Jones and the Jones buy Fords, work in the mill, hunt for Easter eggs, take

our kids to see Santa, and we are Christian and go to church on Sunday." Because of programming, this is exactly what each generation of the Jones's does. False programing has been going on since the fall of man. When Jesus came to earth the world was under a series of twisted religious beliefs. The calls them "the ways of this world." This false world system is still in place deceiving men's hearts today. When you learn to break free of them you learn to accelerate your ability to allow God's laws to propel you to success.

The Bibles teaching will divide you and your thoughts from those who do not want to escape from the world system. Jesus said, "I have come to set the minds of the captives free." We know that you will become a light in a dark world and as the Bible teaches us, not everyone is going to like you turning on your light. It's our choice; we can take the road less traveled or stay blindly on the broad road of the world. The more aware you are of God's teachings the more knowledge you will have about how to prosper and escape the false and negative teachings. We have to choose if we want everyone to like us or if we want to succeed and succeed with joy and happiness.

Jesus said my people perish for lack of knowledge. That knowledge would be of:

- How to invest and deal with your money
- What your calling in life is and how to live it
- How the negative side is trying to hinder your life
- What God says and how he feels about his children



## Create "your" destiny

Once you determine what your calling is and not what someone else wants your calling to be, you will need a **vision for the future**. Some people were called to lead in certain areas and some were called to support your calling. Your vision for the future within your calling will draw people to support and help make it happen. Passion and energy exist within your calling. **People are drawn to passion and energy.**

Before you pursue your calling you it's a good ideal to take heed to Jesus words or you may very well fail God and yourself. "For which of you, intending to build a tower, sitteth not down first, and count the cost. Whether he has sufficient to finish it? Lest haply, after he hath laid the foundation, and is not able to finish it, all that behold it begin to mock him, saying, this man began to build, and was not able to finish.

## Count the Cost of BUILDING YOUR DREAM

Counting the cost is something very few people do or even think of doing when planning their goals. Yet, it is very important to consider. Write down every way this decision will affect your, and others lives. Your decision are going to affect your and other peoples lives so count the cost. Then consider:

- **Is it of God and is it realistic-** were you gifted with the talents to do this or is it fantasy. If your 93 years old would it be a good idea to plan to be an astronaut? No. If you're fourteen years old living in the ghetto is it possible for you to become an astronaut? Yes.
- **Make a fervent plan** - Jesus said to count the cost and make a plan like a builder of a tower. Create a blueprint before building. When it comes to goals, out of all the people I have

known almost none had a genuine plan to achieve them. They had ideas about them. Dreams about them, but no real step-by-step way they were going to make them happen. Our lives are much more important than a building or a business and all of those have a blueprint. Why doesn't your life?

- **Share the calling and vision** - now after counting the cost and making a plan get people involved who can make the dream come true.

What people should you get to work for and with you in your calling

Jesus picked disciples who would take his messages and multiplied it. They took his message and multiplied it a thousand times over. The people you choose to work with you in your calling should be people who are:

- 1/ **Diligent and faithful** - they will be motivated and loyal to the cause. Not flakey!
- 2/ **Multipliers** - they can independently take your calling and multiply it without you being there.
- 3/ **Leaders** - they can lead and train others

Unless you have a extensive resume on people it will be hard to know if they will be the right ones to carry out your vision and calling. So you will need to test them. There is a story in the Bible of a ruler who gave his servants money to invest while he was away. One created a great return and one a little and one created nothing but excuses. Just like some employees will do today. "My kids been sick, my other job, we

were on vacation, I've been so busy with other things..." If they produce you will consider them for the calling. If they do not they will only be there to steal and hinder that calling. These are what I call the dream stealers and they will choke out the good fruit in your garden of life.

When looking for people to participate in your vision give a time limit for each to accomplish a goal. I.e. "I'm seeing in the next 30 days who can get the most people to buy this or join that." The persons who produce the most will get a position as team leader and a higher commission level etc." Those who produce the most will qualify to be included in the vision. Those who only come up with excuses will not qualify to participate in your calling.

## LEADING YOUR DESTINY

To manage your calling you will need to be a good leader. How did Jesus lead his followers?

- **Serve** - Jesus came as a servant. He came to benefit others. Focus your calling on how it can help the world not just take from it! If you wish to lead you must also learn to serve others. most top CEOs of companies will tell you that they "love working with people." Remember to give and it shall be given unto you!
- **Lead producers** - twenty percent of people are producers the rest will bury their leaders dream in the dirt. I.e. 80% of people are workers who need to be cultivated constantly to make things happen. 20% can grow and produce with little maintenance. You want leaders and

producers. Trying to get the 80% to produce will exhaust 100% of your time. When it comes to your calling lead and work with producers and don't waste your time chasing the 80%. If they say they will do something and they do it. You want those people. If they do not... Let them go. They are dream stealers! To determine who should work with you give prospects a time limit and a goal to reach. This gives you an excuse to keep or release the person from your destiny goals.

- **Choose multipliers** - as just mentioned, you want to choose people who can multiply your calling. let's say your calling is to raise awareness for a certain subject.  
if you have ten people in mind who might be good at getting people involved in this mission; set a meeting in thirty days and ask your ten prospects to bring as many people to the first meeting as they can. Those who bring the most are your multipliers. Your greatest attention goes to the greatest producers.
- **Teach producers to produce** - teach your producers the principals you are applying.  
now they in turn will focus on recruiting producers.
- **Bless your vision** - attach God's name to the vision. Once God's name is attached, no man can take it away. It is empowered with the name of the creator of all things. Record all your goals and vision and attach a blessing upon them.

Then set all these things loose unto the universe and watch them grow.

## MISSION UNSTOPPABLE REVIEW

WHAT IS IT THAT KEEPS YOUR MIND THINKING IN THE RIGHT DIRECTION?

1] **Having a moral compass to live by:** a set of trusted guidelines that give positive directions.

2] Having clear cut goals:

- Rich or poor success and peace is not found in wealth alone. Make your goals more than just money.
- Life is a gift that we are to live out boldly and enjoy; to help others along the way, spread hope, love, and kindness where we can, protect the weak, fight for justice, and stand for freedom.
- Jesus said, "ones life does not consist in the abundance of possessions."
- Remember, "you will become what you think about." Again, you will become what you think about all day long.
- Who you perceive yourself becoming is who you will become, even if you have not obtained that goal yet your vision is directing it.
- You must **walk by faith** until you reach your goals.
- The Bible tells us in 1 Corinthians 7:5 "your faith should not stand in the wisdom of men, but in the power of god."
- You must think about the things you wish to become! Success will not come if you are thinking of the things you wish to become and at the same time about all the things you think stink about your life.

Mark 9:23 Jesus said, "if thou canst believe, all things are possible to him that believeth."

These two things can be the most vital links to success.

Your thoughts and your words

- Your mouth also affects your success.
- Words for good -

The Bible tells us in proverbs 10:11 "the mouth of the righteous is a fountain of life."

- Words for bad - proverbs 6:12 a worthless person: "a man of iniquity is he that walketh with a perverse mouth."
- You must speak words of encouragement not only to others but also to yourself.

Encourage yourself with your thoughts and words! Allow me to tell you what the number one obstacle to all things you wish to achieve is. It is a word and a feeling that once it takes hold in your life will strangle your dreams and goals. **That word is fear.**

- Fear of the unknown. Fear and disbelief that god and the laws he set forth will not work for you.
- There is only one thing we should really fear. The Bible tells us that the fear of the lord is the beginning of wisdom.

Let's reflect on "MISSION UNSTOPPABLE"

- 1] What you think about you will become
- 2] You must set goals to keep your thinking on track
- 3] You have to encourage yourself with your speaking
- 4] You must eliminate fear from all manner of thinking, fear is your dream stealer
- 5] You must write down your dreams and goals - write

them down to make them happen

6] You must train yourself to repeat this behavior for everything you wish to accomplish until it becomes a part of who you are and how you behave

7] Your attitude about where you are now will effect how long it takes you to get to where you want to go [your complaining and negative thoughts will keep you from reaching your promised land].

“As A Man Soeth So Shall He Reap”

- Don't murmur and complain - it breeds negativity
- Focus on your goal
- Think and be positive even while things are difficult
- Have faith even when things seem impossible
- Have goals to achieve
- Put no limit's on what god can do

2 Corinthians 9:6 says “but this I say, he which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap bountifully”

“Blessing”

- A blessing should be upon everything you or those you care about pursue in life.
- Write your goals and place a blessing upon them.

Follow Your Calling

Once you reconcile with your calling you will need a **vision for the future**. Some people were called to lead in certain areas and some were called to support your calling. Your vision for the future within your calling will draw people to support and help make it happen. Passion and energy exist within your calling.

People are drawn to passion and energy. Go and make your and others dreams come true. Fight the good fight.

Affirmation

"I am passionate about my path in life and pursue it with intensity and fervor."





# MIND EMPOWERMENT 7

## MONEY

Life isn't about getting and having, it's about giving and being. Kevin Kruse

"MISSION UNSTOPPABLE" was not created to be another self-help guide that leads you to trust in a vague or mystical force on an undefined path. "MISSION UNSTOPPABLE" leads you to trust in and follow the living God. I hope this information has begun to open up your heart and mind a little farther and deepened your ability to trust the master and his plan for success.



What about

money?

Money principals

There are five hundred verses in the Bible on faith, five hundred on prayer, and two thousand on managing your finances. Before you go to far in your planning it is important to understand how to manage and deal with your money. If you want to be happy with the money you have I would suggest managing your finances in ways God approves. Planning and investing in

ways that will benefit you and others. Here are some biblical principals to ponder while planning your future finances.

Financial principals: put thought into what you are doing with your money. ***Poor is he who works with a negligent hand, but the hand of the diligent makes rich. Proverbs 10:4.*** The fact that you are making plans is the first step in a diligent preparation of your finances.

1/ Honesty - be honest in your financial endeavors. Plan to make money in honest and moral ways. Whatever it is you plan to do, do it without a form of deception. Lying lips are an abomination to the lord, but those who deal faithfully are his delight [proverbs 12:22]. What are you planning to do with your money?

2/ Plan - you will have abundance because you planned for it and you will be poor because you planned for it. Pick which one you want, because you will get it. *The sluggard does not plow after the autumn, so he begs during the harvest and has nothing [proverbs 20:4].* That scripture applies to healthy minded and physically capable people who can work but wont work. Plan to plow and harvest your financial field today!

3/ Be noble - use your money for noble purposes! Don't let greed steal your soul. "for the love of money is the root of all evil, which while some coveted after, they have pierced themselves through with many sorrows." [1 timothy 6-10] plan to use and receive money with moral and biblical intentions. What are you planning to do with your money?

4/ Bless others - pre-plan how you can use some of your money to **bless others** and peace will follow. Sorrow comes when you only plan how you can use money for yourself. ***"It is the blessing of the lord that makes rich, and he adds no sorrow to it"***[proverbs 10:22].

5/ Return on investment r.o.i. - borrow only on items that bring guaranteed return on investment. I.e. Don't use credit cards to

buy perishable items or toys. "the rich rules over the poor, and the borrower becomes the lenders slave" [proverbs 22:7] when you go in debt to buy a car, you become a slave to the lender. When the value of the car declines faster than the payoff is made you become trapped. When you borrow to invest in real estate, generally in time, the value of the property will increase above the indebted amount. Using credit cards or loans on perishable items like clothes, Christmas toys, vacations, jewelry etc., will make you a slave to the lender. What things do you use credit on you shouldn't?

6/ **No debt** - if you do not have a guaranteed way of paying something back, do not borrow the money. "do not be among those who give pledges, among those who become guarantors [persons who owe the money] for debt, if you have nothing with which to pay, why should he take your bed from under you?" [proverbs 22:26-27]

7/ **Buy smart** - **buy what you need and sometimes what you want.** Don't buy what commercials and advertisers are trying to trick you into buying. Be wise, commercial advertisers are using every means possible to utilize **controlling types** of techniques to reach into your sub-conscious and get you to purchase junk you do not need. Examine the commercials and see if fear, greed, lust, impatience, and a host of other negative emotional factors are not being manipulated by advertisements. Just because we have grown comfortable to seeing these advertisements doesn't mean they are not financially and psychologically harmful to us. **"it was for freedom that Christ set us free; therefore keep standing firm and do not be subject again to a yoke of slavery"** [Galatians 5:1]. Be mindful of the shows and commercials you are seeing. If you will make your mind subject to the will of God, you will not be brought into the world of debt being pushed on you through advertised commercial products. **The commercials and ads we subject ourselves to do affect us! They do sway your**

**opinions and buying habit's, and they will cause you to buy things you don't really need or want. These commercials can also change the way you view life.**

When a politician runs for office almost their entire campaign is nothing but a commercial. You can end up voting for someone you do not know, never heard of before, simply on the influence of continuously run commercials. Like it or not they do work. The more commercials you watch, read, or listen to, the more debt you may incur in your life. People are so addicted to advertisements they will actually get mad if you mute the television when one comes on. Commercials have become a false sense of information to them. If the ads didn't work advertisers would have stopped using them long ago. Commercials do work on you and me. Listen closely, they do work on you, not just on the weak minded! Mute them, turn them off, and don't read them! They are attempts to sway you off of your daily life course. Someone else is trying to stop you from pursuing your dream that day in order to make their dream come true. Look at these statistics:

### *How TV is costing you money and crushing your dreams*

According to the A.C. Nielsen co., the average American watches more than 4 hours of TV each day (or 28 hours/week, or 2 months of nonstop TV-watching per year). 2 entire 24-hour day months out of every year!!! In a 65-year life, that person will have spent 9 years glued to the tube. The hours per day that TV is on in an average U.S. home: 6 hours, 47 minutes

Percentage of Americans that regularly watch television while eating dinner: 66%

Number of hours of TV watched annually by Americans: 250 billion  
Value of that time assuming an average wage of \$5/hour: \$1.25 trillion

Hours per year the average American youth spends in school: 900 hours

Hours per year the average American youth watches television: 1500

Number of murders seen on TV by the time an average child finishes elementary school: 8,000 murders watched by children

Number of violent acts seen on TV by age 18: 200,000

Percentage of Americans who believe TV violence helps precipitate real life mayhem: 79%

Number of 30-second TV commercials seen in a year by an average child: 20,000

Numbers of TV commercials seen by the average person by age 65: 2 million

Percentage of survey participants (1993) who said that TV commercials

Aimed at children make them too materialistic: 92%

Total spending by 100 leading TV advertisers in 1993: \$15 billion

Percentage of local TV news broadcast time devoted to advertising: 30%

Percentage devoted to stories about crime, disaster and war: 53.8%

Percentage devoted to public service announcements: 0.7%

Percentage of Americans who can name the three stooges: 59%

Percentage who can name at least three justices of the U.S. Supreme Court: 17%

TV & advertising can lead you to debt and mental poverty.

Those statistics were from 1993. Imagine what they are now!

## How can you start getting out of debt?

### **Biblical principles**

1/ Calculate the cost - again I will emphasize Jesus words. "Which one of you, when he wants to build a tower, does not first sit down and calculate the cost to see if he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who observe it begin to ridicule him, saying, "This man began to build and was not able to finish" [Luke 14:28-30]. Before you begin any venture calculate the real cost and resources needed to finish the entire project. So many people jump into this or that business, investment, or purchase knowing little to nothing about it. Opportunities can be sold to us and seem like a great way to reach financial freedom only to be found six months later as a bank account draining venture. We all want out of financial problems as fast as possible and there are plans that take hard work and time to build and there are plans that can make us wealthy in a short amount of time. These healthy wealth-building plans come through applying biblical principals. Before going into any job or entrepreneur venture, "consider the end." No commander should ever go into battle without a plan. The master said to plan things out, so look before you leap and plan it out. "The plans of the diligent lead surely to advantage, but everyone who is hasty comes surely to poverty" [proverbs 21:5].

2/ Avoid negative influences - they are people and things that steal your wealth. "The prudent sees the evil and hides himself, but the naive go on, and are punished for it" [proverbs 22:3]. What you are influenced by will affect your wealth. Your influences will either increase wealth or decrease it. Obeying God's principals will lead to increase, letting yourself become addicted to things like tobacco will lead to decrease. Only you

know what your secret vices are and how they may be draining your bank account or leading to an early grave. A good way to be real with yourself is to write down what those things are and admit to yourself how they are affecting you. Write down the good and the bad. Contemplate their implications in your life, bring them before God, and make some simple plans to improve on the good ones and protect yourself from the bad ones.

3/ Be prudent with your possessions - *"There is precious treasure and oil in the dwelling of the wise, but a foolish man swallows it up"* [proverbs 21:20]. A smart person is not wasteful with what they have been blessed with. The foolish person when receiving wealth immediately thinks how they can spend it on their temporary pleasure. For example: johns grandfather died and left him some money. What is the first thing john thinks of doing? Vegas baby! I meet a lot of john's everyday. Don't be a john when it comes to finances. Most people who won the lottery admit it made their life worse. Some even ended up in jail or an early grave. Honestly it could happen to each and every one of us without applying God's principals to wealth. Think about this, you may not be a millionaire yet because God is protecting you from yourself. A sound mental and spiritual foundation is needed to prepare us to handle wealth. Prepare your financial fortress by first building a firm foundation for it to stand. The opposite of the spend it all person is the miser.

### *DON'T BE A MISER*

Misers may have money but they don't prosper spiritually. Misers are people who have a bad attitude when it comes to spending or giving money. A miser has become infected with the cancer of greed. Most of us **desire to prosper both financially and emotionally**. We desire money so we can experience and enjoy

more things in life. It is so easy for the balances of finances and a spiritual relationship with God to break down. If you begin to receive financial blessing from God please don't make the mistake of starting to hoard it. What I mean is you stop giving money or give very, very, small amounts back to organizations doing works in God's name.

Susan's business has really started to prosper; she made ten thousand dollars this month. Susan bought a new Gucci purse Friday and then put one dollar in the offering plate at church on Sunday. How long do you think God's blessing on Susan's business will last? Susan will start to acquire **lots of stuff** and become more and more **empty spiritually**. It's happened to me so I know first hand how the process works. ***"Now I say, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully" [2 Corinthians 9:6]***. It is a good idea to make a decision right now to be happy and content with lots of money and also happy and content without lots of money. Trust me, once you get money and lots of it, the money itself will not bring you a utopian life. ***"make sure your character is free from the love of money, being content with what you have; for Jesus himself has said, "I will never desert you, nor will I ever forsake you [Hebrews 13:5]***. It is the spirit you take with you, be it rich or poor, which will bring peace. I'd rather be rich than poor, but I'd rather be poor and happy than rich and sad!

4/ **Decide to give** - Why? Does God have to have your money to get things done? Ultimately, no, but he does require you to remember it is through him that you exist, earn a living, and have the ability to do the things you are healthy enough to do. In order for you not to forget about God's gifts, and so the cancer of greed does not overtake you, God requires you tithe at least ten percent of all you earn. ***"You shall surely tithe all the***



*produce from what you sow, which comes out of the field every year. You shall eat in the presence of the lord your God, at the place where he chooses to establish his name, the tithe of your grain, your new wine your oil, and the firstborn of your herd and your flock, so that you may learn to fear the lord your God always."* [Deuteronomy 14:22-23]. The tithe is what God requires of us, anything we give over and above what is required is a gift to others. *"Each one must do as he has purposed in his heart, not grudgingly, or under compulsion, for God loves a cheerful giver"* [2 Corinthians 9:6-7]. I will speak more on giving later. It is important to keep giving on your mind as you start to make future plans.

5/ **Be like you** - Not like the Jones. When you begin to imagine how you would like your life, finances, and possessions to be, do it on your own terms. Picture things the way that would bring happiness to yourself. Not how the Jones next door are living. What is right for the Jones may not be what God's plan is for you. God knows what's best for you and what's worst for you. The things the Joneses have may bog you down from achieving your dreams. Those things may actually cause you harm. There is a pretty serious reason made coveting a serious concern. If it's that serious to God, we should make it a top priority when planning our future. *"You shall not covet your neighbors house; you shall not covet your neighbors wife or his male servants or his female servants or his ox [car] or his donkey [boat, toys, business] or anything that belongs to your neighbor"* [exodus 20:17]. God may have a future plan for you to possess material wealth much greater than the Joneses so don't limit yourself to coveting what they have or you may only get what they've got.

6/ **Be thankful** when you give and receive money. It might be a good idea to plan in your mind to remember to say thanks when you get what you desire. *"whatever you do in word or deed, do*

**all in the name of the lord Jesus, giving thanks through him to God the father" [Colossians 3:17].** If you kept giving a child valuable items and the child became so spoiled that they didn't even bother to say thanks anymore; would you feel like giving them another valuable item? I would start to think that it might be a good idea this kid spend a little time without all the gifts. Let them struggle for a while and appreciate the value of hard work and generosity. Then they will learn to be thankful for what they receive. If you want to end up right back where you started or worse, stop telling God thanks. I think the words of the day in our next prayer should be thank you, thank you very much God! Even if you don't have money now, being thankful for whatever you do have or may later receive is not only right, it's a smart thing to do.

7/ **Be blessed** - having **blessed finances and spiritual gifts are not only good but bring glory to God!** It doesn't have to be all about money, but if you have it, and you are bringing glory to God, it's a good thing. In the middle ages there was an idea that being poor meant you were closer to God. This was a false ideology started by a roman monk named Popini. This was nothing more than a clever plan to get people to give up what little they had to support the Vatican government. So if the poor became closer to God, what were the clergy members of the roman church dripping in jewels, clothed in kingly robes, and drinking from golden cups? This was nothing more than a systematically planned philosophy that has falsely stuck in the minds of the world. The poverty philosophy is in contradiction to what the Bible says about wealth. King David was wealthy and a man after God's own heart, Abraham was wealthy in cattle, land, gold, and silver. Moses had sat in the court of pharaoh, and became the leader of the Jewish nation. Solomon is said to have been the richest man who has ever lived and he wrote many Mind

Empowerments of the Bible. I choose to trust what the Bible says to be truth, what the original church fathers taught and not what false religious teachers desire.

I wish with all my heart people would follow God first and then examine if what their leaders are saying is in obedience to what God really said. You can be poor and close to God, and you can be rich and close to God. If you're planning to be rich, do it with God in mind. ***"My father is glorified by this, that you bear much fruit, and so prove to be my disciple" john 15:8].*** That fruit can be in the form of winning people to the kingdom of God or prospering in other ways of your life.

**8/ Do everything with God in mind** – plan your life around what God's word says. Think and meditate on his ways, pray and seek guidance, and you will most likely seek a path of blessings. The problem is most people, even Christians, have secretly been led to serve the God mammon. Mammon is known to be a spirit of greed. Jesus said that you cannot serve God and mammon at the same time. You are allowed to be rich, but the money must be serving God first, then you.

Masters financial plan to take

1/ set up your finances in divisions:

- a/ tithe & offerings 10%/10% of income
- b/ savings 10% of income
- c/ investing 20% of income
- d/ living 50% of income

- **Tithes** are 10% of income to support the synagogue or church.
- **Offerings** are monies to go to help others in need
- **Savings** monies needed for future events
- **Investing** used for ventures that bring a return
- **Living** monies needed to buy food, pay electric bill etc.

Why most people fail with money is they do not follow biblical principals and they spend 100% of their money on

living. If they make \$4,000 a month they will get a **\$1800 mortgage, a \$200 car payment, a \$100 cell phone bill, utilities of \$300, food \$350, entertainment \$500, college loans \$200, fuel \$275, clothes \$200... Total of \$3925 out of a \$4,000 paycheck.** Leaving them \$75 in their bank account until next paycheck.

The idea is to arrange your life and lifestyle in a matter to match the above master's formula. Then **you live off of the living expense.** In order to move from slavery to freedom a \$4,000 paycheck should create a living expense of \$2,000. At first this formula will seem crazy impossible to some of you. Time to pray and plan.

A good idea would be to:

- Open separate bank accounts for each of the categories. Four separate accounts which can all be easily managed with online banking.

Tithe & offering account	10% + 10% = 20% of income
Savings account	10% of income
Investing account	20% of income
Living account	<u>50%</u> of income
	100%

- Remember to separate the money immediately - divide the money immediately before or after it goes into your main account. It will keep you from spending 100% of your monies on living. After your checks are deposited calculate what amounts go where and transfer them into each account.

Within all of our decisions we need to be able to read the signs of the seasons and forecast future events. This will help us to strategically plan for the future.

## MIND EMPOWERMENT 7 REVIEW

### MONEY PRINCIPALS

Poor is he who works with a negligent hand, but the hand of the diligent makes rich. Proverbs 10:4.

#### HOW TO DEAL WITH MONEY

- 1/ **HONESTY** - be honest in your financial endeavors.
- 2/ **PLAN** - you will have abundance because you planned for it and you will be poor because you planned for it.
- 3/ **BE NOBLE** - use your money for noble purposes!
- 4/ **BLESS OTHERS** - pre-plan how you can use some of your money to **bless others** and peace will follow.
- 5/ **R.O.I. ONLY** - borrow only on items that bring guaranteed return on investment.
- 6/ **NO DEBT** - if you do not have a guaranteed way of paying something back, do not borrow the money.
- 7/ **BUY SMART** - buy what you need and sometimes what you want.

### HOW CAN YOU START GETTING OUT OF DEBT?

1/ **Calculate the cost.** Before you begin any venture calculate the real cost and resources needed to finish the entire project. So many people jump into this or that business or investment knowing little to nothing about it.

"The plans of the diligent lead surely to advantage, but everyone who is hasty comes surely to poverty" [proverbs 21:5].

2/ **Avoid negative influences** that steal your wealth. "The prudent sees the evil and hides himself, but the naive go on, and are punished for it" [proverbs 22:3]

Obeying GOD'S principals will lead to increase

3/ Be prudent with your possessions "there is precious treasure and oil in the dwelling of the wise, but a foolish man swallows it up" [proverbs 21:20].

4/ decide to give "each one must do as he has purposed in his heart, not grudgingly, or under compulsion, for God loves a cheerful giver" [2 Corinthians 9:6-7].

5/ **BE LIKE YOU**, not like the Jones. God may have a future plan for you to possess material wealth much greater than the Jones, so DON'T LIMIT yourself to coveting what they have or you may only get what they've got.

6/ BE THANKFUL "whatever you do in word or deed, do all in the name of the lord Jesus, giving thanks through HIM to God the Father" [Colossians 3:17].

7/ BE BLESSED having blessed finances and spiritual gifts are not only good but bring glory to God!

"My Father is glorified by this, that you bear much fruit, and so prove to be my disciple" john 15:8].

8/ **DO EVERYTHING WITH GOD IN MIND** IF YOU PLAN YOUR LIFE AROUND WHAT GOD'S WORD SAYS. THINK AND MEDITATE ON HIS WAYS, PRAY AND SEEK GUIDANCE, YOU WILL MOST LIKELY SEEK A PATH OF BLESSINGS.

A FINANCIAL PLAN TO TAKE

1/ SET UP YOUR FINANCES IN DIVISIONS:

A/ tithe & offerings 10% and 10% of your income

b/ savings 10% of your income

c/ investing 20% of your income

d/ living 50% of your income

Affirmation

"God is my source for all wealth and spiritual substance. He can supply all my needs and healthy desires.

# MIND EMPOWERMENT 8

The two most important days in your life are the day you are born and the day you find out why. —Mark Twain

## SUCCESS IN HEALTH

Frank was a 58-year-old grandfather who un-expectantly found himself raising his grandson Timmy. His son Roger was a marine who had been killed in action in the Iraq war. Roger's wife Emily died of cancer a year later. Frank had been a truck driver and the long hours on the road along with his poor eating habit's had led to almost 70 lbs.

In weight gain. His wife Nancy, former high school beauty queen, had always been the apple of his eye. As the years past and the days of the beauty pageants had long been behind her she too had gained far more weight than she would like to admit. Both frank and Nancy had done a lot of



eating as a form of comfort to deal with the loss of their beloved son. The bathroom scales had seen nothing but dust for quit a few years.

One Christmas Timmy had excitingly come down stairs and there were frank and Nancy waiting to see the excited look on his face. As the morning went on Timmy came over and gave his grandparent's both a loving hug. He said in his innocence, "I've got the best life ever. Not only did I have the best Christmas ever I got to spend it with my grandparent's who look just like Mr. And Mrs. Claus." Frank chuckled but Nancy wasn't so amused

about that innocent but eye opening statement. She said, "Timmy do you really think we look like Mr. And Mrs. Claus." "yep nanny, just like them."

That's the day Nancy the beauty queen woke up. She thought to herself "oh no I don't look like Mrs. Santa clause." But the reality was she kinda did. Later that afternoon as she saw frank sneak back in the kitchen for a second piece of Christmas cake she said, "oh no you don't Santa clause, today Mr. And Mrs. Santa clause are moving back to the north pole where they belong. Because they are not living in this house another day." Frank still wanting to feed his insulin roller coaster of a body said, "what, your serious?" Oh, he could tell by the look in Nancy's eye she meant what she said. The one thing about Nancy was, when it came to putting her mind to making something look good, be it decorating a house, wrapping a present, or getting ready for a beauty pageant, she was determined to do it. You better believe that made frank a little nervous. "you mean I can't have this one last piece of cake?" Nancy looked at him and said, "Mrs. Clause is leaving Nancy's house and Mr. Claus is going with her."

She picked up the wastebasket and walked over to frank and held it out toward him. "what's it going to be, Santa or frank." Frank reluctantly reached out to drop the cake in the wastebasket as if he was being asked to give up his kidney. He actually thought to himself for a brief moment, "maybe I can just lick my fingers when she's not looking." Then Nancy handed him a napkin and he knew the game was over. Santa was headed back to the North Pole. Nancy looked at him and said, "were cleaning out this kitchen and throwing out everything that's not good, and your gonna help me do it. Eating is not going to bring our son back and I know you want to live long enough to see our grandson grow up and start a family of his own. So tomorrow we



get to it." Frank thought for a second, this time letting go of the secret obsession to dig that piece of cake out of the trash can when Nancy went to bed and said, "your right honey, your right."

The next day they cleaned out the cupboards and pantry of all the junk food they had tucked away. Out went franks beloved breakfast Danishes that he couldn't even pronounce half the ingredient in. The ground beef and cheese, hot dogs, and white flour buns. Every thing frank took out of the cupboard he sat on the counter top and asked, "you think this is that bad for you?" He already knew the answer; he just kept hoping there was some little tidbit of his past addictions he could hold onto just for sanity sake. Nancy would pick each item up and say things like, "what did the doctor say about your blood sugar?" "Santa can have that up in the north pole all he likes cause it's gonna be real cold here too if it stays." So out went the cans of soda with thirteen teaspoons of sugar in each can. Out went Nancy's secret stash of sugar cookies at nine hundred calories a row. She had kept those hidden from frank even though frank didn't even like them. Everything they had been gobbling down from sausage to cakes went to the garbage can.

Nancy sat down with frank and they went online to find a good program to help them lose the weight and stick with it. They had both grown up on a farm and knew natural was the best. Frank still going through withdraws from not getting his honey bun fix said, "were not going to have to eat just tofu and sprouts are we?" Nancy laughed "you know how I love tofu and sprouts, I can cut the tofu in the shape of your honey buns and you'll never know the difference." "very funny, said frank." So, they found a good program and Nancy even got frank to drink homemade vegetable juice, which he never would have thought he'd like. They lost weight, frank faster than Nancy, which made her

a little tift cause he didn't even try as hard. Eight months later they were out in the yard and Timmy had come home from playing with the neighbors boy and ran up and gave his grandmother a hug. Timmy did something that shocked his nana. He kept squeezing her and started yelling at his pa-pa. "look papaw look, I can get my arms all the way around nana now she's not Mrs. Claus anymore." Frank looked at Timmy and said "no son, that's Nancy barrister beauty queen of Sycamore County."

This is just a brief story but a very important one. The most neglected areas in most people's lives is their health. There seems to be such an extreme in the area of health and fitness; someone is either working their way toward obesity or on a dizzying ride to mimic some steroid induced image from a fitness magazine.

The Bible asked "what will it profit a man if he gains the whole world and loses his soul?"

## WHAT AND HOW TO EAT

Can you place a value on your health? Would you sell one of your eyes for two million dollars? How about both your eyes for four million dollars? No, you would not. Just the same, millions of people each year sacrifice their bodies on the altar of their job or schedule.

There are thousands of books out there that tell you how to eat healthy and lose weight. What I'm telling you is that as of right now you need to start thinking about what it is you are actually doing to your body. Almost everything you do should have your health in mind. If you are thinking successfully you will know that without your health you are not much good to anyone. How can you take care of your spouse, or children if you are sick?

How can you earn money or give back to your community? You can't! Your lifestyle decisions determine whether you become a help or a burden to those you love. This of course does not include those who cannot help their condition or the elderly. Those of you who are making yourselves overweight before your time need to think about what you are doing to yourself. Whatever the reason is you started it's time to stop and start eating to live and not living to eat. Eat crap and you will feel and look like crap. Eat healthy and you will get what you invest in, good health and good looks.

If the fast food companies can keep using subliminal advertising tactics to circumnavigate your logic and get you to give in to eating their food they know they can get you addicted. If the fitness companies, magazines, and supplement producers, can continue to get to you they can control you and drive you to the point of fitness narcissism. A place where you become so obsessed with the way you look that you drive yourself almost insane trying to look perfect. This is followed by eating disorders and self esteem issues that become ever more difficult to get control of. This creates a terrible cycle of physical and mental imbalance.

Do you want to be successful? You have to live long enough to get there and enjoy it. From this moment on think about your health more than just your image of health. If you eat and exercise at healthy levels your body will take care of the rest. The number one thing you can do is put down the magazines and turn off the TV. Stop listening to dr. "foe" or whoever it is that is secretly pushing products on you.

I owned a gym and martial arts studio and had been involved in the health and fitness community for nearly 20 years. I have seen both ends of the spectrum and know the extremes first hand.

It is so important you think about what you are doing and eating. **You literally are what you eat.**

What's the number one reason people gain weight and are not healthy. Food choices! Not calories or overeating. **Bad food choices!** So-called health foods are usually just as bad for you as some junk food. Pills, potions, and weight loss promotions are usually unhealthy. If you cut out certain foods and eat others your body will actually burn more fat while you eat more food. You just need to know what to eat and what not!

### *Foods that make you fat:*

The foods that make you fat are the ones that turn to sugar quickly or are high in fat content. Sugar increases insulin production and that triggers fat storage. Calories are not the problem. Unnatural sugar and foods that turn to sugar quickly are. The farther it is away from something God made and in it's simplest forms the more fattening it is. Fruit and vegetables are good. A casserole or baked lasagna is processed, combined, manipulated, and calorie enhanced, bad. When you spike your insulin it later comes down, a crash. That results in strong food cravings in order to bring back balance to the body. The yo-yo effect. That's why diets plans and pills don't work.

**Not all carbs are bad.** We are meant to consume certain carbs for fuel. They even help us burn fat. Like fruit's and vegetables. **Not all fats are bad.** Fat doesn't make you fat! The right kinds of fats give your body the fuel to burn off the stored fat. **Eat the right type of fat = burn fat.** Eat the wrong type equals store fat. Read the label and if there are ingredients of things you can't pronounce then your body doesn't know what it is either. Your liver helps get rid of fat. If your liver spends all it's time trying to get rid of all the fake,

poisonous, ingredients of processed food it can't focus on getting rid of your fat. The simpler the food, the less the ingredients that are not God made, the thinner you will be. **Complex food combinations equal fat which equals unhealthy!** If it's not real food it's bad. Bread with margarine, soda, spaghetti, processed sauce, cake, that's fat making food. Remember, natural fats are good for you. **Simple = lean muscle = healthy.**

Here is an important point. **Don't ever count a calorie again.** You can't keep up with them anyway. Adam and Eve up until the past hundred years never counted a calorie. All you have to do is eat healthy and your body will take care of itself. When you eat processed food it has the calories printed on the label. When you eat an apple it doesn't. The reason is because we don't have to count calories when we eat healthy. God knows what he's doing so just eat healthy stuff and don't worry about the rest. Don't worry about the carbs in an apple or orange. **Just eliminate the bad stuff and your body will lose weight and stay lean.** Calorie restricted diets make you gain weight. When you restrict calories, for survival reasons, your body thinks it's starving and it will try to hold onto the fat stores. You then end up burning off muscle instead! Have you ever seen a gorilla, monkey, bird, horse, or any animal ever worry about a calorie? God didn't intend for you to either! The longer the list of ingredients on a label the more likely it will be that it will make you fat.

## 4 WHITE FOODS TO NEVER EAT TO MAINTAIN HEALTH

### Sugar

The average American consumes 50 teaspoons of sugar a day. Imagine scooping 50 teaspoons of sugar into a bowl and eating that everyday. Sugar does not simply come from the cane and end up on your table.

Table sugar or refined sugar has no fiber, no real nutritional value, and is actually harmful to our immune system. Most Americans consume up to 170 lbs. of sugar a year. Is that considered a safe food to consume?

**That is about 50 teaspoons of sugar each and every day.** Don't think that's possible. One soda can contain up to 13 teaspoons of sugar per serving. Have two of those a day. Eat one bowl of ice cream and you may consume 23 teaspoons of sugar. Eat a bowl of the typical children's cereal and you may be getting 5 to 10 teaspoons of sugar. 4 grams of sugar is about 1 teaspoon of sugar. So if a cereal has 32 grams of sugar per bowl you will have just eaten 8 teaspoons of sugar.

### Table salt

Why is refined salt bad

A/ The refining process is quite toxic to the body. The refining process strips almost 80% of some essential elements from it. Toxic chemicals are added to prevent salt from absorbing moisture for shelf life.

B/ It is almost totally unusable by the body. It can even act as a poison to the body. It can imbalance our fluid levels, our circulatory system, and disrupt our normal body balances. One ounce of ingested table salt will cause the body to seize and

hold 3 quarts of water - or 6 pounds of excess bodily water and fluids. This is the body's effort to dilute this extremely toxic substance. It retains the water to keep the toxic solution in suspension.

C/ Salt contributes to or aggravates a host of salt sicknesses, including but not limited to: edema, obesity, hypertension, coronary heart disease, myocardial infarction, angina pectoris, stroke, congestive heart failure, kidney failure, pms, manic-depression, etc.

D/ It is the primary cause of high blood pressure.

White bread

Grains and breads

Refined grain foods, though they have been taught to us as being good, may actually be harmful to our bodies. Now understand, there is a difference between refined grains and whole grains. Whole grains and refined grains will both convert to sugar quickly and in excess will aid in weight gain. Wheat is acidic and one of the least desirable of all the grains. Don't get lost here and think that you should switch from wheat bread to white! It means of the whole grains wheat is less desirable. This can be seen in all the problems caused by wheat gluten.

Refined grains are very starchy and as mentioned before can be hard for the digestive system to process. When they are consumed they cause a lot of mucus formation. A high amount of gluten coming from too much wheat, oats, and barley has been found to have a link to learning disorders, and even schizophrenia. They also can cause: yeast infections, asthma, allergies, congestive problems, types of arthritis, and can cause overeating disorders. (source, "grain damage" by Douglas Graham, d.c.) it can cause candida.

Physical problems related to refined grains:

pms, acne, malnutrition, intellectual malfunction, heart disease, addictions, bone loss, bloating, candidiasis, fatigue, cravings, hormonal disorders, hyperactivity, insomnia, mental illness, mood swings, depression, concentration issues, psoriasis, etc. Behind animal products and refined sugar, refined grains are the third leading cause of sickness.

Make one of your goals on your list and make it of high priority to manage your health. Read a good book on the subject not a fitness magazine. I've found them to be more harm than good.

Animal fat

- Animal products are high in fat.
- Even lean meat can contain up to 23% fat.
- The average American eats about 100 lbs. Of fat a year.

This leads to

Diabetes as the increased fat in the blood blocks insulin from reaching it's proper place in the cells.

- animal fat is making America sick with heart disease, clogged arteries, high cholesterol, etc.
  - Most of the meats we eat contain antibiotics and growth hormones.
  - Many diseases are animal based
  - Heart attacks, strokes, high blood pressure, high cholesterol, numerous

Cancers (especially breast and prostate), diabetes, arthritis, varicose veins, sinus problems, cardiovascular problems, osteoporosis, Alzheimer's, stomach acid problems, gout, constipation, bad breath, congestion, indigestion, phlegm, pms, menopausal problems, Crohn's disease, diverticulitis, diverticulosis, colitis, ulcerative colitis, colon cancer, and more. An all vegetable and fruit diet will often eliminate these sicknesses.



Take notice to how the system works when it comes to fast food commercials. They are meant to reach your subconscious and make you want to buy a certain food. Then the foods you consume are loaded with sugar and salts. This tricks your body into thinking it's getting mineral rich food from the salt and good carbohydrates from the sugar, both are essential in every function of your body. Good nutrition is found in organic fruit's and vegetables. Fast food is almost devoid of minerals and good carbs. The minerals and antioxidants in foods are essential in fighting off health issues. The food companies know that once you start eating fast food they will get you addicted. When you consume mineral deficient food your stomach gets full but your body doesn't get the nutrients to perform it's functions. Now the minerals start to deplete from your body without getting replenished.

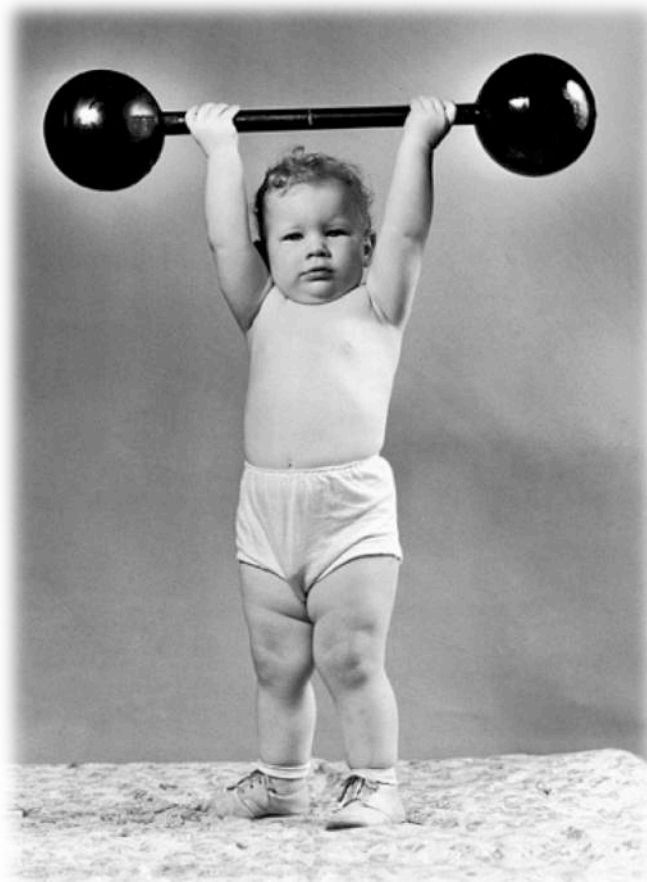
Your body needs those nutrients and triggers a reaction which makes you crave more food, so you supersize the next fast food meal. You continue to consume more and more calories while simultaneously starving to death. You get fatter and fatter and your immune system breaks down and disease is waiting at the door.

Bad food and success are never a team. It is said within conspiracy rings that the .01% controlling elite map out human useful life. They estimate controlled sickness into the factor and they have all sorts of drugs created to sustain your life at a substantial cost. This is all planned on a systematic average time scale. They factor how long you will live or be kept alive until your workable slavery age is used up and a sickness will develop. Knowing this they can then medically extort whatever money you have earned over your lifetime. It's done through the medical bills and drugs needed to keep you alive a few more years. Great nutrition can prevent and even cure most major

illnesses. If you want to lose weight and be healthy this is one of the best websites I know of to do that. [[www.nutriforce.academy](http://www.nutriforce.academy)] It has all natural diet plans, and nutrition plans for helping the body heal itself, and even programs for athletes. God has a way to keep you healthy and happy. Your opposing force has a plan for the opposite. Yes, people really do have enough power and money to plan your demise through controlling your food choices. Now that you are aware and thinking you will not be part of their statistics [www.nutriforce.academy](http://www.nutriforce.academy)

#### **Affirmation**

**"I love how easy it is for me to maintain my health, perfect weight and amazing body."**



# Mind Empowerment 9

*There is only one-way to avoid criticism:  
do nothing, say nothing, and be nothing. -*

*Aristotle*



## 4 SUCCESS KEYS FOR THE FUTURE

There is a God who loves you and wants you to succeed. There also is an adversary working through people who want you to fail and ultimately die without knowing the joy and peace God intends for you. **Jesus said "he wishes above all else that we prosper and be in good health, even as our soul prospers."** It is clear an all out combat is going on in the media, entertainment, and education systems to hinder your ability to succeed. The American constitution, which inspired the world, was designed with a God given freedom for Americans to pursue their dreams and worship the God of the Bible in the manner they seemed fit.

It is your destiny to become a successful man or women; one, which is empowered in whatever gifts you were given. Our

focus is not on the "they" and how powerful or seemingly scary they are. Our focus is on how powerful your God is and how influential you can become. The mysterious "they," in conspiratorial terms have Lucifer on their side and he is their source of power. We need to know ours. We need to remember God created Lucifer, the universe, and all that is within it. When you begin to plan out your life it will help to know the names of the God who is on your side. We should know the God who gives us strength, wisdom, and the ability to succeed. He is your strength to overcome all the pitfalls that have been created to cause you to fail. When you employ the four success keys for your future do it with the knowledge that the almighty God is with you.

THE LORD IS YOUR STRENGTH

THE NAMES OF GOD

- EL the God who is strong and mighty on your side,
- ELOHIM the God who is the creator and preserver of your soul,
- EL SHADDI the lord God almighty,
- JEHOVAH-JIREH the lord who provides,
- JEHOVAH ROPHE the lord who heals,
- JEHOVAH NISSI the lord who is your banner on the battlefield,
- JEHOVAH MKADDESH the lord who sets you apart and makes you holy,
- JEHOVAH SHALOM the lord who is our peace,
- JEHOVAH ELOHIM the lord who is God,
- JEHOVAH ROHI the lord our shepherd,
- JEHOVAH SHAMMAH the lord who is there,
- JEHOVAH SABAOTH the commander of the angels of the army of the lord,

- EL ELYON the God most high,
- ABIR the mighty one,
- YESHUA the savior,
- EL OLAM the everlasting God,
- EL BEITH the God who keeps his covenant,
- EL GIBHOR the mighty God.

He is the God who is with you. He is the first and the last, the beginning and the end. He will never leave you nor forsake you. He is the creator of heaven and earth and the entire angelic host. He is returning soon to rule and rein. Jesus Christ has won the victory of death, hell, and the grave. The victory is already yours. Jesus will return and cast Lucifer into the lake of fire along with the false prophet of this deceptive world system. Take a stand for your God against the rulers and principalities of this oppressing age. Your God is with you; he is your shield and high tower, your armor in the battle. Let God arise and his enemies be scattered. Amen!

#### 4 SUCCESS KEYS FOR THE FUTURE

Here are some action steps to take to begin planning out your new life goals

1] **Get yourself a board or something you can post images of your dreams on.** Some call them dream boards or vision boards. I like calling it a goal board so there is no connection with new age teachings. Get a large picture frame or corkboard. Then find or cut out images that represent what you want to happen. They are images of your goals. Post them on the board and make sure you place the board where you can see it every day.

2] Write yourself a contract explaining what your goals are and when you want to accomplish them, then sign it. People who write

down their goals have an 85% greater chance of accomplishing them.

We are right now what we thought about or what we were taught to think about ourselves in the past. Remember you are the captain of the ship and God is the admiral. God has given us the mission. You are the captain of your ship of life. You steer the ship by the thoughts of your mind. Your mind is like the rudder, just a small thought, a slight turn, and you can be steered off course. This is why having goals are so important.

Your goals are like a destination on a map. No matter where you are on the sea of life you can set a new course. You can sail out of the storm to your island paradise.

3] **Speak your dreams into existence. There is power in your words.** Whenever someone asks you about your goals you must speak positive about those goals and speak as if there is no way you can fail at achieving them. Your words have power to reprogram your subconscious to believe what you say is true. **You become who you are!** You must speak and believe in faith that you are already, and have already, the things you desire to be and accomplish. This is the law of attraction. As a man thinketh so is he! There is the power of life and death in the tongue. "whoever says to this mountain, be taken up and thrown to the sea, and does not doubt in his heart, but believes that what he says shall come to pass; it will be done for him. For out of the abundance of the heart the mouth speaks. The good person out of his good treasures brings forth good, and the evil person out of his evil treasures brings forth evil." The Bible

4] **Pray and believe having faith you will receive. Ask God for assistance in attaining your dreams.** "and whatsoever you ask in prayer, you will receive, if you have faith to believe." The Bible. **Pray, have faith, and believe!** Remember whom you are praying to. You are talking to the creator of the universe who

knows the beginning from the end and he is not fooled by crocodile tears or the pipe dreams of those who wish to use their talents for harm, selfishness, or things outside God's will. Praying and asking God to make you a rock star is not going to be something that God will endorse.

Asking God to help you make money to provide for your family and having enough to bless other people will be something God will bless. Asking God for a new, super hot boyfriend or girlfriend while you are still married is not! Asking God to destroy your enemies and move you to your place of victory, as the Bible tells us, God will do that too.

Praying to find a special person to marry that you can love and cherish will receive blessings. God answers prayers to those who believe and trust in him, especially those who desire to do his will. How do you ask God for something in a prayer? How do we know what God's will is? We have an instruction manual called the Bible. A prayer can be as simple or as complex as you like it to be. Speak to God as you would your own father. With respect and love, simply talk to God about your request and the things you are thankful for.

Many of you are thinking, there are others who succeed who don't believe in God. Remember, achieving things does not equal success. We have to remember what the definition of real success is, for those who don't believe in God their ultimate destination is hell. That's not a successful future. Not for all the gold and worldly power of this short life! We have seen by example that anything that upsets the balance of life for the unbeliever ends all hope for a future. They often commit suicide! To the believer, even a terminal illness is a temporary set back before moving on to paradise. This is the peace of mind that goes beyond the unbelievers understanding. A part of

success is to have an eternal goal mindset, not just a carnal goal.

As a man thinks so is he. If God be for you, who can stand against you? With new encouragement we are going to begin breaking some old habit's in order to introduce a new pattern of success. A pattern of behaving to be repeated over and over in every area you wish to succeed. This will not be a total piece of cake. Some of you will be undoing a lifetime of bad habit's and unlearning wrong information.

As the Bible says you shall, "reap what you sow." Your level of success goes hand in hand with how much effort you are willing to put toward your dream. If you plant little you will reap little. Plant a lot you get a lot. If you walk into the middle of a one hundred and fifty acre farm with a handful of corn seed and toss it out there, you will not need to break out the john deer come harvest time. Plant that entire field with seed and keep it watered and tend to your success, come harvest time, you'll be collecting the rewards.

Keep in mind; tithing [giving 10% of your income to bless others in God's name] is in the law of reaping and sowing. You reap what you sow and that includes good thoughts and bad thoughts. Good and encouraging words as well as discouraging ones. Make a goal to repeat to yourself verbally the positive goals you want to succeed. Keep the **God's will** mentality. Remember to speak to others about your goals in positive terms. **You speak it into existence.**

Hebrew 4:12 states

"For the word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing



and sifting and analyzing and judging the very thoughts and purposes of the heart."

Your success will be defined by your ability to have faith in God and yourself. The world system and those who love to fail will try to discourage you. You must rise above those discouragements and negative thoughts.

The Bible tells us in Philippians "**I can do all things through Christ who strengthens me.**" You must refuse to believe there is any force that can stop you. If God be for you who can stand against you? You must remain sober minded at all times. The Bible also tells us that our adversary Lucifer walks around like a roaring lion seeking whom he might devour. He will seek to find your weakness and exploit it. It has happened to me many times.

As a man of experience I share with you this battle hardened advice. Remain prepared for these attacks. By exploiting your weakness malevolent forces can render you ineffective and steal your happiness, joy, and success. It will catch the inexperienced off guard and many who are unprepared will fall. You can literally lose years of your life from a single attack you were not prepared for. Like a commander of your own army prepare and secure your vulnerable points. Write down your areas of weakness. Do this so you can train yourself to protect this area. Do this until it is no longer an area of weakness in your life. Your opposing force can and most likely will try to bring you down when you start on the path to break his grip.

Your opposing force does not want you to succeed. Your success makes you a leader of others in the resistance to his tyranny. This may sound crazy to the unbeliever; quoting scripture works as one of the strongest tools against any type of attack on your life. **Pray and speak out against whatever**

tries to stop you. The Bible tells us that God's word will not return to him void, the demons tremble at the mention of Jesus name. Use it, it is your sword and it is a most effective one.

Affirmation

"I now liberate my past from my mind, body, and affairs. I am free to live, love, and prosper."



## 14 WAYS TO PLAN YOUR DREAMS

"I am not afraid, for God gives me courage to carry out my purpose on earth and I have faith in his ability to guide me."

Use this list as a guide when you start planning any new event.

1/ You are what you think about and what you surround yourself with - think victorious! You are in the future what and how you think about yourself right now. You can literally think and believe things into existence. Have faith and believe.



2/ You will are what you eat - your health is of vital importance to everything you are. Think healthy! You will be in the future what you are eating now. Your body is the temple of God.

3/ Program your conscious to act - keep a copy of your goals somewhere you can view them or listen to them everyday. By seeing and repeating your goals everyday your mind causes your body to act. That action and energy draws others to your vision and puts the laws in motion. So you can practice what you preach to yourself!

4/ Keep the faith - stay courageous in the face of the adversary. Negativity and scoffing will come as those who don't want you to succeed will try to hold you back. Put on the armor of God and prepare for battle. If you are a believer you already know that greater is he that is in you than he that is in the world! Let go of friends, family members, and business associates who are dream stealers.

5/ Now is the future - begin to act on your goals. Start planting your seeds right now. Your dreams don't start someday they start today!

6/ Your goals are clear - make sure your goals are clearly defined and specific to what it is you want. If you do what you've always done you will get what you've always got. Get a good game plan and be prepared to follow it!

7/ Release your energy - think and speak positive about where you are and where you are going. It will speed the transition

toward your success. I personally like to make audio copies on my phone. Then I can play and listen to my own voice encouraging me.

8/ Contract yourself - write a contract to yourself with your goals on it and sign it. Don't skip this part! Write an actual contract with your hopes, dreams, and goals, and sign it. Once you've obligated yourself to yourself you will accomplish your goals. Your goals will give you something to live for. A direction to head towards. They will help keep you on the right path and help you avoid falling back into life's pitfalls.

9/ Practice makes perfect - review your goals everyday. Make sure that for all the bad habit's you are getting rid of you are replacing them with healthy ones. It will take a month to start breaking the old habits and forming new ones. Idle hands are the devils tool. Example, if you stop smoking you should start exercising, etc.!

**10/ Call on headquarters - as we mentioned prayer is important. Ask God to help you.** A spiritual battle is going on each and every day around you. Calling on the commander and chief to send the jet fighters, drop the bombs, and put the tanks in gear to clear your path is essential. You're one person by yourself going up against an army. But when you call on God you call on the most powerful military force in the universe to fight by your side. You can make your prayer as easy as saying "dear God, first I want to thank you for all the things I am currently blessed with. I also thank you in advance for helping me achieve success." Within your prayer you can read to God the goals you wrote down.

The Bible is a wealth of knowledge and is the best guide on the planet for leading a successful life. I suggest reading it. Why do you think the .01% is launching such an attack on the Bible? They don't want you to ever know what it says, because when you know what it says and about who you can become, you become a threat to their system of control.

Little prayer - little success

More prayer - more success

Much prayer - much success

Most prayer - most success

11/ **Focus on victory** - do not focus on your fears or obstacles. **Nothing is impossible with God.** Jesus said many times over and over "fear not." In the Bible we are told over one hundred and forty four times not to have fear. On your way to success fears will try to overcome you. Negative people will try to influence and hold you back. You will also stumble off the path from time to time. Remember by keeping your eye on success goals you can get back on your road to it. Jesus has overcome the world system, he has defeated death, hell, and the grave. What are you so worried about? Fear not!

12/ **Pick noble goals** - choose success goals that are noble. I try to use the heroes of the Bible as examples. Like you and I, they made some bad, and some very good decisions. When they remained in line with God's moral compass they were very successful. When they were not, they failed miserably. You can be like Jonah and disobey God and end up in the belly of the whale, or you can obey God and get to the promise land much quicker. The Bible is the greatest success manual ever written. If you think you can succeed in life without it you have already failed.

Here is an example why many do not reach success. In James 4:2 "you lust, and have not; ye kill, and desire to have, and cannot obtain: ye fight and war, yet you have not, because you ask not. You ask and receive not, because you ask amiss, that you may consume it upon your lust."

13/ Forgive - apply the law of forgiveness. You cannot achieve success if there is un-forgiveness in your life.

Un-forgiveness not only leads to an unsuccessful life but also is a primary cause of depression, mental illness, and sickness. If there is un-forgiveness in your life take care of it right away. God commands us to forgive those who have hurt us. You can choose not to, but you will not succeed fully. Forgive them and move on.

Matthew 6:14 "for if we forgive men their trespasses, your heavenly father will also forgive you; but if you forgive not men their trespasses, neither will your father forgive you your trespasses." Whoever you're not forgiving is holding you back from success. Your grudge is like an anchor to your success ship. Dragging that un-forgiveness along the sea floor is making you strain and struggle to make headway. Pull up the anchor or cut the rope and get your ship moving.

Are your goals noble and desirable things to prosper yourself and others? Are your goals for success just ones of greed and pride and other worldly things? It's ok to have nice things. Jesus had nice clothes, a house, and money to eat. Those things are God provided. It is **why** you want certain things that is important.

Remember the evil people of the world will use the laws of the universe without God to try to obtain the lust of their hearts. Many of them obtain wealth and fame but there is always fear, pain, and suffering that follows their path. People get

hurt and lives are destroyed when people seek goals of worldly success outside God's will. They obtain support from demonic spirits and even Lucifer himself.

The Bible reminds us there is pleasure in sin for a season but the wages therein is death.

14/ **Do more - for the next month each day. Do more than you have to do to achieve your goals.** Do it all with a positive attitude. You will be amazed how quickly your mood and motivation change, even how inspiring you will be to others.

Don't lose focus! God is not a liar and you will receive and reap in the end. Remember, you are armed with knowledge that most of the people on the planet do not possess. You have above top-secret information. This really is information that leaders in other countries would and do actually imprison people for possessing. God's message is powerful. As you start working through "MISSION UNSTOPPABLE" you should begin to share this information with everyone you know. There is a great feeling of reward in helping others succeed. In this you will help yourself, your family, your friends, your community, and then your country succeed. It's that big!

Right now you are already mentally positioned in the top 5% of successful people on earth. All you have to do is focus on your goal and let God do the rest.

Remember Jesus said, "ask and it shall be given unto you. Seek and you will find, knock and the door shall be open unto you." It doesn't have to make total sense to you, for the ways of God are so far outside our understanding. You must have faith in his promises.

Affirmation

"My faith moves mountains every day."

# MIND EMPOWERMENT 10

It's not the years in your life that count.

It's the life in your years. —Abraham

Lincoln


## 29 TRUTHS FOR SUCCESSFUL

## RELATIONSHIPS

This is a vital Mind Empowerment on the road to success. We all interact with people in almost every aspect of our life from the person at the checkout counter to the co-worker in the next office. Knowing how to apply the 29 truths for success with people will not only make your life better but everyone who is graced with your presence. Once you learn to apply these truths

amazing things in your relationships will begin to happen.

### THE STORY OF THE GIVER AND THE TAKER

A woman with blonde hair, wearing a dark blue business suit, stands in a meeting room. She is looking towards the camera. In the background, several other people in business attire are seated around a conference table, engaged in a meeting.

Carol was a workaholic with a busy career. She had grown up in a household with a father who was also a workaholic and a mother who spent more time being a socialite than a mom. Carol's mom was a complete gossip talking about everyone behind their back and always competing with everyone at the club. Dad was a cutthroat corporate sales manager who had taught her little about life other than "if there is money involved, all's fair." She got out of the house as soon as she could and headed to college.



There she majored in business and found herself in a somewhat pretentious sorority of like-minded girls. She was surrounded by eighty girls who were just like her mother. This only fueled her calloused nature toward people. She made friends but they were all fake ones. She better learned to manipulate and used people. She even had an affair with one of her professors to make sure she could pass one of her harder courses.

Carol graduated and started a job at a medical sales company. She was cut throat just like her father. Two years out of school and she couldn't rise to the top of her company fast enough. Roger was senior vice president and 20 years older than her, and married. Carol somehow found her way to catching his attention any time she had the chance. Before long they were having business lunches that turned into business dinners that turned into dates. She knew he was married and had kids, but that was just an obstacle for Carol to overcome.



Carol continued to use her colleagues and convince her clients, despite the outcomes, to keep buying the wrong equipment for the job. There was one thing Carol cared about and that was Carol. Before long Carol was in a full-blown affair with Roger and people around the office were starting to talk. Did Carol care? No. She knew this gave her power. It wasn't long until Roger got caught; his wife left him and took the kids. Strangely Carol's birth control quit working around that time and she said she was pregnant. She began demanding Roger marry her. Roger didn't really want to lose his family and definitely didn't want to be starting a new one at his age.

Carol however, wanted what she wanted. She had it all planned out. She would have the life, move up the corporate ladder, and have a rich man as her husband. A couple months before the wedding Carol lost the baby, or so she says. She played the sympathy role on Roger and blamed him for getting her in this mess. She warned him he better not back out of the wedding. Carol got her way and they were married in the islands... No one else came.

Life and the law of attraction does not favor selfishness. What Carol had not foreseen or realized was that Rogers now ex-wife's father was a war buddy with the owner of the company. That's how Roger got his job in the first place. Roger's ex-wife's father had served together in the navy with the owner and years ago even coached their kids little league team together. As soon as Rogers contract ran out, Roger was let go. That's where Carol's world begins to change. Roger had worked his whole life to get where he was; he married his college sweetheart and had been married for 20 years before he met Carol. He never wanted to lose his family or his job. Roger became intensely resentful toward Carol. All the selfish and manipulating things she had done to him and his friends suddenly came to light. He thought how she used him and how much turmoil she caused around the office. How many times he had to clean up some scandal she had started. How she used everyone and got him to put her in an executive position that took some people years to achieve. It occurred to him that he didn't even like Carol as a person. All that youthful beauty she seemed to have now appeared quite ugly. Roger simply didn't care about Carol or her feelings any more.

Roger's brother owned a fishing and vacation business in Costa Rica. For years he had begged Roger to leave the rat race and come down there and live like a king. "this place is great Roger, beautiful sunsets, fishing, beaches, come help me run the

company." So Roger cleaned out his bank accounts, took his cars to the dealership and sold them, bought a plane ticket to Coasta Rica and was out of the country by the time Carol got back from work. At first Carol thought in her selfish way that this might actually be a good thing for her. Roger was getting older and she could simply cash out of this deal and roll it all over into a new one with someone else. That's how Carol thought. That's how a lot of people like Carol think. However, the law of reciprocity does not work that way. As a person sows so shall they reap. Carol greedily went to check the bank accounts and they were closed. The range rover and the Mercedes were gone. Worse than that, the house was still in rogers name. Carol, every month, she had blown most of her money on clothes, dinner parties, and jewelry. She didn't care because as far as she was concerned her money was her money and rogers money was her money. Smartly Roger had money in places she didn't know about. Over the years he had invested his money in things that had brought him a return. Those investments funneled his monies to an offshore account that she would not be able to touch. Roger new Carol far too well.

Now rogers money was in a Swiss bank account and Roger was in Costa Rica. The next day as Carol was heading to work her mind had already begun to plot her next move. She was actually considering hitting on the executive director of sales in the office next to her. She thought, he's a little younger than Roger and I think he has the hots for me. Besides, his wife has gotten fat. He's good with his money; if I can pull him in I can get myself back on track. She went to the rest room at work, fixed her make up and pulled up her skirt a little higher. Walking into the director's office with full intention of seducing him she got a shock. "Carol, um, funny you came in this morning I was just about to give you a call. I got a letter

today from the owner of the company and there is a problem. The types of devices you sold dr. James have ended the company up in a lawsuit. Seems the claims you made about there ability and use are not fully what they are intended for. A kid was put on the "bio-clamp" device and ended up with some serious complications and almost died. I'm afraid the owners are telling me to let you go."

Carol had taken from everyone she knew and not given back, not financially or in friendship. She cared only about herself and didn't care who she hurt on her way to the top. All the money she had was spent and she was in debt to the credit card companies. She didn't have a single real friend, not in the office or in life. She had used everyone she came in contact with. The law of reaping and sowing had taken it's course. She was getting back everything she had planted along the way. Carol has but one way out of her situation. That is to change how she sees life and implement the truths of success with people. There is a way out of situations for all of us. Even if they are just spiritual in nature. We can change the way we think and act toward others and that will change and effect they way they will act toward us. In return that will change the outcome of our lives.

Roger, though he had made a terrible mistake with his relationship with Carol had ultimately led a totally different life. Roger loved people. He liked working with them and had made a ton of friends along the way. Eventually, in some miraculous manner, his first wife moved down to Coasta Rica and they are talking about re-marrying. Rogers old clients, friends, and people he loved and cared about came to visit him any chance they got. He worked less, made more money, and was way happier. Plus, it didn't hurt that he was now living in a tropical paradise. Though he paid the price for planting some bad crops

for a few years, his ultimate harvest was still coming in from the many years he had sewn love, friendship, and devotions to people he cared about. The truths of success with people pay off, as do the laws of attraction and the laws of reaping and sewing.

## 29 TRUTHS FOR SUCCESSFUL RELATIONSHIP

Relationships are vital links to peace and happiness in our life. Here are some tips I have paraphrased from the famous book by Dale Carnegie, "HOW TO WIN FRIENDS AND INFLUENCE PEOPLE."

1/ **Givers gain.** When you give and invest in people it is like planting a crop within them. For example; you give money to someone and expected nothing in return. You let someone make up for an mistake when you could have fired them or stopped talking to them etc. We need to invest in people. We never know what kind of positive impact we may have on someone. Those who may remain close to us should be evaluated like this; some are a dry and desert field that nothing will ever be yielded from them. No matter how much effort you put in they will continue to take it and return nothing. Any crops that sprout up will be scorched by the sun and dry up. You can expend 100% of your effort on them with out cultivating a real true friendship. We do not invest in that friendship. Some are a rocky field where the plants will grow up but in troubled time will wither like un-watered plants in the hot sun. We only let those people as close as



acquaintance friendship to us. Others will be a fertile field that will grow and repay you for your friendship a hundred times over. These are our inner circle friends. So give your love and time to the fertile ground people in your life and watch it grow. This is not to say we should not show love and kindness to strangers, we should. I am talking about people we should invest in as our close friends. It may seem like common sense but almost everyone I know has people in their life they are not sure of. Some friends produce good crops in our life. Some produce a few crops and a few weeds. Others produce mostly weeds. I can almost guarantee you can think of people in your life right this second that match all those categories. If you were a farmer would you keep putting all your time and effort in a field that only grew weeds? Why do it with people? You can't feed the world joy, peace, love, and success if you are spending all of your personal effort on a field in your life that is only producing drama, unhappiness, poverty, and mental and physical unhealthiness. When your fields grow with plenty you have plenty to share with others. Give to the fertile ground and it will give back.

2/ **The law of friendship.** If you want friends you must be a friend! If you want friendship you must sow friendship in someone else's life. If you want happiness you must sow happiness in someone else's life.

3/ **Avoid criticizing and complaining** - no one likes to be put down. They will eventually seek revenge on those who hurt them. If you want to win with people find positive ways to motivate them. Encourage others and seek ways to get them to do what needs to be done for everyone's benefit, not just yours. The truth is 90% of people don't want to hear your complaints and the other 10% are just glad it's not them.

Encourage and motivate!

Job 16:5 5 "but my mouth would encourage you;  
Comfort from my lips would bring you relief."

4/ **Show your appreciation for others** - everyone likes to feel important and that they are making a difference. Telling others just how important you think what they do is will often times motivate them to do far and above the call of duty. Much more than what ridicule and fear ever would. Be genuine and talk to others from the heart. Try to lose the idea that you should tell people things that are nice simply because you want them to do something for you in return.

There are so many people who have gotten use to telling others something nice in order to get their way. Move away from the idea of telling others nice gestures for your own gain. Simply be appreciative because it's the right thing to do and you will be rewarded in other ways. People will see through fake gestures after a while. Just be genuine and they will be much more motivated to make your and their life better. It is always better to be loved and respected for truthful means than feared or served for corruptible ones. Remember to show real and honest appreciation.

5/ Wants and needs will outweigh commands and pleads -

Telling someone else what you want by pleading with them to do your will, eventually, waxes cold with them. It's called nagging. The best approach is to find what others want and need because that never grows old to them. If you find what someone's desires and needs are and you find a way to provide them, you will discover people will do extraordinary things to have those wants and needs fulfilled. Like helping you get your wants and



needs fulfilled. Focus not only on what you want but what they want as well.

6/ **Learn to be genuinely interested in other people** - it is a basic desire of all of us to feel a sense of importance. We all like to be around others who make us feel good about ourselves. If you can learn to stop saying "what about me," "what about me," all the time and learn to be interested in other people, you will eventually find those people are drawn to you like a magnet. The key word here is "genuine."

7/ **Smile allot!** - there is a natural human reaction within our spirit that feels good about a warm and sincere smile. You have heard the term "a smile opens many doors," well it does. We so often forget that other people have insecurities and doubts. They, like us, want to feel needed. Smiling even causes reactions in our own body that makes us feel good. Your simple smile conveys what a thousand words would take to explain to another person how you feel. A smile says you approve of them. People will do amazing things just to get you to smile at them one more time.

8/ **Remember people, especially their names** - remembering a persons name, even someone you briefly met, it makes them feel really special. This conveys to them they made such an impression on you that you remembered them. You cared enough to believe they had value and value is one of the key elements everyone desires. Their name is the one thing that associates to others who they are. When you make people feel important and special they want to be around you. It's a win, win situation.





9/ **Listen! Actually listen to other people** - have you ever had a conversation with someone who talked about themselves the entire time and every time you had something to say they just kept talking. Don't be that person! Listen to what someone is saying. It may very well be extremely important to them, even if it's not to you. People gravitate toward others who show concern for them. Sometimes just the kind act of taking time to listen to another person can make such a difference in their life they may never forget you for it. People will gravitate toward others who seem to have a deep concern for them. You may find a helping hand when you least expect it from someone you just took the time to listen to. Have you ever seen the movie "it's a wonderful life" that's the principal.

10/ **Talk about what they want to talk about** - you can spend years talking to someone about the things you like and don't like and what you do and don't do but until you talk about something that interests the other person,



they will just hit the snooze button. In a few minutes of talking about a subject another is interested in you can win a sale, a friend, a husband, or wife. Why? Because you cared enough to discuss what they love. It shows you care about them and find what they think about significant if only because they care about it. When you make someone feel they are a part of something and cared for, they in turn want to be around you. In just minutes you can turn a perfect stranger into a good friend. Find out what interest a person and be interested in it, if just for a time, you will be amazed at what you learn and the friends you can make just by caring.

11/ **Make someone feel important** - do it from your heart. Sometimes doing good things for others does as much to help ourselves as the other person. Since we are never fully pleased with material things it is almost a must for us to go out of our way to make others feel important. It is mutually rewarding for us as humans. So few people practice making others feel important. You may be the only person in a long time that made some downtrodden person feel special. Do it for someone you may never see again or the person you see everyday. Even the coldest heart can be warmed from making them feel important.

12/ **Avoid arguing** - this does not mean you have to totally agree with what the other person is saying. It means, don't argue to get your point across. Who actually wins an argument? Are the feelings surrounding arguing pleasant and something both people look forward to in their day? No! It is often our first reaction to reply in an argumentative fashion to things that oppose our point of view. But it's not the best reaction. When we argue we try to assert our dominance over another. Does the other person feel more or less important if you win the debate by arguing? Sometimes just agreeing to understand how someone feels about a subject is enough to open the door to them beginning to see an error in their thinking, or you in yours. Even when someone is totally wrong it is hard to get him or her to change by arguing.

Do things out of love. If you are thinking in terms of love, even if you don't like the person, you will have a much better chance at drawing the person to you. A much better approach than pushing them away. If they think differently than you, can you convince them of something by arguing why your idea is better? No, they will not want you to get mental superiority over them and you will further entrench their combativeness toward your ideas.

If you agree with them about certain points there is no longer an argument and you can then move along to discussing the benefits or points you need to get across. For example; if a someone is a jealous person and snaps at you and says, "you are always staring at other people." You have to understand on some level they believe what they are saying is true. Is saying, "I'm not staring at people like that" going to convince them, or make them feel you are hiding something and have plans to deceive them? A good reply may be to simply say, "I can see why you are thinking that, and I do occasionally look at other people. It seems the more I see how they dress, look, or the kind of person they may be behind their mask it simply makes me appreciate the fact I'm with you so much more." Oh, it will help a lot more if you really do mean what you are saying, but you see the point of diffusing the argument and in return making the person who feels offended actually feel important and special. You didn't totally dismiss what they believe to be real. You agreed with them giving them nothing more to argue about concerning that point, thus allowing you to reinforce the fact that you care about only them. Now they actually feel good instead of angry over the subject. This will take some practice but once you learn it you can reduce a lot of stress in your and others lives.

13/ **Respect others opinions** - it does not mean you have to agree with them. By showing respect for the other person's opinion you can diffuse a possible opposition that leads to an argument. What does it feel like to be in a conversation and another person come right out and say "your wrong?" Even if you are, you oppose them and the situation moves into an argument. So, how do you think the other person feels if you do it to them? You're picking a fight! By at least respecting where the other person is coming from, wrong or right, you side step their natural desire to oppose your viewpoint. Showing respect can win another

person over to begin considering your side. It makes the other person feel significant and worthy of consideration. It is better to be a friend of opposing viewpoints than an opposing force of ideas.

14/ **Admit when you are wrong** - if you are wrong, just admit it. Where are you going to get with the other person by refusing to admit you are wrong? They already know you are, so are you gaining credibility or creating further distrust by denial? It doesn't mean you have to become a doormat to the other person or live as a lower being, it means when you have done something wrong "admit it!" If you don't you are living a lie! Admit it, gain the others trust again and learn not to repeat those mistakes. There is not a day that will go by that we do everything perfect. Admitting mistakes acknowledges to the other person you don't intend on continuing to make those same mistakes. Choose to move from distrust to an area of trust with the other person. Most of all **admit to yourself when you are wrong!!!** It is one of the first steps in moving toward your success.



15/ **Kindness wins friends** - a slave in ancient Greece named Aesop recorded many famed fables. "the sun can make you take off your coat more quickly than the wind, and kindness, the friendly approach and appreciation can make people change their minds more readily than all the bluster and storming in the world." If you put some good thought to this, if you put yourself in another's shoes before you lash out with your desire to get your way, you will find that you can catch both butterflies and houseflies with honey.

16/ **Yes and again yes!** – when in a discussion. Is it easier to get someone to do things for or with you after they said no or if they keep saying yes? Finding points to agree on right off the bat creates a feeling of trust and starts each of you down the road to the desired destination. Finding or starting off with immediate no's makes it hard to even get the "success car" started. Yes, fills the gas tank, yes, starts the car, yes, hit's the accelerator, yes, gets the car up to speed. Tread lightly with the no's so they are only slight taps on the brake and a yes hit's the accelerator and races you toward the desired goal.

17/ **Talk less listen more** - I can't say this enough. Train yourself to listen to other people. Learn to get to the point of your conversation and then let others talk. When you sell something, often it is you that sells it and not the product itself. By listening to what the other person wants and then giving them a brief explanation of how you or the item can solve their problems, meet their needs, or fulfill a want they have will cause them to choose you or your product. The same goes with a relationship. People will often talk themselves into the item or relationship if you let them do enough talking to do so. People feel much better about making their own decisions than being talked into something.

18/ **Let others think they came up with the solution** - if you were an employee of a company would you feel more inspired to do a certain task if you were told to do it or if you came up with the idea that it needed to be done? Use the same scenario in a relationship. Are you more inclined to improve on a problem or do a task that makes the other person happy because they demand it, or because you want to please them?

Jim was totally frustrated with his wife always waiting until the last minute to get ready and making them late. For

years he would tell her she was a procrastinator and it was making them look bad. All his pleading fell on deaf ears. Finally, he asked his friend how he got his wife to get motivated and be places on time. His friend told him to let her come up with the idea to be on time. That came as a shock to Jim, he saw being on time as a matter of common sense. Jim's buddy explained, "sometimes people like to feel important and be the center of attention be it positive or negative. Your wife is lacking attention somewhere in her life. Give her attention at home and find a positive way for her to suggest being on time and the problem will solve itself."

So Jim decided to ask his wife some leading questions and use some positive reinforcement. "how can I give you the attention you need? I love it so much when you make sure we get places on time! What do you think we can do to coordinate our schedules to have relaxed time on the way to our destination? Whenever you get ready early honey I have just a few minutes to admire just how lovely you are without having to rush out the door."

Jim said his wife suddenly came up with idea after idea. He found out that he had always been setting the schedule for events and she felt out of control and was always nervous about what to wear and if she looked good enough. When he let her feel she came up with the ideas and was in some control she began to take the initiative to actually show up places early. Find a way to let others feel they came up with the idea and they will be much more likely to comply with those factors than you telling them they need to do it!

19/ **See things from their eyes** - in a free society you cannot objectively motivate, or get anyone to do things for you without doing something for them. You often times mentally have to put yourself in their shoes and see how they are identifying the

situation. People have wants and needs and desires they want met. Until you are willing to see things from their point of view you will have a hard time connecting with them. This principal works for employees, suppliers, sales people, relationships, children, and any other place we deal with people.

We are constantly exchanging something with others. We exchange emotions, money, products, services, and ideas in a wide variety of combinations. Individuals are satisfied with different levels of each of these items. If you know what motivates a person and you can give them enough of the item they desire in exchange for what you desire you have created a mutually beneficial working or relationship environment. The quickest way to create dissatisfaction with a boss, employee, or relationship partner, is to do and act in ways that are all about you! When you or your company acts in such a manner it makes people feel unimportant. How much would you care for someone who thinks you're not important?

20/ **Challenges motivate people** - a challenge is not a threat to do something, it is a motivational tool expressed in a way that makes others want to achieve more. Challenges are goals to achieve. As we have all learned, goals are the essence for our motivation to live. It is often times why you find people who retire either dying shortly after or having to go back to work somewhere. We need challenges in our life. If you want to motivate a business full of people, or encourage a relationship to keep it's spark, you need challenges or goals to work toward.

21/ **Good before bad** - If at any time you need to correct a behavior or motivate someone not quite meeting your expectations it is always better to start with mentioning the strong points first. If we are dissatisfied with a person, product, or business performance it is always better to begin with the

beneficial points they have first and then later mention the areas we wish improved. It is human nature to wish to please other people. When someone mentions a flaw about something we can falsely believe that person thinks everything about us or our product is a failure.

Jimmy was always forgetting to put his toys away before bedtime. His father had told him for weeks to put his toys away when he was done playing with them. One day his father came home and yelled at Jimmy in an angry voice. "how many times do I have to tell you to put your toys away, can't you remember this one thing I tell you to do?" Despite Jimmy's good behavior and grades in school, his achievements as a boy scout, all Jimmy heard was my daddy thinks I'm a failure at everything. His father did not think Jimmy was a failure at everything but the motive and understanding of this event left both the father and the son in a bad position. An emotional state that could leave Jimmy with a lifetime feeling of failure.

Why must we look to praise first? If we don't seek to praise first we can lose focus on all the good points of a person or business and only see small negative aspects. Jimmy needed to pick up his toys, but did he need his loving nature and desire to please his father destroyed by an inability to find a positive way to make it happen? Situations in our lives always need correcting. If you can start with praise first you let the other person know they are important and have value. Then you can mention the area that needs improvement.

Everyone deals better with this approach; no one likes it when we just point out flaws. Use the word "and" instead of "but." If you tell someone they are doing this great "**but**" that bad, it makes them feel you are saying they are more of a failure than achiever. If you say you are doing this great **and** can improve on that, you are now double encouraging the person.



22/ **Indirect approach** - sometimes the best approach to correcting a problem is not so direct. Many people pride themselves on being direct. They just say what's on their mind. They enjoy telling it like it is. I'm not out to sugar coat something in a way that distorts the truth but more often than not the "tell it like it is person" enjoys doing this because it gives them a sense of superiority. They can become the boss of any situation by pointing out the flaws right away.

It is a learned way of behavior by those we may label as "control freaks." A housewife can walk into the grocery store and see some fruit that doesn't look up to par. Being this "control freak," she suddenly desires to become the boss of the store. She calls over the stock boy and starts bitterly complaining to him. "I want to speak to your manager." The manager comes over and she begins the same story with him. She has repeated this performance hundreds of times in the past in various situations. She doesn't own the store, has no stock in the company, is not employed in any way, and has a free will choose to shop or not shop there. Anything she does not like she can either point it out as a benefit to the store or just choose not to buy it.

What she is doing is making chaos and using the good nature of others and their desire to please others to put her in a position of authority where she really holds none. She is doing it because it gives her a sense of power and dominance. There is a difference in telling people the truth they need to hear and telling it like it is as a means of gaining power over others. All of us at some point and time have done something similar as this. Who would you rather encounter, the "tell it like it is person" or a person who tells the truth about the situation with tact and respect?

The boss called an employee into the office and said to him "bill, your work performance this quarter stinks; if you don't pick up the pace I'll fire you and get someone who can do the job." Bills performance may very well have stunk, but is that the best approach to get bill to want to do better with motivation, enthusiasm, and encouragement? Fear will motivate people, but love will inspire. If we use the principals in "**MISSION UNSTOPPABLE**" we will look for ways to motivate performance without destroying the other persons ego. The boss would have been better to have said "bill, you have a lot of great qualities, obviously that is why we hired you. I know that if you put all those qualities in action you can achieve far more than we ever dreamed you could do. There are other employees in the past who had great qualities but never applied them in their best potential and they are no longer with us. I know your not that kind of guy. I'm looking forward to seeing you move from where you are in performance to beyond our expectations. Bill, I'd truly like to see you do that."

If you were bill, what would you rather here from your boss? In a relationship how would you rather have someone express their desire for you to meet their needs? If you don't do what I want I'm leaving you, or I love all your great qualities and I know you can do so much better?

23/ **Perfection is not human** - you are not perfect. Often times when we criticize another person we can come across as seeming like we believe we are perfect. We can reach another better if we can relate the fact that we understand mistakes happen by the fact that we ourselves have made them. By doing this we do far more to drop the others natural defenses so they can hear what we are saying. In past relationships I have heard it said more than once "oh, if I was perfect like you I guess I would get it right the first time." I was pointing out problems as if I were

better than the other person or at least it seemed that way to them. When we can convey the fact that we have made mistakes, we pass on the fact that we know how they happen, and we know how to avoid them. When we do this we do far more to reveal our understanding of how problems happen and we are less likely to come across as if we are a God, judging them.

24/ **Let them choose** - what would motivate you more, someone ordering you to do something or asking you what you think is the best way to get it done? None of us like to be given orders. To make people obey orders the military will threaten to court martial or shoot you. If lacking understanding your boss will order people to do things under the threat of being fired. It takes severe action to get people to obey orders.

An order may be necessary when another person lacks knowledge of how to solve a problem or may do something that will harm them. However, when you have competent people performing tasks they know how to do, another approach can be used. If you ask another person what the best solution to a situation would be, and they have the same answer as what your order or demand would be, you have just let them feel they are in control and have made the decision to perform the task. They will do it with a much greater enthusiasm when they feel they have some control of their life. You will allow them to feel important and this will make better employees, friends, husbands and wives.

25/ **Give grace** - people make mistakes. You make mistakes. When someone has made an honest mistake think of the grace God gives you before you think about unloading both barrels on them. Allow someone to save face in the light of a mistake or a situation that causes them humiliation or pain. What if God came down on us the way we might be thinking about doing to another person. Whenever you can allow the other person to save face in light of

their mistakes or situations that will make them feel bad, do it.

26/ **Praise** - often times we expect excellent performance but fail to give others notice of their good effort. Let someone fall short of that excellence, and we have quite a bit to say about that. Someone doing a good job without appreciation will soon begin to feel taken advantage of. Someone doing a good job in many areas who is berated for falling short in a small one will begin to feel like a failure in all things. Parents often make mistakes with their children in these areas. A parent can overlook every good area a child is performing in only to focus on an area of struggle. We must encourage others even when we wish them to improve an area of poorer performance.

"John I called you in my office because your sales this month stink, or john I called you in my office to tell you how much potential I think you have and how we can get you making yourself and the company a lot more money." I think we all would choose to be praised for the good things we do even when we are falling short of our potential. Use praise often!

27/ **Encourage noble performance** - give others a noble cause to live up to. As we have mentioned before you can speak things into existence. Even if someone has not reached their full potential or best performance we can help encourage them to live up to a noted reputation.

"Bill you are so smart at figuring out things. I saw how you worked on that last project and I can see you have a reputation of excellence. I know when you start this next one we will all be very impressed." Even if bill hasn't been doing his absolute best you better believe he will work much harder to live up to the reputation you have given him. It is part of our human nature not to want to let others down. We all want to be

heroes to someone and we will perform our best to keep that position.

28/ **We can fix it** - often times things can reach a tipping point where we are about to give up. Our words and actions can be the very thing that encourages or discourages someone facing a difficult challenge. If we make their mistake seem too impossible to fix they may very well just give up, believing it is useless to try anymore. No matter how bad the problem, refuse to believe in the "no win scenario." Give someone a way to repair the problem and tip the scale in the direction of resolution. Forgive a mistake or lack of performance in light of making it better. I'm not talking about trying to get a non-performer to performer or to try to grow crops in the desert. I'm talking about getting a performer to continue to performer. A non-performer will exhaust all your effort trying to get them to perform.

29/ **Encourage happiness** - we all have needs and desires we wish for others to fulfill for us. We can get people to perform through negative means and fear or we can get them to do things and be happy they are doing it. This takes a little more thought than just barking out a demand or a threat. In a given situation it may be best to consider what will make an individual happy to do something for you. I'm not talking about bribery where you are giving something to another person without genuine concern for them. I'm talking about being genuinely concerned about what pleases the other person. If praise give praise, if love give love, if money give money, if affection give affection, whatever it may be if you encourage another's happiness they will be glad to do for you!

It can be fully understood that these principles will take some practice to perfect. You don't earn a black belt in martial arts in a month and you won't perfect these principles by

reading them one time. It takes practice and repeated training. The more training the more aware we become of how to handle situations better. In time these principles will become second nature as we master our destiny.

Often times we will be undoing a lifetime of less than perfect behavior patterns in order to replace them with these encouraging practices. Our spirit and our mind have conversations about what is right and wrong. You may find, as I have, by speaking to my own self, these principals can do wonders. Try using them when you are having those conversations in your own head and you will be amazed how easy it will become to use them with others.

### **Affirmation**

**"All of my relationships are honest, loyal, and productive."**



# MIND EMPOWERMENT 11

Either write something worth reading or do something worth writing. —Benjamin Franklin

THE 8 ARMAMENTS YOU NEED

TO WIN THE BATTLE OF

SUCCESS

Starting right now you should begin your journey to success with a totally new enthusiasm and motivation, knowing you must be patient and let your seeds grow. Begin this day to work toward breaking old habits and escaping the grasp of the forces that control you. Remember, Jesus said he came to set the minds of the captives free. If you are not a believer it would strongly benefit you in many ways to consider what Jesus is offering.

Here is a question to ponder. **What would you do if you knew you could not fail?** The Bible tells us there is no limit to what God can do. Since he created



everything in the dimension that we exist, we know he can intervene at any time and direct our path. Since all things are possible to those that believe, you should start down the path to your goals and not look back. A good way to show faith and determination is to spend the next month giving toward your goals without expecting immediate return. Understand that when you give in one way you may receive something else unrelated and beneficial that you never expected. **Luke 6:38 states "give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again."**

Remember the motto: don't give an alibi, give another try. By learning to live in this manner new your behaviors will become who you are. The old unsuccessful person will be utterly destroyed by the new spirit within you. Be sure to read this teaching more than once. There are a lot of treasures within it and you will benefit from repeated rehearsals. Study the battle plan well! Have faith that you will accomplish the goals of your heart. You've heard the term "just have faith." That sounds great, but you need to put your faith in someone not something. That someone is God. The Bible tells us that God will give us the desires of our heart.

When the challenges come don't let the small things work like a disease to steal your joy. Keep your eye on the prize. Besides, what's your alternative? You can return to a life of disappointments with no direction, or you can choose to succeed. You have the creator of heaven and earth who says he will back you up. He does his part and you need to do yours. There will be a battle every day within your thoughts and from external sources. You can let your faith bring you forward or let negative influences take you back. People and things that want



you to fail will be waiting like a snare. They can come from the strangest most unexpected places. Be ready for that strange, unexpected, negative thing to be thrown at you. Be ready to defeat it swiftly and with the right armament. You understand there is a spiritual battle going on. One force is trying to impede your success and another spiritual force wants to lead you to peace and prosperity. ***You must enter this battle prepared. You need to have the right weapons and armor to achieve victory in your battle for success.***

## THE ARMOR OF GOD

The Bible tells us that the battle for your success really exists. It's not mystical or fictional, it's not fantasy or imagination, it's a real and observable thing. You are in a spiritual battle each and every day. Sticking your head in the sand and pretending it doesn't exist only makes the negative forces more empowered to hinder you. Does a person with their head in the sand look like an empowered person ready to live a life of freedom and achievement? I have encountered thousands of



people who will not admit higher negative forces exist in their life. They never fully

Reach a greater level of success because they seem to love the darkness more than the light. They won't even acknowledge the negativity of the behavior even exists. In no way am I talking about things that bring real joy and happiness. Things like playing with your kids, bike rides, volunteering, kissing your wife, exercising, worshipping god, all enjoyable and beneficial. I mention that because people will say to you, "you're just trying to take the fun out of life." When you hear that from someone just learn to ignore it. I've heard these same excuses hundreds of times. **"But it makes me feel good." "it doesn't affect me like that." "maybe that happens to the weak minded but not me." "I can quit at any time if I feel like it; I just don't feel like it yet." "Just because that happened to them doesn't mean it will happen to me." "oh, like you don't do anything bad. It's just my little vice." "it helps me cope." "the devil doesn't bother me and I don't bother the devil."** There was a scene in a movie called Austin powers where the villainess, when confronted with the truth, would blurt out loud, **"lies, all lies."** She was in complete denial or at least publically confessing that all that her and doctor evil were up to was something good. You can laugh, but this is exactly how most of the world reacts when confronted with the idea that they are doing or participating in something negative. What we participate in opens a door for negativity to walk in and slow us down like a hundred pound backpack. Instead of admitting they are opening themselves up for failure or at least hindering their ability to succeed they scream, **"lies, all lies."**



Figure 4 Double Click And Like Page to Follow

Sue says she has decided to get out of a bad relationship and go back to college. John says to her, "don't you think you should stop watching desperate house wives and those drama filled reality shows so you can start thinking more positive about relationships?" Sue loves the drama and responds,



Figure 5 Choose Which Door Your Are Opening

"lies, all lies." Rick says he's going to finally start his own company and make others lives better. Karen asks him, "Don't you thing you might want to give up your sports addiction and gambling habit first. You spend four or five hours a day watching sports." Rick responds, "Lies, all lies." Nathan decides he is going to start a spiritual center to guide people to higher consciousness. David asked him, "don't you think you need to actually believe in what you are saying and lead a life that would be that example. You lust after every girl that walks by and everyone can see it. Won't you end up being another Jim Jones if you don't get those things under control?" Nathan believes his secret vice goes unnoticed and responds, "lies, all lies." Jules just loves, loves, loves music. She wants to teach children and help them live better lives. Carol asks her, "have you even listened to the words of the songs you listen to all day? It's that "ho" this, she left me that, teenage sex here; you want my body there. How can you listen to that all day and inspire little kids with any moral compass?" Jules, not wanting to admit she is addicted to the feeling of the music, sticks her

head in the sand. Then in a muffled voice you hear, "**lies, all lies.**" Trust me all of us from time to time will behave like one of those characters. I've done it and so have you. Our goal is to become aware of what we are doing and weed out the things that are slowing down our path to success, peace, love, and joy. Instead of yelling, "lies, all lies" let's learn to say, "truth, all truth." It's time to shut the doors we are opening that are letting in ideas and energies that are slowing us down. Life will bring enough outside forces to oppose us without us willfully letting them in. Time to flex our spiritual muscles and get ready for victory.

Ephesians 6:12 states, "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."

Ephesians 6:13

"wherefore take unto you the whole armor of god, that ye may be able to withstand in the evil day, and having done all, to stand."

### *The Armor*

Here is your armor. I would suggest writing these down so you can remind yourself what equipment to put on each day.

**1/ Wrap around your waist and legs the gospel of truth.** The word of God is true and powerful to defeat attacks and circumstances that hinder your success. The word gospel means good news. Wrap the good news of the truth of God's word around your legs and waist.

**2/ Put on the breastplate of right living.** Right living will protect you from the consequences of bad life choices. We should try to live a lifestyle that will make the opposing force look foolish when they challenge you or try to discredit you. The opposing force will try to lead you to sin and then publicly and privately expose you. He attacks both within and without. Give his forces no ground for attack.

**3/ Put on your feet the gospel of peace.** To the saved God's peace should remain upon you. You will walk upon many rough roads and battlefields. Having the gospel of peace to calm your spirit will allow you to keep a good footing and stay grounded in your success goals. Having peace and a focused mind allows us to set up and carry out a good offensive against our opposing force and his obstacles. Protecting your feet with the gospel of peace will allow you to kick the opposing force in the head with an armor-plated boot. You are instructed to put on armor for a reason, armor is worn into battle. An a battle involves a fight. Not the idea of a fight. Not the fantasy or imaginary cartoon image of a fight. It is talking of a real life thing that is going on. When it comes to fighting many misinterpret the scripture where Jesus commands us to turn the other cheek. In Jewish culture during that time a man may walk up and slap you as a means to insult you. Jesus encourages us to be above petty squabbles or seeking fighting as the first means to solve problems. Ok so let this sink in, it doesn't say to be a wimp or avoid fighting for what is right. King David was a warrior; he killed many evil people in battle. So I will let your common sense and the holy spirit influence you on how to handle your situations. There is also a misinterpretation of the scripture about someone living and dying by the sword. Living by the sword

means someone who does everything by imposing fear of violence on others in order to get their way. Using the sword to defeat evil is something God commanded the Jews to do. America did not win it's freedom through pacifism. We as followers of God seek peace first. We seek love first. The Bible tells us the soldier does not carry the sword in vain. We are not pacifist toward evil. We take a stand!

4/ Above all take with you the shield of faith so you can defend yourself from the fiery arrows and attacks of the wicked ones. When you make a decision to achieve goals and succeed, it starts happening right that second. Right that second you become closer to your goals than you were the second before! On the way to your goals full manifestation you will have to go through some battles. At times it may look like you're in it alone and your opposing force is going to overtake you. The shield of faith will block the attacks. Your faith, believing that God will not abandon you, and that you cannot fail, will render the enemies attacks futile. Faith is the belief in things yet not seen. Through trust in the God who does not lie, who will never leave you nor forsake you, a knowledge, hope, and trust that he is going to help you.

5/ **Take the helmet of salvation.** Meaning the understanding that God is preserving you from the harm of eternal death, judgment, and separation from him. He is your provider and protector, right now and forever. Your soul is going to live forever with God and in an eternal body that will not corrupt, get sick, or die. That's something great to look forward to.

6/ **Carry the sword of the spirit, which is the word of God.** The Bible says that God's word is sharper than any two edged sword dividing the enemies bones asunder. His word is the most

powerful tool for combating evil. The word of God is your offensive weapon on the spiritual battlefield. Memorize scriptures in the Bible that empower you and take ground. As I have mentioned in previous lectures, scientific studies have shown that words have an effect on our physical bodies and even reach out with levels of energy that affect the world around us. The power of life and death is in the word of God.

**7/ Communicate with headquarters. Pray for yourself and others.** I.e. **Communicate with the command center.** Because God mentions it repeatedly in his word prayer is very important in obtaining our goals and fighting off opposition. There is power in prayer and you will need to carry every weapon you have onto the battlefield. Prayer is your communication with the command base to "bring the rain" in times of deep trouble.

"Command center it's me, the opposing force is breaking down the defenses on my left flank and I'm losing ground. I can't hold them off any longer. Command center to you, I am the lord your God and I read you loud and clear, hold tight, I'm sending in the angels and the host of heaven for an aerial assault. Advance and do not fear, I have deployed a legion of my finest warriors to overrun the enemies defenses, run and do not grow weary for I will strengthen you with a mighty arm. Ready your sword, because I, the lord your God am about to clench my fist in the face of your enemy. I will show them, you don't mess with my sons and daughters, over."

That is my interpretation of a message from the lord in a time of trouble. It is how I envision our spiritual and physical battles taking place.

1 peter 3:12

"For the eyes of the lord are over the righteous, and his ears are open unto their prayers: but the face of the lord is against them that do evil."

**8/ Build morale. Speak to others the mystery of the good news of God and his ways to success.** Encourage the troops. Recruit soldiers for the kingdom of God. Liberate others from the prison camps of the opposing force. Unlike the sinister powers who covet and hide their ulterior methods of achievement, the Bible tells us to share the good news with others.

We just uncovered the mystery of the armor and methods needed to accomplish your goals and keep you protected. Take some time and read through them more than once. Memorizing what they are will keep you from walking out the door and forgetting one of your essential defenses for the day. If you leave your helmet sitting on the couch, what could happen to your head? If you walk out the door and leave your sword sitting next to the kitchen table, how can you fight back? If you walk in the office and leave your shield sitting on the front seat of the car, what are you going to block the enemies strikes with? We know God tells us that Lucifer is like a roaring lion seeking whom he may devour. That means he and all who serve him are looking to brutally maul you and then devour everything you are. A cardboard shield, plastic sword, tinfoil helmet, and costume from the Halloween store will not protect you. I know that it won't because I have gotten my backside kicked by the opposing force so many times I've finally learned it's not a game and the opposing force hit's hard.

If you were like me you probably heard about "the armor" before and thought it was a great thing to think about but never really took it to heart. Let me share with you some good advice. Walk out on the battlefield a few times without any armor on and try to be nice. See what happens if you don't draw your sword. Wait and see what the opposing force will do to you. Trust me from experience, unless you would like some more scars, to wait



on a few more broken bones to heal, be put in a coma for a few years, you better put on your armor and draw your sword to fight back. With joy, peace, love, and righteous vindication fight to win the battle for your success.

#### Affirmation

"I wear my divine armor everyday. negative energies cannot penetrate it. I am fully clothed with the protection of God."



# MIND EMPOWERMENT 12

How wonderful it is that nobody need wait a single moment before starting to improve the world. –Anne Frank

## 4 WAYS TO HAVE PEACE OF

## MIND WITH LIFE

Jim left work two hours late as usual. Susan his wife had called and text him several times as he reached over and hit the silence button. Doesn't she know I've got to get things done, he thought? However, when frank sent him a text and said, "meeting at the pub for a couple.



Must see the hotties here. Come on!" Jim had no problem responding. Jim and Susan were the typical college couple who fell in love and got married. Susan worked for a while and after their first child Jim and Susan decided for her to stay home and raise their child.

Jim went headlong into his work. Jim wanted to be somebody. He determined if he could become an executive at his company, get a house on the water, and retire by 55 he would be a success. Every month Jim worked longer and longer hours and saw his wife less and less. Jim grew frustrated; as things were not moving as fast as he planned. He had a four-bedroom house in the

suburbs but it wasn't enough for Jim. His wife was constantly asking him to spend time with her and their daughter. However, he had the constant looming payments of the house, range rover, and the BMW. Home began to seem like a prison of more work. Most days he had already been at work for twelve hours and the thought of going home and having to entertain his wife and run around and play with a two year old was too much.

Often times on the way to work he would shake his head and say, "I didn't sign up for this. I know shouldn't complain; my wife still looks great, and I have a beautiful house and cars. My little girl loves me, but I am not happy. Maybe I wasn't cut out for all this."

Jim quit exercising a year ago and spent his after work time meeting work colleagues for drinks. By the time he got home his little girl would be in bed and he would be tired and have a good buzz. Susan hated his drinking and tried to encourage him to stop. "just come home and play with your little girl for a while, she loves you." She would constantly remind him. One evening after a stressful day Susan asked him to please stop going out to the bars. This set Jim off. "do you know what I have to deal with everyday? You and I agreed I would work and you would stay home and raise alley. Didn't I provide you this nice house and that BMW? I need some time for myself. Everyone just takes and takes from me. You gotta get off my back or I'm gonna leave." There Jim said it. He had been thinking it often and now it just came out.

Jim slept on the couch that night listening to Susan cry in the other room. Jim's achievements in the company, his drive to obtain more and more, and his promise for an early promotion had fueled his ego to the point he began to feel he was invincible. He began to believe he deserved to get away from the nagging

worries of family life. He thought everyone and everything was being selfish. Everyone but himself!

Two days later Jim got his promotion, and feeling more empowered than ever, met the guys out for a few drinks. Well, drinks and shots. Jim left the bar tanked, got behind the wheel of his range rover, put on we are the champions by queen, and headed home. He sang along with the words, we are the champions, we are the champions, no time for losers cause we are the... Just then Jim saw the blue lights in the rear view mirror. "what the, oh I don't need this," he thought. Jim's taillight was out and the routine stop soon turned into a dui and a night in jail.

He called his wife but got no answer. So he finally got his attorney to come bail him out. Jim arrived home exhausted from no sleep, a dui, and some of the stuff in his house gone. Susan had moved out and left him a note. "Jim, I have tried for over a year to get you to slow down and spend time with us. I don't care about the house and cars, I never did. I'm staying with my mom until I can find an apartment." Jim thought he was having a nightmare and kept waiting to wake up. He thought, "I just got promoted, I have the ability to make everything come true and now I'm losing everything. How can this be happening?"

Jim showed up the next day at work and got some bad news. His boss called him in the office and told him he would not be able to give him the promotion. Jim needed to be able to drive and travel for the new position. With a dui this wasn't going to be possible. He looked at his boss and said, "this can't be happening." His boss looked at Jim and asked "Jim how are things at home." Jim said lying, "fine, why?" Jim's boss had been through many ups and downs in his career and he knew how to read the signs. "Jim, I didn't get to be 73 years old without learning a few things in life. I'm looking at a man who's at a turning point. Do you know my first wife was my high school

sweetheart? We moved to the city and I went to work in the stock market. I was chasing the dream. Just like you Jim.

However, I lost focus of what was important in life. Do you know what I'm talking about Jim? I think you do. The boys at the office all ran around on their wives and spent too much time downtown. Parties and nightlife in the city can make you feel like you're on top of the world. I was making six figures then and that was a lot of money during that time. Ha, and I was spending it as fast as I made it. Houses and cars, thousand dollar suits, you name it. Oh, and there were girls who wanted what I had too. Not the right girls, you know the type. Eventually I found myself in an affair. I thought I could handle it all. Top of the world baby. It's amazing Jim how the law of attraction works. When you start to take and take and give back less and less negativity starts to come into your life. Soon the negative reaches a quantum level. The kind you can't control. Do you know what I'm talking about?

The love of my life found out I was having an affair and left me. That was definitely not something I planned. I thought for sure it was just a faze and she would come back. Most of the guys in my office were living the life and their wives were still there. Jim, I couldn't see that those men's wives were there because of the money not because they loved their husbands. My first wife loved me, and I hurt her. Something forty-five years later I wish I could go back in time and undo.

Soon after that the market crashed and I found myself moving from my long island home to an apartment in the Bronx. Things were hard for me for a long time after that. However, I learned some valuable Mind Empowerments as I sat alone in my little apartment. There was pastor at a little church who lived in my building and I would often sit with him at the coffee shop at the corner. There was so much more to him than I ever

imagined. He was a WWII war hero. They called him Johnny bravo because he used to be able to sing and make the girls swoon. He was the only one in his platoon to survive a bloody attack. He figured God saved him for a reason so he better make his life count. I don't know what influence he had on anyone else Jim but he sure taught me some good Mind Empowerments. So, I'm going to share this wisdom with you.

My mentor taught me a few things that I never forgot. Do you want to know what they are Jim?" "well, yes sir I think I do," said Jim. "Jim you gotta leave the losers behind. What I mean is to see beyond the surface level of a man's life and see what's going on behind the scenes. That's where life is really taking place. There are guys in every company who seem to have it all together. It seems like they earn all the money, have the hottest wife, drive the nicest cars, and everything in their life is perfect. The wise man can step back for a moment, let his moral conscience speak to himself and then analyze the situation. Then you can ask yourself a simple question. If I do what this man does and get what he's got, would I want his life? Is he an alcoholic, where will it lead him? Is his hot wife cheating on him? What will his kids be like without him being around to raise them? Jim, if you emulate their life God's laws of the universe will return to you the same things that those men are receiving. Yours will not be a utopia. There is a right way and a wrong way and you will reap what you sew. No one escapes that law without divine intervention.

Where are those men I worked with now? Only 1 of the top ten guys in the firm ended up having a normal life. Four of them died between fifty and sixty years old. All from some kind of alcohol related problem. A couple wrecked their cars, one had psoriasis of the liver, and the guy we called slick rick got drunk and shot himself. The other five went broke and never

recovered. The only one I know that's still alive is big Sammy. He met a woman, left the firm, and went down south and became a preacher. I never would have thought that in a million years.

I had to separate myself from all those people Jim. What seemed like the quick path to the top really wasn't the right way. For a while I thought I was invincible. Have you ever felt like that Jim? Life has a way of showing you your not. Once you start playing in the pigpen, you are going to get dirty.

The next step is to learn to give. You think your giving but the truth is your just taking. You will find once you start really giving you will be working less and enjoying life more. When you give to others they will love and respect you more. It is human nature to want to give back and please others. You won't have to lie or manipulate anyone. They will want to listen to you and they will trust you. Most of all Jim learn this valuable Mind Empowerment from me. Give to your family. Give to them Jim! Don't look at them for what they can do or give to you. Give them love and they will give you something more important than the material things you are chasing. Give them love and they will give you love in return. Without it, none of the things you think your working for matter.

Next Jim, lose your love for the money. It never brought me happiness, ever. I never stopped wanting more. No one ever does. Give Jim and the money will come. Love and the money will come. It's the law of reciprocity. Sew into others and you will reap a harvest. The love of money cost me my wife and I bet Jim it's costing you yours. Figure out how to keep the love, and keep the family, and then how to get the money. None of the bright young men I started out working with took any of the money with them.

Lastly Jim, raise your attitude and then you will raise your altitude. You must unlearn what you have learned. The world and the corporate system teaches you to do things in a way that

can fill your bank account and leave you bankrupt inside. Some do make it to higher levels by being cut throat. But, if you look at their lives Jim they are empty inside. People respect them because they fear them. If they knew them like I do, they wouldn't want their lives for all the money in the world. Look to a higher calling in life Jim. Go beyond the cars and the money. Think about who you are as a person.

Develop your higher self. God gives us some pretty good standards to live by and they work. Learn to love yourself. Love the God who gave you life and then go love your family. Jim, when you have love in your personal life you will go into the world and share that love with others. That's how you raise your altitude. When the owner of this company asked me to come here he offered me double what our competitors were paying. You know why? He told me he learned a long time ago that people will work for a good manager, but they will die for someone they love. Because I listened to my mentor I walked away from my old life to a much richer one. I've been privileged to touch a lot of people's lives. Jim, it will do you a lot of good to go home and consider these things and decide who you are going to become."

Jim took a cab home that night and thought a lot about what his boss had told him. How did he get so out of control? He stared at the letter his wife had wrote and thought about the emptiness he felt without her there. Jim felt so ashamed for all the nights he spent drinking with people who didn't really care about him. Where are they now he thought? I should have come home that night and took my wife and little girl out to dinner and celebrated with them. I should have thought about being a real man and making their lives happier. Instead I thought about myself, and now I'm alone in this house.

A few minutes later Susan walked through the door. "oh, I thought you would be out," she said. Jim looked at her and asked



her to sit down. "Susan, I have something important I need to tell you. Something I should of said a long time ago." She reluctantly sat down and Jim walked over to her. He kneeled down on one knee like he was proposing and looked her in the eyes. Shocked she said, "what, what are you doing." Jim in an honest an sober tone began to tell her how much a fool he had become. He said, "no house, no car, no job, no thing, would ever separate him from her again. He told her how much he loved her and missed that youthful feeling they had when they first got married." Just then jims mother walked up with his little girl. "daddy" she yelled as she ran up and hugged his neck. He looked at his wife and said, "I don't know how I ever lost sight of the two greatest treasures a man could obtain but I can see them clearly now."

## 1/ LEAVE NEGATIVE PEOPLE BEHIND

Now here is another key to success. **Surround yourself with like-minded people.** 2 Corinthians 6:17 states "**wherefore come out from among them, and be ye separate, saith the lord, and touch not the unclean thing; and I will receive you.**" This doesn't mean you should never be around other people who don't believe in God. Jesus went to the dregs of the earth and preached and ate dinner with them. It means don't live your lives in agreement to their lifestyles.

If what someone is doing is in disharmony to God's laws of the universe it will be harmful to line up our thoughts with theirs. It doesn't mean we don't love them, it means we don't stand in agreement with that which leads to destruction. If the pastor of a church is out Saturday night in a limo with two prostitutes doing lines of cocaine, can we discern if he is doing right or wrong? That man's lifestyle is not in harmony

with what he claims to be a part of. His church will eventually be divided and fall. Our universe can be seen as God's church, we profit and succeed or fail according to our actions within the laws and balance he has set forth.

Can an alcoholic stop drinking while hanging out in a bar? Can an overweight person lose weight going to the buffet with other overweight people? Can a poor person become wealthy spending all his time with poor thinking people? Can you break a porn addiction hanging out with people who talk about porn all the time? You have heard the term, "misery loves company." Well, that is true. Others who don't want to stop their destructive lifestyles will not want you to stop yours. The opposing force will use any tactic they can to keep you within your problem area. Come out from among them mentally and physically. Remember **you will become what you think about and you will reap what you sew.**

If you surround yourself with constant negative influences it will affect the time it takes to reach your success! If you want to get out of a rock music addiction, get the rock music out of you. If you want to get out of the ghetto, get the ghetto mentality out of you. **So the first step is to leave the negative people behind and renew your mind in accordance to God's laws of the universe and you body will follow.**

## 2/ GIVERS GAIN

**Secondly, become a giver.** Give complements, love, charity, time, and compassion. Whatever you have to give, start giving it to others. The law of giving seems to be so important. **The most success and peace of mind will be achieved from the principle that givers gain.** Your level of success will come from your ability and desire to give back to others. Companies produce

products that fill needs and wants of others. People will pay to have those needs and desires met. The greater the needs and wants you fill the more others will give for you to meet those desires. Be it their time, money, love etc. Give friendship and receive friendship. Be a good parent and receive a good child. Whatever it is do it with all your heart, mind, soul and body.

Your giving equals your success and not the other way around. Most people believe they must receive first and then they will start to give back. This is not how it works. Before the farmer can receive the bountiful crop he must first give his money for the seeds. With hard work he plants those seeds and God's laws cause those seeds to grow into plants. For the giving of his money and effort he then receives 100, 200, or 1000 times greater return on his investment. So goes it with your success. You will get rich in success by enriching others. Those who try to enrich themselves by taking from others through deception are only deceiving themselves. In the end the laws of God are inescapable. The ones who practice evil reap what they have sown. The Bible tells us if you live by the sword you shall die by the sword. In other words, if you do all things by force, bullying, and mental deception of others, you in the end will have the same done to you.

Where do the deceptive actors, musicians, drug dealers, corrupt politicians, and criminal businessmen end up? They are always in and out of relationships, they die young, committing suicide, drug overdoses, rehab centers, or end up in prison. Their children are a mess and most of us, in the end, would not trade places with them for all the money in the world. Choose to do things by God's principles and receive blessing and peace with your success. The opposing side will eventually lead you to despair and torment. Choose God and choose life!

### 3/ LOSE THE LOVE OF MONEY

**Thirdly let go of the love of money.** In this short section I also wanted to remind you of the destructive force the love of money can have. Because I want you to succeed I don't want you to fall into the traps success and wealth can lead to. My friends, the wages of sin is death. Death of the body and ultimately death of the spirit. Unfortunately most motivational speakers focus on monetary success. They place the ability to achieve success goals solely on you applying "their" success principles. However, their principals don't give God the credit. Oh, they talk about being spiritual, but demons are spirits too! If you have ever seen an episode of real housewives of "wherever" you will see that wealth has nothing to do with success, class, integrity, or happiness. Secular motivation coaches instruct you and convey the message that the gifts you receive are something coming from "**the universe or universal spirit.**" While God has set up universal laws that apply within his universe the universe is not God. What they are not telling you is "the universe" they are referring to is a new age religious term. As we know, new age religion is nothing more than old world Lucifer and fallen angel worship in disguise. It is a means to play a mind game with you and draw you into a counter productive religious mindset. In the occult, Lucifer is referred to as the force, great spirit, or universal spirit. They teach the force can be used for either good or bad. It is true God's laws can be manipulated for good or bad. A person without God's moral compass eventually will be tempted to use those powers for nefarious purposes. Power corrupts and absolute power corrupts absolutely. So it's important where are heart

lies in terms of our power within the use of God's universal laws.

These motivational coaches, in essence, are teaching a form of witchcraft. No, I'm not starting a witch-hunt. I'm just making people aware. Some teach people to use God's laws to manipulate times and events without obeying God's word or turning to him for your prosperity. In essence, their principles show you how to become the demigod of your own small universe. Many even use hypnotism and psychological tactics on their followers. You go to a seminar or hear an instructional tape having no idea that you are being hypnotically programed by sorcery tactics. Do you think that a motivational coach who teaches people to use neuro linguistic programing is not in turn using it on his audience? If they teach you to use it on others do you not think they are using it on you? People are learning the basics and the instructor is using the master level on them. This to get people to buy their products and follow their teachings! That is why I tell people not to look at me as their example of success. Look to Jesus. I'm a man with good and bad points. I look to the master and so should you. It just makes more sense to go past the universe and go directly to the creator of the universe for your power. In short, trust in God's word and those who teach it and make sure that they are in fact teaching it. Back to money.

Hopefully you have learned that money is not the only measurement of success. It is not that money is evil. The Bible tells us it is the **love of money** that is the root of evil. If you love money you will fear losing it. Systems like the IRS will be able to control you by causing fear that they will take your money from you. Jesus said not to live with fear.

The priceless things in life are free. Friendship, love, family, and health are not something we can buy. I heard a

preacher say, in his thirty years of being a pastor, he has stood at the death beds of hundreds of people. He has never once heard anyone say; "bring me that gold watch I received for my twenty years at the widget factory; bring me my awards earned and certificates so I can look at them one more time before I die." No, every person wanted nothing more than for family and friends to be with them, to hold their hand, to show them love. The material things the world system teaches us as being important are really of little value. They can be bought and sold again. They are replaceable. **Matthew 6:20 states "but lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal."**

What happens to those who manipulate the laws of God to gain some success but don't follow his moral compass, or give him credit for their blessings? What of those who seek evil means or twisted ways to gain forms of success? The graveyards, prisons, counseling offices, psycho wards, and rehab clinics are filled with these lonely, depressed, and angry individuals. They sang frank Sinatra's famous song "I did it my way." They sought every other path and every other God for the answers in life. In the end they received their reward. You have learned many of the laws and principles that bring real success. We know the more we follow God's ways, the greater service we provide to others and personal happiness that brings. Be it monetarily or spiritually.

How much will it cost you to succeed? Everything! It will take a complete surrender to God and his ways. You must renew your mind, and surrender your destructive spirit from the way it use to think and act. The Bible tells us to be transformed by the renewing of our minds. Use and enjoy money, but free yourself from the love of it.

## Success with Peace of Mind

### 4/ Raise your attitude by raising your attitude. Your

mind and attitude will be the greatest obstacle to your success. You are human and doubts will arise and negative thoughts will enter your mind. It happens to everyone, even the most successful. It is how you handle those thoughts that matters most. How you handle them will affect how long it takes to achieve your success and how you feel when you get there. Achievements that are gained with unhappy or unthankful attitudes bring no true happiness. We are surrounded by people everyday who have wealth and titles behind their names. They have awards and achievements accredited to them. Yet, many of us would not want to live their lives. They are doctors married for the third time and unhappy. CEOs with kids in prison or on drugs. Business owners who are workaholics stressed out and in poor health. There are people everywhere living out godless unfulfilled lives. God has a special success just for you! Look to what it is that makes you happy and is in God's will. There you will find success and peace.

Choose to combat those negative thoughts and negative attitudes that bring you down. It is a choice. You choose your attitude. Learn to drive negative thoughts out by concentrating on your positive goals. Focusing on God's promises and having faith he will come through for you is key. Think how will you feel when you reach those goals? Focus on the prize. Using scripture is one of the best ways I know to combat the attitude and negative thoughts that arise. The devil and his minions want to destroy your success. Through God's word you can destroy his attacks. Worry, fear, and doubt are the devil's weapons against

you. They are used to destroy your faith in God and the truth in his laws.

Do not let worry overtake you. Matthew 6:25 says <sup>25</sup> "therefore I say unto you, take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?"

<sup>26</sup> behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly father feedeth them. Are ye not much better than they?

<sup>27</sup> which of you by taking thought can add one cubit unto his stature?

<sup>28</sup> and why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

<sup>29</sup> and yet I say unto you, that even Solomon in all his glory was not arrayed like one of these.

<sup>30</sup> wherefore, if God so clothed the grass of the field, which today is, and tomorrow is cast into the oven, shall he not much more clothed you, o ye of little faith?

<sup>31</sup> therefore take no thought, saying, what shall we eat? Or, what shall we drink? Or, wherewithal shall we be clothed?

<sup>32</sup>(for after all these things do the gentiles seek:) for your heavenly father knows that ye have need of all these things.

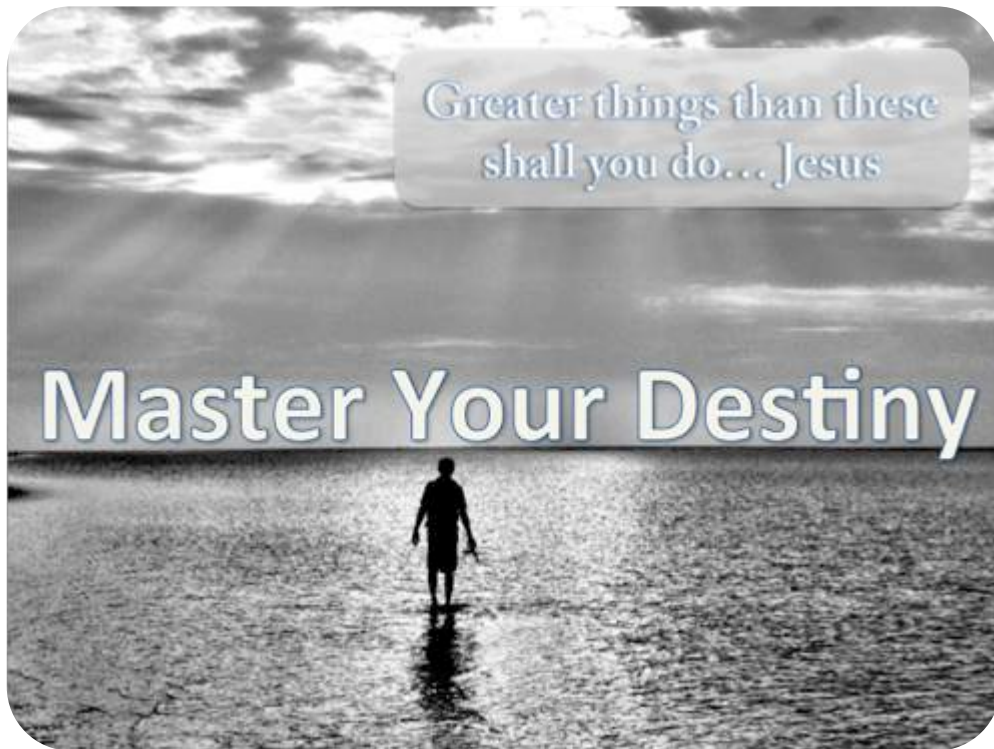
<sup>33</sup> but seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."

All your goals should be geared toward doing God's will, helping others, and your physical and spiritual needs will be met by God. King David said he had never seen the righteous forsaken or begging for bread.

AFFIRMATION

"Because my trust is in the lord i can run and not grow weary."





Greater things than these  
shall you do... Jesus

# Master Your Destiny



**Figure 6 Double  
Click Then Follow**

# MIND EMPOWERMENT 13

We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light. —Plato

## HOW TO CREATE YOUR CHARACTER

### **YOUR CODE OF HONOR**

I hope you have become more conscious of the world going on around you and your own self-awareness. Knowing that there is quite a lot going on in both the physical and spiritual realm around us, we need to remain strong mentally and physically. In my personal life I have found that I often think about doing the right thing and end up doing the wrong. In every aspect from physical fitness to obeying God's commandments we all fall short more often than we might like.

Hundreds of years ago families would create a "family crest" that identified what they stood for and believed. This I believe is something we all should have for our personal lives. A type of code of honor or crest that identifies who we intend to be and how we intend to live. Our lives are important to us right? By this we give ourselves a reputation to live up to. It helps us to steer away from the idea of situational ethics or moral relativism. Envision yourself as a modern day knight in the army of good.

By thinking of yourself as sir or lady you need to live a life that matches your title. It doesn't mean you are going to be perfect it means you are setting yourself up to live as noble as possible. God has appointed you to the position, **it is up to you to act, look, and behave in the manner of your office and title.** I don't mean for you to quit your job and have everyone around you call you sir john or lady Mary. I mean you should conduct yourself with honor and act like a noble person in whatever position God has you working at or living in. So here are some examples of a code of honor that you can live by. I would suggest you create your own code of honor that best represents yourself. Put it on paper or have something nice created you can hang of the wall. Have it engraved on a plaque, or a poster, anywhere you can be publicly and privately be reminded of your personal code of honor. This simple step will be a reminder of who you are, whom you serve, and how you conduct yourself in any situation. When someone asks who you are and what you stand for you will have no problem answering that question. Take some time and create for yourself a knights code of honor to live by.

Valor, valor,

A knight is sworn to valor,  
His heart knows only virtue,  
His words speak only truth,  
His blade defends the helpless,  
His might upholds the weak,  
His wroth undoes the wicked,

Valor, valor,

A knight is sworn to valor!

## HERE IS AN EXAMPLE OF A CODE OF HONOR

I am a Knight of God. Jesus is my King

Jesus committed no crime, yet He took upon himself my sins and shed his own blood to bring me, the guilty, into right relationship with God. Through Jesus sacrifice for me I have forgiveness from the judgment of God to come. I have been bought with a price: I was under a death sentence for the penalty of my crimes against God. Jesus paid my fine and took my place on the cross. I pledge my allegiance to King Jesus who loved me so much He gave His life for me. Through Jesus God has adopted me into His family as a Son and He has made me a King and Priest in His Royal Priesthood: Jesus is My LORD.

As a Knight of the Lord I am subject to the authority of God.

A Knights conduct is honorable and right, and brings glory to his or her King.

A Knight resists all evil and fights for the glory of the advancement of the Kingdom of God.

A Knight fights with righteous hands and the word of God. A Knight is honor bound to keep their word. A Knight can be trusted to perform in deed what they have vowed to do.

A Knight keeps himself pure in thought and deed.

A Knight has unshakable unwavering faith and trust in Jesus his King. A Knights power comes from the Lord. He knows that God is faithful and that God will always keep His word to protect HIM. He knows that God loves HIM and that God will never leave HIM or forsake HIM. He knows that God will provide HIM with the provisions and abilities that he needs to win the battle at hand.

The Holy Spirit of the Lord makes the Knight as bold as a lion, for with the Spirit the Knight knows he cannot fail.

A Knight loves their spouse with the same kind of love and devotion that Jesus has for the Church. A Knight honors the vows and sanctity of the marriage covenant.

A Knight is mindful of their children, as they are a gift from God. A Knight places their children's well being before their own. A Knight performs the duty of a parent and is there for them when they need them, and they faithfully meet all of their needs as God our Father meets ours.

A Knight will not stand idly by when confronted with evil, but valiantly defends themselves and others from the evil ones.

A Knight is generous and gives to those who are in need. A Knight helps those who are weak and cannot defend themselves.

A Knight is humble through the Spirit of the Lord and respects the rights of others. A Knight understands mankind was created with inalienable rights of freedom given by God. A Knight fights to protect the freedoms of all from those who would seek to take those God given freedoms away.

A Knight is conscious of their health and maintains discipline in it. A Knight maintains their body through exercise and training in readiness for battle at any instance.

A Knight is mindful to utilize wisdom, discretion, and understanding according to the wisdom bestowed upon them by the Holy Spirit and the written word of God.

Though it may take a little thought to come up with your own code of honor you have a good example here. You might start by writing down all the things you know that the word of God says you should do and go from there. Putting your code on paper will heighten your awareness of how you conduct yourself everyday. You will be amazed just how impacting this code will be on your life.

## **AFFIRMATION**

**"I have a greater purpose in life,  
I live out that purpose in a noble  
way."**

# MIND EMPOWERMENT 14

Go confidently in the direction of your dreams. Live the life you have imagined. —Henry David Thoreau

## HOW TO DEFINE WHO YOU

## WILL BECOME

Who is the person you want to become? It's time to move from thoughts to taking action. Use these steps to define yourself. This is a keep it simple Mind Empowerment to take all the things you have been learning and define them in four easy steps. Let's go.

### 1/ WRITE DOWN WHO YOU WANT TO BECOME:

Get out a pen and paper and describe to yourself exactly who you want to become. Write it down and make it happen. Write it down and then act. If you want peace in your life take action steps to move from the prison of constraining thoughts. As mentioned before, by writing down your desires you have an 85% greater chance of achieving them. Writing goals down makes an idea an image that later becomes reality. The act of writing creates an energy that locks that idea into your subconscious.

### 2/ KNOW YOU WERE CREATED TO SUCCEED:

Place the knowledge deep into you psyche and let nothing sway you from the fact that you were created to succeed. Nowhere do you read of God wishing you to be dirt poor, sick, ignorant, or struggling to survive. We were created in the image of God. We were created to succeed at life. You have nothing to lose and a whole new life to gain. It is God's intention for you to live

a happy, free and peaceful life. A life full of prosperity earned on the principles given in God's holy word. You were not created in the image of God to be a slave to an evil system controlled by evil men.

### 3/ PUT YOUR TRUST AND LIFE IN GOD'S HANDS

This is another term for having faith. Faith creates a positive force of energy that allows everything in our physical world to line up and all of God's blessing to reach us at a more efficient rate. Follow God's principles and achieve what you never thought possible. You have the creator of all life by your side. You were created to be God's representative on this earth. To govern and be a good stuart of all that is. Under God's authority your dreams and the circumstances surrounding them are to obey your words and thoughts as they are subject to your authority as God's representative. God has made promises to his servants and he says his word will not return to him void. Ask God for what you need, trust he will grant it, then go move mountains knowing your limitless ability.

### 4/ BELIEVE IN YOURSELF AND ACT

If God be for you who can stand against you? God has put his laws in place in the universe and they cannot be broken. In his guidebook to the supernatural he has given you the exact principals for accomplishing your dreams and destiny. Have faith in God and then faith in yourself. Without faith it is impossible to please God. You can pray to God for things to happen but he always requires action on our part even if it is just to have faith. God gives worms to birds but he doesn't throw them down their throat. Right now you have all you need to make a dream happen. Now you must act in faith.

Your dreams are only a few steps away. God created the universe and he is limitless in ability to provide for you. It



is your responsibility to use this life enhancing information and God given ability to achieve and prosper in the areas of your calling. Throughout the MISSION UNSTOPPABLE Mind Empowerments you have been given the keys to a wonderful life and a better understanding on how to avoid the pitfalls and snares that will hold you back. Use what you have learned wisely. God has chosen you to live and teach his good news to others. This is your time, this is your mission. ***Romans 8:29 for whom he foreknew [chosen before you were born], he also foreordained [chose] to be conformed to the image of his son [be like Jesus], that he might be the firstborn among many brothers [picked to lead and teach others]: and whom he foreordained, them he also called [he's calling you to do this]: and whom he called, them he also justified: and whom he justified, them he also glorified. What then shall we say to these things? If God is for us, who can stand against us? [i.e. no one can stand against you forever] he that spared not his own son, but delivered him up for us all, how shall he not also with him freely give us all things? [you cannot fail with God on your side]***

Just as I was privileged, you are privileged to learn this information. I have been nothing more than a tool used to share what I've learned with you. Take the message to everyone you know and help them succeed. Tell everyone you know about the information in the "MISSION UNSTOPPABLE." You will be turning on a light in a sometimes dark world. Remember, those who love the darkness will oppose you and those who seek the light will embrace God's calling.

TO THOSE WHO HATE TRUTH, TRUTH WILL SEEM LIKE HATE.

Romans 8:37 nay, in all things we are more than conquerors through him that loved us. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor things

present, nor things to come, nor powers, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is Christ Jesus our lord.

it's time to take on the world in God's name and succeed. Remember, the opposing side does not want you to know the power you can possess. You are a knight on a mission! You are fully charged with the strongest armor and best weapons in the universe. Your days of cowardice and fear are over. Fear of the unknown, fear of rejection, fear of loss, and fear of failure are over! Jesus has already won the victory! When you read the book of revelation in the Bible you will see that the believers win. You win! Now that you know who you are, what you are entitled to do, and how you can't be stopped, you can begin your mission. Success is already yours! Say that out loud, success is already mine. **Romans 8:17 states "and if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together."**

The following Mind Empowerment was included to strengthen your faith in the Bible and the God you serve. Please take the knowledge you have obtained along with the supporting evidence in Mind Empowerment 18 and take on the world and win.

Affirmation

"Because God first loved me I now love others. My attitude grows happier and healthier everyday."



# MIND EMPOWERMENT 15

You can never cross the ocean until you have the courage to lose sight of the shore. –Christopher Columbus

## A REASON FOR FAITH

Everything in this book resounds on this key factor. That you have faith and believe in God and that he is the source of all things. This Mind Empowerment is dedicated to giving you the power of understanding that you can have surety in the God of the Bible. Without this you are left to leaning on your own understanding and left to have faith in only what you can see. Wherein there is no hope for those who cannot see a better future. Jesus has told the believer the he has plans for us, to prosper us, and to keep us in good health. Our job is simply to believe and be obedient.



Anthony Flew was known as the WORLD'S most influential atheist. After time he came to conclude that the complexity of things pointed to an existence of a God. Regarding whether recent research on DNA had influenced his change of mind, Anthony Flew said: "Yes, I now think it does . . . almost entirely because of the DNA investigations. What I think the DNA material has done is that it has shown, by the almost unbelievable complexity of the arrangements which are needed to produce (life), that intelligence must have been involved in getting these extraordinarily diverse elements to work together" (*There Is a*

*God: How the World's Most Notorious Atheist Changed His Mind*, 2007, p. 75).

He went on to say: "I now believe that the universe was brought into existence by an infinite Intelligence. I believe that this universe's intricate laws manifest what scientists have called the Mind of God. I believe that life and reproduction originate in a divine Source.

"Why do I believe this, given that I expounded and defended atheism for more than a half century? The short answer is this: this is the world picture, as I see it, that has emerged from modern science. Science spotlights three dimensions of nature that point to God. The first is the fact that nature obeys laws. The second is the dimension of life, of intelligently organized and purpose-driven beings, which arose from matter. The third is the very existence of nature" (*There Is a God: How the World's Most Notorious Atheist Changed His Mind*, 2007, pp. 88-89).

Initially, scientist believed that DNA was a somewhat simple genetic code with extraneous material. But now they have found the code to be astoundingly complex, multilayered, and even bidirectional—with no so-called "junk DNA." This should lead us to do a double take as we learn what this code means and what IT'S relevance is to God's existence.



You cannot succeed until you know by who and how you obtain the power to do so. The academic minds of a majority of the world's colleges have been spreading quite an insidious lie to young minds. When you understand what they are up to you will know why. If you take away a persons ultimate power to succeed by taking away the ability to call on the one who created the world he lives, he's doomed to mediocrity under the control of the very men that told him God did not exist. Daniel Collier

*Did we evolve from one creature to another as Darwin suggested OR WERE WE CREATED?*

- An all-knowing God gave creatures within their DNA a pre-coded genetic ability to survive the changes in environment. THE PRE-CODED ABILITY FOR ADAPTIVE CHANGES IS ALSO KNOWN TO BE A SCIENTIFIC FACT. THINGS CAN ADAPT WITHIN A PRE-DESIGNED GENETIC CODE. THEY CANNOT CHANGE AND MOVE OUTSIDE THAT PRE-DESIGNED CODE. A DOG CANNOT BECOME A CAT AND THERE IS NO EVIDENCE FOR SPECIES EVER MORPHING INTO OTHER SPECIES. THE PROCESS OF EVEN REMOTELY CHANGING WOULD BE SO COMPLICATED IT DEFIES EVOLUTIONARY AND SCIENTIFIC PROBABILITY. IT STILL REMAINS FANTASY IN EVERY TEXT BOOK. EVOLUTION IS A RELIGION OF FAITH.
- Every known example of genetic change always moves from an already existing complex state to one that is less complex. I.E. things go from complex to simple and always show signs of de-evolution. When a virus mutates it loses genetic coding. We as humans actually are showing signs of losing superior functions rather than evolving into more

complex states. We started out more complex rather than less.

- Credible academic researcher Sir Fredric Hoyle [one of the WORLD'S leading astronomers] has calculated the odds and states the possibility of life evolving from one creature to another by random chance is; **one chance in a number followed by forty thousand zeros.** Think about that, there are only nine zeros in a billion. The scientific odds of evolution are something never discussed. Evolutionary possibilities defy any length of TIME or random chance. Evolution defies the laws of probability and science. 1 chance in trillions are horrific odds. If you had a new design of a parachute that gave you only one chance in trillions that it would operate correctly would you put it on and jump? Why the do people vehemently fight with spit flying from their mouths to defend evolution? "So your saying there's a chance."
- The vastness of space and our lack of understanding of how intricate it is shows a clear evidence for intelligent design. Repeating the intricacies of planets and stars billions of times over and over shows complex design beyond any rational conception or statistical probability.
- Some scientists say the universe started with a big bang. How did this supposed super planet billions and billions of miles across come about on IT'S own? Seriously, I've listened to some of the most brilliant scientists in the world and their answers are most often a fantasy of events that goes against all the scientific principals they claim to understand.

- The Aliens put us on the earth. This has become a more popular theme in the past few years. Richard Dawkins, one of the most outspoken evolutionist in the world, in an interview with Ben Stein says he is an evolutionist but believes an alien civilization could have evolved and creates humans. (from the movie **Expelled: No Intelligence Allowed** a 2008 documentary film directed by Nathan Frankowski and starring Ben Stein.) What? You cannot be an evolutionist and a creationist at the same time. Whether it be inter-dimensional beings or space travelers we find for the most part they travel in some sort of craft. IF THIS BE SO, WHO CREATED THE ALIENS? THEY COULD NOT ESCAPE THE SAME COMPLEX LAWS OF THE UNIVERSES IN WHICH ALL MATTER EXISTS. Therefore, whatever perceived distant reaches they may travel from, given the probability of evolution, ALIENS could not have evolved from simpler life forms to more complex ones anymore than we could.

- Time is not the answer. Given the probability of evolution by random occurrence, one chance in a number followed by forty thousand zeros, time is no longer a viable factor in explaining evolution. As evolutionist use time to give probability for complex development of life they sequentially leave out the probability for de-evolution to be a major and equal factor. There is no evidence for evolution, only de-evolution. The laws of science require there to be observable evidence.

- How can the formation of planets happen by chance TRILLIONS and TRILLIONS of Times over again? One planet is hard enough to conceive forming on IT'S own and by random

chance. Trillions of stars and planets, IT'S beyond probability! A cell is not a simple thing. A gas is not simple. Rocks and molecules are not that SIMPLE. If they were if would take doctorates to begin to understand what comprises them.

- It is known that the evolutionary ideas are not new and are religious teachings and beliefs of ancient pagan religions noted as far back as early Greece and ancient Sumeria. We read in the book of Enoch [referenced in the Bible] that the fallen angels taught men all sorts of evil from warfare to witchcraft. A lie of evolution or angelic creation may have been the attempts of these fallen ones to cause men to worship "them" as the GOD'S. By the way, some of the top evolutionists secretly believe that fallen angels/aliens are our creators. Anything but God for them!
- Concerning the fossil record. The supposed time scale of evolution is actually saturated with fossils from one geologic time period mixed in with those of another. Evolution should have all the fossils laid down in layered strata according to their development. Nowhere on the planet does this exist. The fossils are all mixed up together giving no credence to the geologic time scale. What we get are drawings and pictures of scientists imagination of how it should look. Their religion does not match the data.
- POPULATION STATISTICS - Starting with eight people, and applying growth rates since the Flood of Noah's day (about 4500 years ago) would give a total human population at just under six billion people. However, application on



an evolutionary TIME scale runs into major difficulties. Starting with one "couple" just 41,000 years ago would give us a total population of  $2 \times 10^{89}$  to the 9<sup>th</sup> power. How big is that number? The universe does not have space to hold so many bodies.

## Historical & Archeological Evidence

### THE ORIGINAL MEANING OF THE BIBLE HAS NOT BEEN LOST

- In order for a book to be included in the New Testament of the Bible it must have first been written by: a Disciple who was an eyewitness of the events, an Apostle who was taught by a Disciple, or by a follower of that apostle.
- The books that were included in the Bible had to strictly conform to the Christian traditions, teachings, and would have already been in wide usage and acceptance among the churches. Counter teaching, false doctrines of the mystery religions, and apocryphal writings, which came about hundreds of years later, were rejected. The accepted books were the ones know to be used by the church founders. You can compile the entire Bible from the early church founders writings and quotes of scripture. This way we can know that the Bible used in modern times was the Bible used in the first churches. However, only in the past 15 years have Bibles labeled "New" this or "New" that have alteration of any serious form began. I recommend if you are not well versed in the Bible not to buy one that is labeled "New" or "Revised." These books have been

hijacked by the Luciferian movement to alter the actual meaning of the scriptures. I DON'T say that lightly they are and have literally changed those books and yes there exist Luciferian organizations. [The Illuminati, Council on Foreign Relations, The Council of 13, The Jesuit's, The Rosicrucian's, Thule Society, Masons, etc.] If you want a good Bible get a **literal translation Bible**. Books like the New Living Translation are literally designed to teach you parts of occult doctrine. So you can trust the old Bible not the new one! The new one contains old world occult messages.

## ARCHEOLOGICAL EVIDENCE

- Sir William Ramsey regarded as one of the GREATEST

archeologist ever to have lived is quoted as saying that "Luke (the author of the book of Acts) should be placed along with the very greatest of historians." Dr.

Nelson Glueck, considered the

greatest Jewish archeologist in history, wrote, "No



Figure 7 Ancient Carvings of Dinosaurs. This Debunks The Evolutionary Theory

archaeological discovery has ever controverted a single, properly understood biblical statement."

#### HISTORICAL EVIDENCE

- The Bible's historic message is reliability. A non-Christian First Century Roman historian named Tacitus wrote of the torture of Christians and their belief in the resurrection of Christ. Jesus was not a myth and the message of the New Testament is not fantasy.
- The Bible has been one of the most scrutinized books in history and has stood the test of TIME. To date it has not been proven incorrect.

#### TRUE BIBLICAL TEXT

- We actually have more copies of ancient manuscripts of the Bible than any other ancient text. More text than on the Caesars, Kings, Pharos, or ancient cultures.
- The words, meaning, and translations of these ancient documents can be compared accurately to our existing manuscripts.
- The experts, having a great number of ancient copies of the Bible to compare our modern version too, conclude that there is no mistake in the Biblical text that alters the historical accuracy or explicit message of the original Hebrew, Greek, or Aramaic language of the Bible.

## THE BIBLE IS NOT JUST ANOTHER RELIGIOUS BOOK

- The Bible proves it is the word of God in part by giving future predictive prophesies.
- A prophecy was made by Jesus as recorded in the book of Matthew 24:1,2 that after his death the Jewish temple, which had taken forty years to build, would be torn down by an opposing force and not one stone would be left unturned.

The ancient historian Josephus in 70 A.D., 38 years after Jesus resurrection, confirms the Biblical account of the temples destruction. The Romans demolished the temple and even turned over foundation stones looking for temple gold.

In the book of Daniel 9:25-27, 483 years before Jesus came to earth, Daniel tells us the exact date Jesus would be rejected by the world.

The Bible records that Jesus rode into Jerusalem and proclaimed to be the Christ on April 6, 32 A.D. From the time the order was given to rebuild Jerusalem on March 14, 445 B.C., adding the 173,880 days prophesied by Daniel as to when the Messiah would arrive, the number of days equals to the exact date; April 6, 32 A.D.

## THE NUMBER CODES SHOW PROOF

- The Bible on many levels is the most unique book on earth.

The following numeric codes found within the Bible are some of the most amazing proof for the God inspired authorship of the Bible I have ever discovered.

The Bible contains a code called gematria. The letters in Greek, Hebrew, and Aramaic also have numeric values associated with them. Just as if we associated the letter a with 1 and b with 2 and c with 3 etc. It is just a fact that it is there. The way it works is you take a word with a given number sequence and then add the numeric value of that word. Let's say the letters have a value of 5,2,4, and 6. That word would have a numeric value of 17. So now we will look at what the Bible words and phrases add up to and how that correlates to science and prophecy.

- Lord Jesus Christ = 3168, Christ Jesus Lord [Hebrew reads right to left] = 729. In Gematria zeros have no value and are dropped in use. Lord Jesus Christ = 3168, if you draw a square touching the four corners of the earth the square will be 31,680 miles [3168]. Lord Christ Jesus = 792, the mean diameter of the earth is 7,920 miles. "BY HIM AND THROUGH HIM WERE ALL THINGS CREATED"
- The word **Christ** has a Gematria value equal to 1,480 [148]. ZEROS HAVE NO VALUE AND ARE DROPPED. The word **Passover** is equal to 148.

The Israelites were instructed to kill the SACRIFICIAL PASSOVER lamb at 3:00 P.M. in the afternoon on the 14<sup>th</sup> day of Nissan.

[THEN WE READ 1,480 YEARS LATER]

1,480 years later [Hebrew calendar], at 3:00 P.M. in the afternoon on the 14<sup>th</sup> day of Nissan it is recorded that Jesus died on the cross.

Gematria values that correlate to  
Jesus and the Passover.

- The number 148: LETS LOOK MORE AT THE SIGNIFICANCE OF  
THIS NUMBER.

Christ = 1480 [TIME IN YEARS FROM PASSOVER TO CHRIST]

Son of God = 148 [A NAME JESUS WAS CALLED]

Blood = 148 [THIS IS WHAT JESUS SHED]

Passover = 148 [JESUS WAS THE PASSOVER LAMB]

His Kingdom = 1480 [JESUS ESTABLISHED HIS KINGDOM ON EARTH]

Jesus is the Passover lamb, the Messiah.

## PROPHECY PROVES THE BIBLE

1/ A man cannot accurately predict the future and the Bible prophecies accurately do.

2/ A noted within the Gematria code, mere men cannot encode secret messages within the prophecies without already knowing the future and knowing scientific information that had yet to be discovered. They couldn't predict the future with accuracy and then secretly encoded the names of the one they were prophesying about. All while knowing information that scientists didn't discover until we had satellites.

3/ Prophetic scripture predicted hundreds of years earlier the names people called the messiah that correlates to both the written prophecies and the encoded ones. Extra biblical historical writings correlate that these names and titles were

used for Jesus. Such as Lamb of God, Immanuel, Son of God, Yeshua etc.

4/ PROBABILITY IS AGAINST A PROPHEPIC GUESS. What are the chances a man could predict the future in a prophecy and encode the numeric value or name of the one predicted in both a secret Gematria code and also an Equal Distant Lettering Code, zero?

5/ The Bible also predicts world events by a secret code called equal distant lettering. This code reveals later historic people, events, and the dates of their occurrence. [911, Hitler, JFK and his Assassin, Kings and Queens, etc.] Biblical prophecy encodes the name of Jesus repeatedly. These encoded names include: All the later names and birth and death dates of the rabbinical leaders of Israel, and most every IMPORTANT world event and person you can think of!

Lets take a quick look at some numeric codes and words that prove the Bible is supernatural. The ability for these words all to have the same equal value and also be imperative to the event sequences are nearly impossible.

- Jesus was called Immanuel. Immanuel has a numeric value of 197

The surface area of a smooth sphere of the earth is 197 million square miles. The Bible tells us that by HIM and through HIM were all things created. Is it just a chance the name Jesus was called is also equivalent to the area of the surface of the earth? Lets look further at some coincidences.

- Jesus was crucified on a hill called Calvary. Calvary has a numeric value of 301

- Upon Jesus crucifixion the sun was eclipsed by the moon from noon until his death at 3:01 in the afternoon.

- Moon has a numeric value of 301
- The word lamb as in "sacrificial Lamb of God" equals 301.

Lamb has a numeric value of 301

Jesus was crucified on Calvary as the Lamb of God and died for the sins of the world and upon his death the sun was eclipsed by the moon and there was a great earthquake and the curtain in the temple was torn in two. Is there a logical chance the number values of the words and the occurrence of events keeps being the same? No, only divine interaction could cause this. There are more fascinating examples to examine.

- King David in early history purchased this same site from a man named Ornan.
- Ornan's name also has a numeric value of 301.
- The site on which the temple was built came to be known as "The Rock."
- The Rock has a number value of 301.
- The Wailing Wall also called the Foundation where the Jewish temple was build also has the same numeric value.
- Foundation has a numeric value of "301."

That was six sequential names dealing with what the Christians consider the most important event in history and they all have the value of 301. Is there a chance this could have occurred by random chance? Not likely.

## BEYOND A REASONABLE DOUBT JESUS ROSE FROM THE DEAD

- The disciples were all witnesses to the miracles and fulfillment of prophecies by Jesus. All The disciples but



one were tortured and put to death for what they were teaching. The one, who lived, called John, was rumored to have been boiled in oil and lived. Not one disciple ever recanted their message that Jesus is the Christ.

- The Jewish leaders had decreed that anyone that was preaching about Jesus would also be put to death. The disciples preached in the Synagogues anyway! Who would face a death sentence if the story were a lie?
- What made the disciples go into all the world and preach? They knew for a fact Jesus had been crucified and killed. When they saw HIM alive and remembered all the miracles he had done they had confirmation he was the Christ the Savior of the World.

Would the Disciples have been tortured to death for a lie, Or for a message that would help people be nicer to each other? NO WAY!

## JESUS FULFILLS OVER 300 OLD TESTAMENT PROPHECIES

- A prophecy is a prediction stated as fact about an upcoming event. Prophecies in the Bible were given in order for us to know without a doubt who the Messiah would be. The Bible gave us over 300 prophecies hundreds of years in advance so we could identify who the Christ is.

**Jesus fulfills all of those prophecies. The chance of one man doing this goes beyond probability.**

## OBJECTIONS ABOUT JESUS AND THE BIBLE

### ANSWERED

A. People claim that the Old Testament prophecies about the Messiah were actually written after the time of Jesus

Answer: If you are not satisfied with the popular date of 450 BC as the date of the Old Testament completion, then realize that the Greek translation of the Old Testament was completed in 250 BC.

Therefore, it appears evident that there were at least 250 years that the Old Testament existed before their fulfillment in Jesus Christ.

B. Critics Claim The Fulfilled Prophecies In Jesus Life Were Deliberate On His Part. Skeptics try to claim that Jesus knew the Old Testament prophecies and then tried to fulfill them so people would think he was the messiah.

Answer: This might seem possible until we realize there were many prophecies outside of His control, such as:

1. Place of birth (Micah 5:2)
2. Time of birth (Daniel 9:25; Genesis 49:10)
3. Manner of birth (Isaiah 7:14)
4. Betrayal

Now lets consider the possibility of any one person fulfilling just 48 of the 300 prophecies by chance. Here the odds jump to 1 in 10 to the 157th power. DO A GOOGLE SEARCH OF PROPHECIES FULFILLED BY JESUS AND SEE A FULL EXAMPLE OF ALL 350.

To sum up this Mind Empowerment in a way to understand just how supernatural the Bible is let's look at it another way.

Considering the statistical probability of these events happening by random chance. Let's say we take coins and stack them three feet thick over the entire state of Texas. Texas is 286,820 square miles. It could take you 13 hours to drive across the state one way. Then we take a man and blindfold him and tell him he has one chance to walk anywhere within the 286,820 mile area of the state. He gets one chance to reach down and pick up a random coin we have marked. The probability he could do that is almost non-existent. The occurrence of prophecy being recorded and fulfilled in through out the Bible goes way beyond that man's chance of finding that one coin. Only an intelligent designer with knowledge of future events could be able to convey that information to man. Only a book inspired by God could have that information in it.

This was but a short list of examples of the evidence for special creation and a reason to have faith in the Bible. A way to be able to know beyond a reasonable doubt that Jesus is the savior and we can have faith in him.

### *TEACHING OTHERS TO Master their destiny*

Jesus gave all believes a mission. Mathew 28:19 **"19 therefore go and make disciples of all nations, baptizing them in the name of the father and of the son and of the holy spirit, 20 and teaching them to obey everything I have commanded you.** And surely I am with you always, to the very end of the age." Everyone wants to succeed in life. The traditional ways of preaching and reaching the public still work, but have been seriously strained by masses of false preachers who turn people away from hearing **God's real message.** "MISSION UNSTOPPABLE" is an excellent way to strengthen believers and reach those who are lost. Those who are not saved have been so brainwashed by the world system that they immediately shut down to many of the traditional ways of public ministry.

**"MISSION UNSTOPPABLE"** is simply another tool to use to reach those who may not have been able to be reached by other means. **"MISSION UNSTOPPABLE"** can be used to cut through the enemies strong holds. If you have ever wanted to share with people the good news of Jesus and have wondered just how you might do that, **"MISSION UNSTOPPABLE"** may be a tool for you to use. You come across people everyday that need hope for a future. They don't know how to escape the place they are in nor do they know the love and saving grace of Jesus. People, who will live less than successful lives, and in the end, die and be lost because they were never told how to master their destiny.

### ULTIMATE SUCCESS

In closing, I want to talk to you about the greatest form of success a person can ever achieve. It is the only one you do not have to work for. In fact, you cannot work to receive it. It comes to you as a gift, the greatest gift ever given to mankind. It is the gift of eternal life, which is a gift more important than any other here on earth. My friends, you are not going to live in this body forever. All the money, houses, cars, and clothes you have will be left behind. Now is the right time to think about where you will spend eternity. You cannot know what tomorrow will hold. Your life is as quick as a blink of the eye in the grand scheme of things. ***If you died tomorrow can you be assured where your decisions have led you? Are you sure about your destiny? Make the wisest of all decisions concerning your destiny. Choose to fully accept Jesus as your savior. Take up the good fight and be all you were destined to be.***

You can be the very person that God uses to bring God's message of hope to a lost generation. Think what a difference you can make in your community with thousands of people following the principals found in this book. All because one

person, you, obeyed God and took his message to the streets, churches, coffee houses, and anywhere people need to know truth.

You can visit [www.danielcollier.coach](http://www.danielcollier.coach) and interact with other like-minded people. You can also go there and sign up for the next upcoming book. If you want to succeed you should surround yourself with others who think positive and are destined for greatness. Thank you for sharing your time with me. It has been a pleasure to share this information with you, may God bless you and keep you. Go now into all the world and teach the good news.



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